

COLLEGE OF NURSING AND HEALTH SCIENCES**Bachelor of Science in Kinesiology (Athletic Training Option)**

Kinesiology is the study of movement or exercise. The Bachelor of Science degree program in kinesiology may be used to prepare for the State examination for licensing as an athletic trainer in Texas. A student wanting to pursue the Texas athletic trainer license should consult with an academic advisor early in the program. A UT Tyler student who wishes to become a State-certified athletic trainer must complete other State licensing requirements in addition to the courses listed below. Study of kinesiology requires a passion for exercise, an appreciation of the health and recreational benefits of regular exercise, and a strong desire to educate others about the benefits and proper uses of exercise, and especially life-long exercise.

Recommended 4-Year Curriculum**FRESHMAN YEAR**

First Semester				Second Semester			
			Credit Hours				Credit Hours
ALHS	1300	Personal & Community Wellness	3	BIOL	2302	Anatomy & Physiology II	3
ALHS	1100	Personal & Comm. Wellness Lab	1	BIOL	2102	Anatomy & Physiology II Lab	1
BIOL	2301	Anatomy & Physiology I	3	ENGL	1302	Grammar & Composition II	3
BIOL	2101	Anatomy & Physiology I Lab	1	HIST	1302	U.S. History II	3
ENGL	1301	Grammar & Composition I	3	MATH	_____	*Math	<u>3</u>
HIST	1301	U.S. History I	<u>3</u>				
Total Semester Credit Hours			14	Total Semester Credit Hours			13

SOPHOMORE YEAR

First Semester				Second Semester			
			Credit Hours				Credit Hours
_____	_____	*Laboratory Science	4	_____	_____	*Laboratory Science	4
ENGL	_____	*World/European Literature	3	KINE	2337	Care & Prevention of Athl. Injuries	3
_____	_____	*Fine and Performing Arts	3	POLS	2306	Texas Politics	3
_____	_____	*Humanities	3	_____	_____	*Social/Behavioral Science	3
POLS	2305	American Government	<u>3</u>	MATH	_____	*Math	<u>3</u>
Total Semester Credit Hours			16	Total Semester Credit Hours			16

JUNIOR YEAR

First Semester				Second Semester			
			Credit Hours				Credit Hours
KINE	3303	Motor Development	3	HECC	4333	Tests & Measurements	3
KINE	3311	Physiology of Exercise	3	KINE	3331	Human Motor Control & Learn.	3
KINE	3112	Physiology of Exercise Lab	1	KINE	3132	Hum. Motor Control & Learn. Lab	1
PYED	4156	Topics in Mtr Prf (Clinical Exp I)	1	KINE	3342	Therapeutic Modalities for ATs	3
KINE	3340	Assessment of Athletic Injuries	3	PYED	4156	Topics in Mtr Prf (Clinical Exp II)	1
_____	_____	+Cognate Course	<u>3</u>	_____	_____	+Cognate Course	<u>3</u>
Total Semester Credit Hours			14	Total Semester Credit Hours			14

Summer Semester

			Credit Hours
_____	_____	+Cognate Course	3
_____	_____	+Cognate Course	<u>3</u>
Total Semester Credit Hours			6

SENIOR YEAR

First Semester				Second Semester			
			Credit Hours				Credit Hours
HECC	4308	Ethics	3	HECC	4371	Internship	3
KINE	3334	Biomech. & Anat. Kines.	3	HECC	4370	Internship	3
KINE	3135	Biomech. & Anat. Kines. Lab	1	KINE	4314	Prescriptive Exercise	3
KINE	4305	Principles of Training	3	PYED	4156	Topics in Mtr Prf (Clinical Exp IV)	1
KINE	4321	Sports Nutrition	3	_____	_____	+Cognate Course	<u>3</u>
PYED	4156	Topics in Mtr Prf (Clinical Exp III)	<u>1</u>				
Total Semester Hours			14	Total Semester Hours			13

Total hours must equal at least 120 hours

NOTES:

*See UT Tyler Core Curriculum for approved course(s).

+Consult with your advisor for additional information on degree requirements and schedule planning.

This is only a recommended outline. Because degree requirements do change, you should consult an advisor as well as the University Catalog, which is the only official document regarding baccalaureate degree requirements. The final responsibility for the selection, scheduling, and satisfactory completion of the degree requirements rests with the student.