

COLLEGE OF NURSING AND HEALTH SCIENCES

Bachelor of Science in Health Studies

The Bachelor of Science degree program in health studies provides graduates with an understanding of a wide range of health-related topics, including: diseases and their causes, distributions, risk factors and prevention; the system of health care delivery in the U.S.; and health promotion and health education in the broadest sense. The program prepares for careers related to health care and health promotion in various public and private, clinical and non-clinical settings. The program also prepares for graduate or professional studies in areas such as public health, physical therapy, clinical exercise physiology, and medicine. Study of health and ultimately being successful in a health-related position require an understanding of the life sciences, an appreciation of factors that positively and negatively influence health, personal commitment to a healthy lifestyle, a strong desire to educate others about health, and high ethical standards.

Recommended 4-Year Curriculum

FRESHMAN YEAR

First Semester				Credit Hours	Second Semester				Credit Hours
ALHS	1300	Personal & Community Wellness		3	ENGL	1302	Grammar & Composition II		3
ALHS	1100	Personal & Comm. Wellness Lab		1	MATH	_____	*Math		3
ENGL	1301	Grammar & Composition I		3	_____	_____	*Laboratory Science		4
_____	_____	*Laboratory Science		4	HIST	1302	U.S. History II		<u>3</u>
HIST	1301	U.S. History I		<u>3</u>					
Total Semester Credit Hours				14	Total Semester Credit Hours				13

SOPHOMORE YEAR

First Semester				Credit Hours	Second Semester				Credit Hours
MATH	_____	*Math		3	BIOL	2302	Anatomy & Physiology II		3
BIOL	2301	Anatomy & Physiology I		3	BIOL	2102	Anatomy & Physiology II Lab		1
BIOL	2101	Anatomy & Physiology I Lab		1	ENGL	_____	*World/European Literature		3
_____	_____	*Fine and Performing Arts		3	POLS	2306	Texas Politics		3
_____	_____	*Humanities		3	_____	_____	*Social/Behavioral Science		3
POLS	2305	American Government		<u>3</u>	ALHS	4324	Drugs and Health		<u>3</u>
Total Semester Credit Hours				16	Total Semester Credit Hours				16

JUNIOR YEAR

First Semester				Credit Hours	Second Semester				Credit Hours
ALHS	3350	Health Biometry		3	ALHS	3301	Environmental Health		3
ALHS	4304	Needs, Processes & Outcomes		3	HECC	4308	Ethics		3
ALHS	4333	Stress Management		3	ALHS	3302	Human Diseases		3
_____	_____	+Cognate Course (KINE option)		<u>4</u>	ALHS	3315	Nutrition in Health & Performance		3
Total Semester Credit Hours				13	ALHS	3352	Consumer Health		<u>3</u>
					Total Semester Credit Hours				15

Summer Semester

Summer Semester				Credit Hours
_____	_____	+Cognate Course		3
_____	_____	+Cognate Course		<u>3</u>
Total Semester Credit Hours				6

SENIOR YEAR

First Semester				Credit Hours	Second Semester				Credit Hours
ALHS	4320	Principles of Epidemiology		3	ALHS	4306	Health Care Delivery System		3
ALHS	4326	Sexual Health		3	ALHS	3360	Pr. of Commun. & Public Health		3
ALHS	3362	Behavioral Health		3	HECC	4370	Internship		3
_____	_____	+Cognate Course		3	_____	_____	+Cognate Course		<u>3</u>
_____	_____	+Cognate Course		<u>3</u>					
Total Semester Hours				15	Total Semester Hours				12

Total hours must equal at least 120 hours

NOTES:

*See UT Tyler Core Curriculum for approved course(s).

+Consult with your advisor for additional information on degree requirements and schedule planning.

This is only a recommended outline. Because degree requirements do change, you should consult an advisor as well as the University Catalog, which is the only official document regarding baccalaureate degree requirements. The final responsibility for the selection, scheduling, and satisfactory completion of the degree requirements rests with the student.