SPCM 4319: Interpersonal Health Communication

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Office Hours: Tuesday & Thursday 8-9:30am; by appointment

<u>Course Description:</u> This course is designed to give you an overview of contemporary scholarship on phenomena within the scope of interpersonal health communication. Ideally, you will learn how communication among friends, family members, and professionals influences people's well-being, and how, in turn, health and illness shape communication and relationship dynamics.

<u>Purpose and Objectives:</u> This course is the general basis for health communication on an interpersonal basis. This class will be discussing health communication components, patient provider communication, family, relational, and intraprofessional communication. The goal of this course is to create the foundation of a student's understanding of what health communication is and how it applies to their daily life. Students who pass this course will:

- Have a grasp of how interpersonal health communication impacts daily life and current events
- Be able to apply interpersonal health communication theories to those current events
- Understand the communicative component of health in our day to day lives
- Gain a perspective of what health communication issues lie in family, friend, intraprofessional, patient provider, and romantic relationships
- Be able to apply practical solutions to the issues and current events they discover throughout their assignments

Expectations and Course Structure: I will conduct this course in an interactive lecture format. That is, I will present notes and information during each class meeting, and I will count on your contributions. I expect you come to class ready to participate in our creation of our collective knowledge. I invite you to ask questions, answer questions, share insights, and engage in the material during activities. Lectures will not duplicate readings. You should stay atop of the weekly readings and complete them before coming to class, and be prepared for activities that assess your understanding of ideas in each chapter or article.

<u>Course Website:</u> We will be using Canvas for this course. I will upload necessary texts that are not part of your course packet, as well as any other course documents that may be of use to you throughout the semester. I will also use Canvas as a communication tool in order to contact you.

Required Texts:

SPCM 4360 course packet (will be made available through the bookstore)

Course Evaluation:

The final grade will be based on the following criteria:	<u>Maximum</u>
Weekly Quizzes	100
Current Events Papers (3)	60
Research Paper Draft	50
Research Paper Final	100
Class Participation	40

Calculating your grade:

A = 315 - 350 B = 280 - 314 C = 245 - 279 D = 227 - 244 F < 226

Grade Grievance Policy:

If you wish to appeal a grade, please follow this procedure:

- Wait 24 hours before contacting me about a grade unless there was an error in calculation of the grade. I ask that you wait so that you can look back over the assignment or exam and your notes and the textbook, then think about the reasons why you earned the grade. I want you to *act* rather than *react* to the grade.
- Submit the appeal in writing. E-mail me within one week of your receipt of the grade; include your specific appeal and which grade you believe you deserve. E-mail me again only if I do not acknowledge your first appeal.
- Disputes will not be entertained after 7days after the assignment was returned to you. If any grade is to be reevaluated, the new earned grade may be lower than the previous grade. If I reevaluate an assignment, I may find something that I did not find before that should actually lower the grade.
- I will not entertain conversations in the last week of class or after final grades have been posted about being only a few points away from earning a particular letter grade. As you can see, points have already been rounded up. You will receive the grade that you earn throughout the semester, so please start working hard early on.

Course Assessment: (Additional information will be provided in class)

Weekly Quizzes: Your understanding of the topics covered in the readings and discussed in class will be assessed in 12 weekly quizzes. Quizzes will take place from 10:30-10:45am on Thursdays. You will not be granted extra time on the quiz if you show up late for class, regardless of your excuse. Each quiz will assess your memory for the readings assigned and the topics discussed prior to the last quiz, as well as your understanding of the readings assigned for the day of the quiz. I will drop two lowest quiz scores when computing your final grade. You will not be able to make up a missed quiz under any circumstance. If you miss a quiz, you can drop it. The final weekly quiz is mandatory, even if you plan on dropping it. Ten of your highest quiz grades will count towards your grade at 10 points apiece. Questions will typically include a

combination of multiple choice, true/false questions, fill-in-the-blank, and short answer questions. Material will be drawn from lectures, readings, and class activities and discussions.

