



THE UNIVERSITY OF TEXAS AT TYLER

Department of Health and Kinesiology

Bachelor of Arts Degree in Health and Kinesiology

The Bachelor of Arts Degree Program in Health and Kinesiology provides broad exposure to both health and kinesiology and provides flexibility with elective courses to align the curriculum with career goals. The student may use electives for more in-depth study of health and/or kinesiology. Alternatively, the student may choose electives from other academic areas (e.g., natural sciences, behavioral sciences, business), either as a concentrated minor field of study or in interdisciplinary fashion. Depending on electives, this degree prepares for graduate or professional studies (e.g., medicine, physical therapy, exercise science), or for entry positions related to health, exercise and fitness, and other areas.

Curriculum (2008-2010 Catalog; 120 semester hours)

University Core Requirements (44 hours)

ENGL 1301 Grammar & Composition I	Laboratory Science (8 hours)
ENGL 1302 Grammar & Composition II	MATH 1314 College Algebra (or above)
ENGL 2322 English Literature to the 1780's or ENGL 2323 English Lit./1780's to Present (3 hours)	Math at the level of College Algebra or above (3 hours)
Fine and Performing Arts (3 hours)	Humanities (Rec'd) PHIL 1301 Intro. to Philosophy
HIST 1301 United States History I	POLS 2305 Intro American Government
HIST 1302 United States History II	POLS 2306 Intro Texas Politics
	Social/Behavioral Sciences (3 hours)

Departmental Lower-Division Requirements (12 hours)

ALHS 1300/1100 Personal & Community Wellness/Lab	BIOL 2302/2102 Anatomy & Physiology II/Lab
BIOL 2301/2101 Anatomy & Physiology I/Lab	

Health & Kinesiology Core Requirements (33 hours)

ALHS 3301 Environmental Health	HECC 4308 Ethics
ALHS 3302 Human Diseases	KINE 3311/3112 Physiology of Exercise/Lab
ALHS 3352 Consumer Health	KINE 3303 Motor Development
ALHS 3360 Pr. of Community & Public Health	KINE 3331/3132 Human Motor Control & Learning/Lab
ALHS 4306 The Health Care Delivery System	KINE 3334/3135 Biomechanics & Anatomical Kines. Lab

Electives (31 hours) Selected with advisor approval