

**Physical Education (PYED)
PYED 4340 Teaching Methods, K-12
Monday/Wednesday 9:00-10:15
HPC 2255
Instructor: Judy Stanley
Home Phone: 903 566-0766
E-Mail: jcstan@suddenlink.net**

Required materials: TEKS P.E. Flip charts by Mentoring Minds

Session 1 (Aug. 26, Aug. 31, Sept. 2)

Class syllabus, criteria, learning outcomes. Criminal History Form. Required materials for course. Value and Purpose of Physical Education. Portfolio details, scope & sequence, NASPE standards & relationship with TEKS. Hellison's behavior plan. Guidelines & Rules for the gym

- **Written work for 8/31- summarize your beliefs between athletics and a quality physical education program. Are they and should the programs be different? Why? Support with personal experience and/or references.**

Session 2 (Sept. 7 & Sept. 9)

Health and Physical Fitness: body systems, components of fitness, food pyramid, activity pyramid. Target Heart Rate. Intrinsic & extrinsic motivation

- **Bring to class a picture & written description of both the food & activity pyramid. How can these "tools" help the learning curve for students? (Sept. 7)**

Session 3 (Sept. 14 & Sept. 16)

Skill Development: locomotor and nonlocomotor

Run, walk, hop, jump, leap, slide

Traveling, chasing/dodging, jumping & landing, balancing, weight transfer & rolling

Quiz #1

Session 4 (Sept. 21 & Sept. 23)

Observation week at Whitehouse Schools

UT Students must observe at an elementary & secondary sight. – return with signed documentation.

Session 5 (Sept. 28 & Sept. 30)

Skill Development – Manipulative Skills

Throwing & Catching

Kicking & Punting

Dribbling with hands/feet

Volleying

Striking with Rackets/Paddles **Striking with Long-Handled implements**

Session 6 (Oct. 5 & Oct. 7)

Quiz #2

Use of Music and dancing in PE

Thematic units

Session 7 (Oct. 12 & Oct. 14)

**Outdoor Adventure Activities for Secondary
Technology(Will)**

Session 8 (Oct. 19 & Oct. 21)

Mini- Units of Instruction

Team, Individual & Dual Sports

Session 9 (Oct. 26 & Oct. 28)

Quiz # 3

Assessments in PE

Lesson plans due (Oct. 26)

Session 10 (Nov. 2 & Nov. 4)
Lab setting Whitehouse ISD

Session 11 (Nov. 9 & Nov. 11)
Lab settings Whitehouse ISD

Session 12 (Nov. 16 & Nov. 18)
Lab settings Whitehouse ISD

Session 13 (Nov. 24)
Classroom at UTT – Teaching evaluations
Activities & Games

Session 14 (Nov. 30 & Dec. 2)
Last week of Lab setting at WhitehouseISD

Session 15 (Dec.7 & Dec. 9)
Quiz. # 4
Portfolio due Dec. 7

The above schedule and material is subject to change at the instructor's discretion. Any needed changes will be made during regular class sessions. Students will be instructed to change the syllabus accordingly.

All assignments must be submitted hard copy to the instructor on the date due and quizzes must be taken on the scheduled date for credit. No late assignments or make up quizzes accepted. E-mail papers accepted only with instructor permission.

Grading Criteria for Course

- **Attendance - requires signing class attendance log** **200 points**
All class meetings – (20) 100
Lab settings validated - 100

 - **Context Quizzes** **100 points**
#1 – 25
#2 – 25
#3 -25
#4 -25

 - **Session Assignments** **100 points**
1 – PE & Athletics Role – 25 points
#2 – Difference health related & physical fitness – 25 points
#3 - Food & Fitness Pyramid description -25
#4 - Lesson plans - 25

 - **Lab teaching evaluation(s)** **100 points**
Elementary - 25
6th grade - 25
Middle school – 25
High School - 25

 - **Teaching evaluation by Stanley** **100 points**

 - **Portfolio** **200 points**
- 800 - 720 points** **A**
719 - 639 points **B**
638 - 558 points **C**
557 - 477 points **D**
< 476 points **F**

DISABILITY STATEMENT REQUESTED ON COURSE SYLLABUS

“If you have a disability, including a learning disability, for which you request disability support services/accommodation(s), please contact Ida MacDonald in the Disability Support services office so that the appropriate arrangements may be made. In accordance with federal law, a student requesting disability support services/accommodations(s) must provide appropriate documentation of his/her disability to the Disability Support Services counselor. In order to assure approved services the first week of class, diagnostic, prognostic, and prescriptive information should be received 30 days prior to the beginning of the semester services are requested. For more information, call or visit the Student Services Center located in the University Center, Room 282. The telephone number is 566-7079 (TDD 565-5579).” Additional information may also be obtained at the following UT Tyler Web address: <http://www.uttyler.edu/disability> services.

Student Learning Outcomes (SLO)

Be the end of this methods course, students should be able to:

- **Identify the attributes of a quality physical education program.**
- **Recognize and demonstrate appropriate activities and motor skills that influence a quality physical education curriculum, K-12.**
- **Apply the national Association for Sport and Physical Education (NASPE) Standards to the Texas Essential Knowledge and Skills (TEKS)**
- **Develop a teaching portfolio that depicts multiple and varied physical education teaching methods, personal experience(s) and with teaching philosophy.**
- **Recommend appropriate assessments for skills/activities at each level: elementary, middle and high school.**
- **Verbalize the difference between health related fitness and physical fitness at all levels, K-12.**
- **Demonstrate the value physical education plays for wellness and good health over the life span of the individual through inclusion in lesson plans and application in physical education activities**