Class Participation: You will be evaluated on how consistently you contribute to our class meetings. This entails participating in discussions, asking thought-provoking questions, engaging courteously with your colleagues, staying on task during in-class activities, and being attentive audience members during presentations. A very small portion of your participation involves simply coming to class regularly, being on time, and actively paying attention. I will collect short writing assignments to gauge your comprehension of readings and lessons. I will monitor your contributions in class, and we will take attendance periodically. If you have been absent, you are responsible for contacting a classmate to determine what you have missed.

Current Events Papers: You are responsible for completing 3 current events papers throughout the semester. Each paper will be a short essay in which you analyze a contemporary health issue from a communication perspective. Drawing from your knowledge of interpersonal health communication theory and research, you will articulate where communication fits into the issue and identify opportunities for making practical recommendations. Papers should be 1-2 pages, **single-spaced**, completed in 12-pt Times New Roman font, on 8.5 x 11-inch paper with 1-inch margins on all sides.

Research Paper: You will develop one of your current events papers into a longer analysis of interpersonal health communication issues. You will persuasively argue (a) why the topic you have chosen is significant; (b) why it is a communication issue, not just a health issue, (c) how an understanding of interpersonal health communication theory and research informs the topic in important ways, and (d) how your analysis paves the way for specific practical solutions. You will be expected to turn in a rough draft for a grade and to make improvements to the draft based on instructor and peer feedback. Final papers of 10-12 pages double spaced.

Course Policies:

Elasticity Clause: I reserve the right to modify the existing course calendar and assignments. If changes must be made, I and/or my teaching assistants will notify students as soon as possible.

Classroom Civility: People and ideas must be treated with respect. Please avoid disruptive behavior that makes it difficult to accomplish our mutual objectives.

Changes to the schedule: Changes may be made at my discretion and if circumstances require. I will do my best to notify you via email, in class, and with a hard copy of the changes. It is I your responsibility to note these changes when announced. Readings must be completed for the day they are assigned on the course schedule. Lectures are intended to complement the readings.

E-mail: E-mail is my preferred form of contact (note the address above). I cannot guarantee a response to e-mails sent to other addresses, including Canvas. Allow a 48-hour window for a response. If an e-mail is after 4 p.m. on any given day, I cannot guarantee a response before 9 a.m. the following business day. Emails about assignments will not be responded to after 9 p.m. and are not guaranteed after 2 p.m. the night before the assignment is due.

Laptop and Technology Policy: I will ask you to not use your computer in class, unless requested by me. Of course, if you need or strongly prefer a laptop for taking notes, accessing readings in class for any reason, please come speak with me. I am happy to do what is best for you. I'll just ask you to commit to using the laptop only for class-related work. I also do not mind a cell phone on the desk, however please step outside to text or talk in the case of an emergency. Please refer to an article written by Ann Curzan from The Chronicle as to why I am asking you to adhere to this policy: http://chronicle.com/blogs/linguafranca/2014/08/25/why-im-asking-you-not-to-use-laptops/

Attendance: Much of the learning will take place inside the class and labs through discussions, presentations, and interactions. Attendance and participation are counted toward your final grade in class. **All assignments must be turned in on time.** If you know you will be missing class due to religious observance, athletics, or competitions, you must inform me no later than the second week of classes.

If you are absent from class, it is *your* responsibility to determine what was missed and to hand in any work or to do any readings that were announced during your absence. If you need assistance because of university-related absences (e.g., debate, sports, etc.), contact before the missed class.

Assignments: All papers must be typed using Times New Roman in 12-point font, one-inch margins (with no extra spaces between paragraphs), and proper APA style. You must cite ALL bibliographic sources used in your papers (using APA) within text and in a references page. For help with APA style and writing, please do not hesitate to visit the Undergraduate Writing Center on campus or online. NO handwritten copies will be accepted. NO assignments will be accepted via email unless approved by me prior to the day the assignment is due.

