

COLLEGE OF NURSING AND HEALTH SCIENCES

Bachelor of Science in Kinesiology (EC-12 Physical Education Teacher Certification)

Kinesiology is the study of movement or exercise. The Bachelor of Science degree program in kinesiology, with teaching specialization, prepares for teaching physical education in schools. The person who completes all State requirements will be certified by the State of Texas to teach physical education at all grade levels from early childhood to Grade 12. Study of kinesiology requires a passion for exercise, an appreciation of the health and recreational benefits of regular exercise, and a strong desire to educate others about the benefits and proper uses of exercise, and especially life-long exercise..

Recommended 4-Year Curriculum

FRESHMAN YEAR

First Semester		Credit Hours	Second Semester		Credit Hours
		*Laboratory Science			4
ENGL	1301	Grammar & Composition I	ALHS	1300	Personal & Community Wellness
					3
BIOL	2301	Anatomy & Physiology I	ALHS	1100	Personal & Comm. Wellness Lab
					1
BIOL	2101	Anatomy & Physiology I Lab	ENGL	1302	Grammar & Composition II
					3
HIST	1301	U.S. History I	HIST	1302	U.S. History II
					3
			MATH		*Math
					3
			SPCM	1315	Fundamentals of Speech
					3
Total Semester Credit Hours		14	Total Semester Credit Hours		16

SOPHOMORE YEAR

First Semester		Credit Hours	Second Semester		Credit Hours
MATH		*Math			3
POLS	2305	American Government			3
ENGL		*World/European Literature			3
KINE	2337	Care & Prevention of Athl. Injuries	POLS	2306	Texas Politics
					3
BIOL	2302	Anatomy & Physiology II	KINE	3303	Motor Development
					3
BIOL	2102	Anatomy & Physiology II Lab			3
					3
Total Semester Credit Hours		16	Total Semester Credit Hours		16

JUNIOR YEAR

First Semester		Credit Hours	Second Semester		Credit Hours
EDUC	3310	School in the Social Setting	HECC	4333	Tests & Measurements
					3
EPSY	3340	Adolescent Development/Learning	KINE	3311	Physiology of Exercise
					3
KINE	3334	Biomech. & Anat. Kines.	KINE	3112	Physiology of Exercise Lab
					1
KINE	3135	Biomech. & Anat. Kines. Lab	ALHS	4324	Drugs & Health
					3
ALHS	3315	Nutrition in Health & Performance	KINE	4308	Adapted Physical Education
					3
ALHS	4333	Stress Management	EDUC	4320	Teaching Skills
					3
Total Semester Credit Hours		16	Total Semester Credit Hours		16

SENIOR YEAR

First Semester		Credit Hours	Second Semester		Credit Hours
HECC	4308	Ethics	HECC	4353	Program Organization & Admin.
					3
KINE	3331	Human Motor Control & Learn.	EDUC	4057	Student Teaching Seminar
					0
KINE	3132	Hum. Motor Control & Learn. Lab	EDUC	4640	Student Teaching
					6
EDFB	4338	Literacy in the Content Area			¹ Elective
					3
PYED	4308	Teaching Methods in Physical Ed.			
ALHS	4317	Theor. & Clin. Aspects of Wt. Mgmt.			
Total Semester Hours		16	Total Semester Hours		12

NOTES:

*See UT Tyler Core Curriculum for approved course(s).

¹Selected with advisor approval.

This is only a recommended outline. Because degree requirements do change, you should consult an advisor as well as the University Catalog, which is the only official document regarding baccalaureate degree requirements.