



THE UNIVERSITY OF TEXAS AT TYLER

Department of Health and Kinesiology

Bachelor of Science Degree in Health Studies

The Bachelor of Science degree program in health studies provides graduates with an understanding of a wide range of health-related topics, including: diseases and their causes, distributions, risk factors and prevention; the system of health care delivery in the U.S.; and health promotion and health education in the broadest sense. The program prepares for careers related to health care and health promotion in various public and private, clinical and non-clinical settings. The program also prepares for graduate or professional studies in areas such as public health, physical therapy, clinical exercise physiology, and medicine. Study of health and ultimately being successful in a health-related position require an understanding of the life sciences, an appreciation of factors that positively and negatively influence health, personal commitment to a healthy lifestyle, a strong desire to educate others about health, and high ethical standards.

Curriculum (2008-2010 Catalog; 120 semester hours)

University Core Requirements (44 hours)

ENGL 1301 Grammar & Composition I	CHEM 1311/111 (Rec'd) Lab Science
ENGL 1302 Grammar & Composition II	CHEM 1312/112 (Rec'd) Lab Science
ENGL 2322 English Literature to the 1780's or ENGL 2323 English Lit./1780's to Present (3 hours)	MATH 1314 College Algebra (or above) Math at the level of College Algebra or above (3 hours)
Fine and Performing Arts (3 hours)	Humanities (Rec'd) PHIL 1301 Intro. to Philosophy
HIST 1301 United States History I	POLS 2305 Intro American Government
HIST 1302 United States History II	POLS 2306 Intro Texas Politics Social/Behavioral Sciences (3 hours)

Departmental Lower-Division Requirements (12 hours)

ALHS 1300/1100 Personal and Community Wellness/Lab	BIOL 2302/2102 Anatomy & Physiology II/Lab
	BIOL 2301/2101 Anatomy & Physiology I/Lab

Required Upper-Division Health Studies Courses (49 hours)

ALHS 3301 Environmental Health	ALHS 4306 The Health Care Delivery System
ALHS 3302 Human Diseases	ALHS 4320 Principles of Epidemiology
ALHS 3315 Nutrition in Health and Performance	ALHS 4324 Drugs and Health
ALHS 3350 Health Biometry	ALHS 4326 Sexual Health
ALHS 3352 Consumer Health	ALHS 4333 Stress Management
ALHS 3360 Principles of Community Health & Public Health	HECC 4308 Ethics
ALHS 3362 Behavioral Health	HECC 4370 Internship
ALHS 4304 Needs, Processes and Outcomes in Health	KINE 3311/3112 Physiology of Exercise/Lab

Electives (15 hours) Selected with advisor approval