Late Assignments & Make-up Work: There is no such thing as late work, nor is there make-up work for unexcused, missed or failed assignments. I do not give make up exams or quizzes except under serious unforeseen and/or extenuating documented circumstances about which I am notified immediately.

Technology Clause: If given permission per class period, you may use your computer or iPad during class to take notes and to participate in media-related exercises.

Research Participation: There will be varying research participation opportunities offered throughout the course of the semester. These will be announced during class time as soon as we find out about them. You can complete two for extra credit points (to be determined) toward your final grade but are strongly encouraged to participate in more. **There will be no penalty for NOT participating in research that is conducted outside the class.**

General Classroom Infractions

- All electronic devices must be silenced or turned off before class begins.
 - o If I can hear it vibrating, it must be turned off. If I hear a device again in the semester, it stays home for good.

- Cell phone use, ear buds, headphones and other electronic devices are not welcome in the classroom.
- Working on unrelated material, copying, or writing on someone else's notes during class is prohibited.
 - o If you need a pen, paper, etc., then raise your hand and wait for the professor to acknowledge you.
 - A lack of preparedness on your part does not give you the right to interrupt a lecture
- Private comments, jokes, nudges, pokes, texts, or written notes between students are a major disruption.
 - o If your attention is not exclusively on the board, your notes, or me, then you will be told to leave.
 - Laptops and tablets are not allowed in the classroom (see laptop policy). Also keep tablets, phones, and smartwatches put away!
- Inattention, sleeping, or the appearance of sleeping (as decided solely by the professor) is prohibited.
- Disruptions such as closing books, zipping bags, or packing up before being dismissed are not welcome.

Consequences: Attendance/Participation grade dropped. Further infractions will result in your permanent dismissal from class. Also, I reserve the right to permanently assign seats to counter disruptive behavior.

Major Course Infractions

- Arguing during class time with your instructor, especially when you've been accused of an infraction.
 - We can discuss your behavior later in my office, but arguing with me during class only worsens your offense.
 - o If you ever find yourself being sent out of class, gather your things and quietly leave. Be aware that, from the moment the infraction started, everything you are saying and doing will be written in a report to the Dean.
- Disrespectful or uncivil conduct of any form, either online or in the classroom.
 - While you have the right to your own opinion, inflammatory language, including discriminatory language based on race, appearance, class, ethnicity, gender, dis/ability, sexual orientation, or national origin, is unacceptable.
- Religious diversity must be represented in a respectful manner.
 - Be aware that at no time will I allow you to proselytize your own religious view or bash another's religious view.
- Academic dishonesty is prohibited in any form.

Consequences: You will be dismissed from class and sent to the Dean for disciplinary action. The Dean may determine that a note be permanently placed on your transcript, barring you from any future college plans.

Plagiarism

Academic Honesty: The core values of The University of Texas at Tyler are integrity, optimism, curiosity, accountability, leadership, initiative, and development. Each member of the university is expected to uphold these values.

All students must adhere to the UT- Tyler Honor Code ("Honor and integrity that will not allow me to lie, cheat, or steal, nor accept the actions of those who do"). Furthermore, students must complete their work with academic integrity outlined at

http://www.uttyler.edu/judicialaffairs/scholasticdishonesty.php. All students are expected to maintain absolute honesty and integrity in academic work undertaken at The University. Lack of knowledge of the academic honesty policy is not a reasonable explanation for a violation. Questions related to course assignments and the academic honesty policy should be directed to the instructor. Cases of suspected academic dishonesty will be pursued to the fullest extent allowed by University policies and procedures. Adding another student's name to an attendance roster when he or she is not in class is academic dishonesty.

Disciplinary proceedings may be initiated against any student who engages in scholastic dishonesty, including, but not limited to, cheating, plagiarism, collusion, the submission for credit of any work or materials that are attributable in whole or in part to another person, taking an examination for another person, any act designed to give unfair advantage to a student or the attempt to commit such acts.

