



University of Texas at Tyler
College of Nursing and Health Sciences
Department of Health and Kinesiology
Fall 2009
KINE 1201 – BootCamp

Instructor: Dr. T. Scott Marzilli
Co-Instructor: Tony Bowles

Office Hours: Monday: 2:00 to 4:00
Tuesday 1:30 to 3:30
Wednesday 2:00 to 4:00

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Methods of Instruction:

This will be a very rewarding and challenging class that will really work on your strength and conditioning. The class will vary from upper and lower body core workouts to conditioning to strength. If you are ready to be pushed (within your limits) you are in the right place.

Evaluation:

The students will be graded based entirely on your attendance to the class. There are 28 days of this class and you will earn 1 pt for each day that you participate. Therefore, a straight grading scale will be used for all grades as follows:

A = 25-28pts
B = 22-24
C = 19-21
D = 16-18
F = 15 and below

UT TYLER STUDENT POLICIES

Americans with Disabilities Act (ADA):

The ADA is a federal anti-discrimination law that provides comprehensive civil rights protection to individuals with disabilities. Among other things, this statute requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities.

If you have a disability, including a learning disability, for which you request disability support services/accommodation(s), please contact Ida MacDonald in the Disability Support Services office so that the appropriate arrangements may be made. In accordance with federal law, a student requesting disability support services/accommodation(s) must provide appropriate documentation of his/her disability to the Disability Support Services counselor. For more information, call or visit the Student Services Center located in the University Center, Room 282. The telephone number is 566-7079 (TDD 565-5579)." Additional information may also be obtained at the following UT Tyler Web address: <http://www.uttyler.edu/disabilityservices>.

Academic Dishonesty:

At The University of Texas at Tyler, students and faculty are responsible for maintaining an environment that encourages academic integrity. Student and faculty members are required to report an observed or suspected case of academic dishonesty immediately to the faculty member in charge of an examination, classroom or laboratory research project, or other academic exercise.

Since the value of an academic degree depends on the absolute integrity of the work done by the student for the degree, it is imperative that the student maintains a high standard of individual honor in scholastic work. Scholastic dishonesty includes but is not limited to cheating, plagiarism, and collusion:

“*Cheating*” includes:

1. Copying from the paper of another student, engaging in written, oral, or any other means of communication with another student, or giving aid to or seeding aid from another student when not permitted by the instructor;
2. Using material during an examination or when completing an assignment that is not authorized by the person giving the examination or making the work assignment;
3. Taking or attempting to take an examination for another student, or allowing another student to take an examination for oneself;
4. Using, obtaining, or attempting to obtain by any means, the whole or any part of, an unadministered examination or work assignment.

“*Plagiarism*” includes the unacknowledged incorporation of the work of another person in work that a student offers for credit.

“*Collusion*” includes the unauthorized collaboration with another person in preparing written work that a student offers for credit.

Grading Appeal Procedure

A student who wishes to contest a grade given by an instructor must initiate the procedure by contacting the instructor who assigned the grade. The instructor and the student should informally review the criteria for assignment of grades and the student’s performance. The instructor may affirm the grade or revise the grade.

If the student is not satisfied after the informal discussion with the instructor, then the student may initiate a formal grade appeal by completing a Grade Appeal Form, which may be obtained from the Office of Student Records. Normal grade appeals should be filed at the earliest date possible, but no later than six months from the final date of grade assignment. The instructor and the student should complete the appropriate parts of the form clearly indicating the instructor’s rationale for the grade given and the student’s basis for the grade appeal.

At each administrative level of the appeal process, an attempt will be made to resolve the issue. If the instructor holds one of the administrative positions used in the appeal process, then that level is omitted. If no resolution is reached at a particular level, then the appeal is forwarded with the recommendation of the administrator at that level with all documentation.

If the appeal is to be considered by the Vice President for Academic Affairs, a copy of the Grade Appeal Form shall be forwarded by the academic dean of the student.

The office of the president is the final step in the appeal process at The University of Texas at Tyler.

Grade Replacement

If you are repeating this course for a grade replacement, you must file an intent to receive grade forgiveness with the registrar by the 12th day of class. Failure to file an intent to use grade forgiveness will result in both the original and repeated grade being used to calculate your overall grape point average. A student will receive grade forgiveness (grade replacement) for only three (undergraduate student) or two (graduate student) course repeats during his/her career at UT Tyler. (2006-08 Catalog, p. 35)

Course Outline

August 27th	Course Overview
September 1 September 3	Core Core
September 8 September 10	Upper body Upper body
September 15 September 17	Lower body Lower body
September 22 September 24	conditioning conditioning
September 29 October 1	core core
October 6 October 8	upper/lower body upper/lower body
October 13 October 15	conditioning conditioning
October 20 October 22	upper/lower body upper/lower body
October 27 October 29	upper body lower body
November 3 November 5	lower body lower body
November 10 November 12	upper body lower body
November 17 November 19	conditioning core
November 24 November 26	core Thanksgiving Holiday
December 1 December 3	upper/lower upper/lower
December 8 December 10	conditioning conditioning