

COLLEGE OF NURSING AND HEALTH SCIENCES

Bachelor of Science in Health Studies (EC-12 Health Teacher Certification)

The Bachelor of Science degree program in health studies provides graduates with an understanding of a wide range of health-related topics (including diseases and their causes, distributions, risk factors and prevention; the system of health care delivery in the U.S.; and health promotion and health education in the broadest sense), and may prepare for Texas State certification to teach health at all levels from Early Childhood to Grade 12, as outlined below. Study of health and ultimately being successful in a health-education position require an understanding of the life sciences, an appreciation of factors that positively and negatively influence health, personal commitment to a healthy lifestyle, a strong desire to educate others about health, and high ethical standards.

Recommended 4-Year Curriculum

FRESHMAN YEAR

First Semester				Credit Hours	Second Semester				Credit Hours
ALHS	1300	Personal & Community Wellness		3	ENGL	1302	Grammar & Composition II		3
ALHS	1100	Personal & Comm. Wellness Lab		1	HIST	1302	U.S. History II		3
		*Laboratory Science		4			*Laboratory Science		4
ENGL	1301	Grammar & Composition I		3	MATH		*Math		3
HIST	1301	U.S. History I		<u>3</u>	SPCM	1315	Fundamentals of Speech		3
Total Semester Credit Hours				14	Total Semester Credit Hours				16

SOPHOMORE YEAR

First Semester				Credit Hours	Second Semester				Credit Hours
MATH		*Math		3	BIOL	2302	Anatomy & Physiology II		3
BIOL	2301	Anatomy & Physiology I		3	BIOL	2102	Anatomy & Physiology II Lab		1
BIOL	2101	Anatomy & Physiology I Lab		1	ENGL		*World/European Literature		3
		*Fine and Performing Arts		3	POLS	2306	Texas Politics		3
POLS	2305	American Government		3	ALHS	3352	Consumer Health		3
		*Social/Behavioral Science		<u>3</u>	ALHS	3362	Behavioral Health		<u>3</u>
Total Semester Credit Hours				16	Total Semester Credit Hours				16

JUNIOR YEAR

First Semester				Credit Hours	Second Semester				Credit Hours
ALHS	3301	Environmental Health		3	ALHS	3360	Pr. of Commun. & Public Health		3
ALHS	3350	Health Biometry		3	ALHS	4333	Stress Management		3
KINE	3311	Physiology of Exercise		3	ALHS	3315	Nutrition in Health & Performance		3
KINE	3112	Physiology of Exercise Lab		1	EDSP	3351	Manag./Instruct. Diverse Learners		3
EDUC	3310	School in the Social Setting		3	EDUC	4320	Teaching Skills for Sec. Teacher		<u>3</u>
EPSY	3340	Adolescent Developmt. & Learning		<u>3</u>	Total Semester Credit Hours				15
Total Semester Credit Hours				16	Total Semester Credit Hours				15

SENIOR YEAR

First Semester				Credit Hours	Second Semester				Credit Hours
ALHS	3302	Human Diseases <i>OR</i>			ALHS	4324	Drugs and Health		3
ALHS	4320	Principles of Epidemiology		3	EDUC	4057	Capstone Seminar		0
ALHS	4326	Sexual Health		3	EDUC	4640	Student Teaching		6
HECC	4308	Ethics		3			¹ Elective		<u>3</u>
EDFB	4338	Literacy in the Content Area		3	Total Semester Hours				12
EDUC	4314	Teaching Science		<u>3</u>	Total Semester Hours				12
Total Semester Hours				15	Total Semester Hours				12

Total hours must equal at least 120 hours

NOTES:

*See UT Tyler Core Curriculum for approved course(s).

¹Selected with advisor approval

This is only a recommended outline. Because degree requirements do change, you should consult an advisor as well as the University Catalog, which is the only official document regarding baccalaureate degree requirements.