- i. "Cheating" includes, but is not limited to:
 - copying from another student's test paper;
 - using, during a test, materials not authorized by the person giving the test;
 - failure to comply with instructions given by the person administering the test;
 - possession during a test of materials which are not authorized by the person giving the test, such as class notes or specifically designed "crib notes". The presence of textbooks constitutes a violation if they have been specifically prohibited by the person administering the test;
 - using, buying, stealing, transporting, or soliciting in whole or part the contents of an unadministered test, test key, homework solution, or computer program;
 - collaborating with or seeking aid from another student during a test or other assignment without authority;
 - discussing the contents of an examination with another student who will take the examination:
 - divulging the contents of an examination, for the purpose of preserving questions
 for use by another, when the instructors has designated that the examination is not
 to be removed from the examination room or not to be returned or to be kept by
 the student:
 - substituting for another person, or permitting another person to substitute for oneself to take a course, a test, or any course-related assignment;
 - paying or offering money or other valuable thing to, or coercing another person to obtain an unadministered test, test key, homework solution, or computer program or information about an unadministered test, test key, home solution or computer program;

- falsifying research data, laboratory reports, and/or other academic work offered for credit; taking, keeping, misplacing, or damaging the property of The University of Texas at Tyler, or of another, if the student knows or reasonably should know that an unfair academic advantage would be gained by such conduct; and
- misrepresenting facts, including providing false grades or resumes, for the purpose of obtaining an academic or financial benefit or injuring another student academically or financially.
- ii. "Plagiarism" includes, but is not limited to, the appropriation, buying, receiving as a gift, or obtaining by any means another's work and the submission of it as one's own academic work offered for credit.
- iii. "Collusion" includes, but is not limited to, the unauthorized collaboration with another person in preparing academic assignments offered for credit or collaboration with another person to commit a violation of any section of the rules on scholastic dishonesty.
- iv. All written work that is submitted will be subject to review by SafeAssignTM, available on Canvas

The "Common Knowledge" Clause: Material does not have to be cited if it is common knowledge—that is, knowledge that most American high school graduates already know. (E.g. Humans once painted in caves. Berlin is the capital of Germany. Etc.)

The "Textbook" Clause: Material does not have to be cited if both of these points are true:

- 1. If the information contained in a student's work is found in a course textbook or other assigned reading
- 2. And if that information is presented in such a way that the work is not copying or nearly copying the reading material word–for–word.

For example, if a student's textbook lists the Stone Age as beginning in 3,000 BCE, then a student can simply include this date. But, if a student copied full sentences from the textbook, then that would be plagiarism.

The "10% Rule": As a general rule, a college assignment is considered an original work only if the vast majority of text is original. Generally, no more than 10% of a work can be someone else's words, regardless of proper quotes or citation.

Intent: When reviewing a possible case of plagiarism, the student's intent will not be taken into consideration. In other words, an act of plagiarism is plagiarism whether or not the student claims to have intended plagiarism.

Mistakes & Accidents: The possibility that the student mistakenly or accidentally committed plagiarism will not be taken into consideration. I strongly suggest that you discuss your sources with the Writing Center before turning in work.

Appeal to Ignorance: A student's claim to ignorance with concern to policy will never be treated as a valid justification of plagiarism.

Collaboration: Students are not permitted to collaborate on an essay, discussion post, quiz, test, or any written assignment. Having someone proofread your work is ok, but that can only entail matters of style, grammar, and spelling.

Disciplinary Action for Plagiarism: Per departmental policy, the first offense of plagiarism will result in a zero for the assignment. Any additional st of plagiarism will result in an F for the course and possible disciplinary action by the Dean (e.g. expulsion).

University Policies:

UT Tyler Honor Code: Every member of the UT Tyler community joins together to embrace: Honor and integrity that will not allow me to lie, cheat, or steal, nor to accept the actions of those who do.

Student Rights and Responsibilities: To know and understand the policies that affect your rights and responsibilities as a student at UT Tyler, please follow this link: http://www2.uttyler.edu/wellness/rightsresponsibilities.php

Classroom Diversity: It is my desire to create a stimulating work environment that challenges each student in this class to perform at top levels. In order for our learning community to succeed, each member must treat others that way that they would like to be treated. I expect students to respect the opinions and ideas of each individual. As an instructor, I am committed to providing an atmosphere of learning that is representative of a variety of diverse perspectives, including race, religion, gender, nationality, age, sexual orientation and physical abilities. In this class, you will have the opportunity to express and experience culturally diversity as we discuss diversity issues as they pertain to the classroom environment and the course materials.

Tobacco-Free: All forms of tobacco will not be permitted on the UT Tyler campus or in my classroom or office. This applies to all members of the University community, including students, faculty, staff, affiliates, contractors, and visitors. This includes cigarettes, pipes, cigars, water pipes, e-cigarettes, smokeless tobacco, snuff, and all other tobacco products.

Campus Carry: We respect the right and privacy of students 21 and over who are duly licensed to carry concealed weapons in this class. License holders are expected to behave responsibly and keep a handgun secure and concealed. More information is available at http://www.uttyler.edu/about/campus-carry/index.php

State-Mandated Course Drop Policy: Texas law prohibits a student who began college for the first time in Fall 2007 or thereafter from dropping more than six courses during their entire undergraduate career. This includes courses dropped at another 2-year or 4-year Texas public college or university. For purposes of this rule, a dropped course is any course that is dropped after the census date (See Academic Calendar for the specific date). Exceptions to the 6-drop rule may be found in the catalog. Petitions for exemptions must be submitted to the Enrollment Services Center and must be accompanied by documentation of the extenuating circumstance. Please contact the Enrollment Services Center if you have any questions.

Grade Replacement/Forgiveness and Census Date Policies: Students repeating a course for grade forgiveness (grade replacement) must file a Grade Replacement Contract with the Enrollment Services Center (ADM 230) on or before the Census Date of the semester in which the course will be repeated. (For Fall, the Census Date is Sept. 12.) Grade Replacement Contracts are available in the Enrollment Services Center or at http://www.uttyler.edu/registrar. Each semester's Census Date can be found on the Contract itself, on the Academic Calendar, or in the information pamphlets published each semester by the Office of the Registrar.

Failure to file a Grade Replacement Contract will result in both the original and repeated grade being used to calculate your overall grade point average. Undergraduates are eligible to exercise grade replacement for only three course repeats during their career at UT Tyler; graduates are eligible for two grade replacements. Full policy details are printed on each Grade Replacement Contract. The Census Date (Sept. 12th) is the deadline for many forms and enrollment actions of which students need to be aware. These include:

- Submitting Grade Replacement Contracts, Transient Forms, requests to withhold directory information, approvals for taking courses as Audit, Pass/Fail or Credit/No Credit.
- Receiving 100% refunds for partial withdrawals. (There is no refund for these after the Census Date)
- Schedule adjustments (section changes, adding a new class, dropping without a "W" grade)
- Being reinstated or re-enrolled in classes after being dropped for non-payment
- Completing the process for tuition exemptions or waivers through Financial Aid

Student Accommodations: In accordance with Section 504 of the Rehabilitation Act, Americans with Disabilities Act (ADA) and the ADA Amendments Act (ADAAA) the University offers accommodations to students with learning, physical and/or psychiatric disabilities. If you have a disability, including non-visible disabilities such as chronic diseases, learning disabilities, head injury, PTSD or ADHD, or you have a history of modifications or accommodations in a previous educational environment you are encouraged to contact the Student Accessibility and Resources office and schedule an interview with the Accessibility Case Manager/ADA Coordinator. If you are unsure if the above criteria applies to you, but have questions or concerns please contact the SAR office. For more information or to set up an appointment please visit the SAR office located in the University Center, Room 3150 or call 903.566.7079.

Student Absence for University-Sponsored Events and Activities: If you intend to be absent for a university-sponsored event or activity, you (or the event sponsor) must notify the instructor at least two weeks prior to the date of the planned absence. At that time the instructor will set a date and time when make-up assignments will be completed.

Social Security and FERPA Statement: It is the policy of The University of Texas at Tyler to protect the confidential nature of social security numbers. The University has changed its computer programming so that all students have an identification number. The electronic transmission of grades (e.g., via e-mail) risks violation of the Family Educational Rights and Privacy Act; grades will not be transmitted electronically.

Emergency Exits and Evacuation: Everyone is required to exit the building when a fire alarm goes off. Follow your instructor's directions regarding the appropriate exit. If you require assistance during an evacuation, inform your instructor in the first week of class. Do not re-enter the building unless given permission by University Police, Fire department, or Fire Prevention Services.

UT Tyler Resources for Students

- UT Tyler Writing Center (903.565.5995), writingcenter@uttyler.edu
- UT Tyler Tutoring Center (903.565.5964), tutoring@uttyler.edu
- The Mathematics Learning Center, RBN 4021, this is the open access computer lab for math students, with tutors on duty to assist students who are enrolled in early-career courses.
- UT Tyler Counseling Center (903.566.7254)

Tentative Schedule of Topics, Assignments, & Readings

Week	Day	Date	Topic	Reading/Assignment
1	Tues.	Aug. 27	Syllabus/Course Overview	
	Thurs.	Aug. 29	Introduction to Health Communication	Du Pre (2010) Ch. 1 & 2
2	Tues.	Sept. 3	The patient experience	Becker (1997)
	Thurs	Sept. 5	Career Success Conference	No Class
3	Tues	Sept. 10	The patient experience	Donovan-Kicken et al. (2012); Gawande (2002)
	Thurs	Sept. 12	The patient experience	Keim-Malpass et al. (2013)
4	Tues	Sept. 17	Managing health information	Braithwaite (1991)
	Thurs	Sept. 19	Managing health information Current Event Paper #1 Due	Romo (2012)
5	Tues	Sept. 24	Managing health information	Lucchetti (1999)
	Thurs	Sept. 26	Family communication about health	Kirkman et al., (2005)
6	Tues	Oct. 1	Family communication about health	
	Thurs.	Oct. 3	Writing Workshop	
7	Tues. (Tues. Oct. 8	Health, Illness, and relationships	Lyons et al. (1998)
			Current Event Paper #2 Due	2,0110 00 0111 (2000)
	Thurs.	Oct. 10	Health, illness, and relationships	Nemeth (2000)
8	Tues.	Oct. 15	Health, illness, and relationships	Goldsmith et al. (2006)

	Thurs.	Oct. 17	Life course issues	Flint et al. (2005)
9	Tues.	Oct. 22	Life course issues	Wright et al. (2008), Ch. 3
	Thurs.	Oct. 24	Life course issues Current Event Paper #3 Due	
10	Tues.	Oct. 29	Writing Workshop	
	Thurs.	Oct. 31	End of life communication	Nuland (1993)
11	Tues.	Nov. 5	End of life communication	Planalp & Trost (2008)
	Thurs.	Nov. 7	End of life communication	Scott & Caughlin (2012)
12	Tues.	Nov. 12	Patient-provider interaction Research Draft Due	Wright et al. (2008)
	Thurs.	Nov. 14	National Communication Association Conference	No class
13	Tues.	Nov. 19	Patient-provider interaction	Charon (2001)
	Thurs.	Nov. 21	Patient-provider interaction	Selzer (1996)
	Tues	Nov. 26	Thanksgiving Break	No Class
	Thurs	Nov. 28		
14	Tues.	Dec. 3	Work Days & Workshops	
	Thurs.	Dec. 5	Wrap up the semester Research Paper Final Due	