



University of Texas at Tyler  
College of Nursing and Health Sciences  
Department of Health and Kinesiology  
Fall 2008  
KINE 3331 – Human Motor Control and Learning

**Instructor:** Dr. T. Scott Marzilli

**Office Hours:** Monday: 8:00 to 10:00  
Tuesday 10:00 to 12:00  
Wednesday 8:00 to 10:00

**Office:** Building HPC, Room 3110

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**Textbook:** Coker, C. A. (2004). *Motor Learning and Control for Practitioners*. New York: McGraw Hill

### **Catalog Description:**

Study of principles and processes involved in learning and teaching motor skills, and the theories of control of movement. Application is made to sport, ergonomics and rehabilitation. *CO-requisite: KINE 3132*

**Student Learning Outcomes:** After the full completion of this course the students will be:

1. Able to identify and discuss the major concepts related to information processing, attention, mental practice and practice constraints.
2. Able to decide proper type and amount of feedback required to promote skilled performance.
3. Able to apply basic motor learning principles to everyday life and activities.
4. Able to list and explain the methods used for developing and implementing a motor learning research project.
5. Able to orally present research related to the field of motor learning.

### **Methods of Instruction:**

Student learning experiences to include but not limited to: a) lectures with related discussion encouraged, b) classroom demonstrations, c) problem solving situations and laboratory experiences, d) observation and analysis of motor learning and performance, e) reading designated textbook and supplementary material upon assignment.

### **Evaluation:**

The student will be evaluated on the basis of performance on three examinations, completion of laboratory experiences, and a class presentation on a motor learning research abstract. A percentage of total points possible determines the course grade. A straight grading scale: 100-90, 89-80, 79-70, etc. will be used for all grades. The +/- system will be used for all grades with the exception of the A grade (i.e., 100-90% = A).

**Course Structure:**

40%	100 pts each	3 Exams (Exam 1, Exam 2, Final Exam) Cumulative Final Exam
7%	50 pts	Research Abstracts
7%	50 pts	Research Abstract Presentations
14%	100 pts	Laboratory Experiences
19%	150 pts	Weekly Quizzes
13%	100 pts	Class Participation
Total Possible Points: Approximately 750 pts		

**Lab Assignments:**

The lab experiences in this course are designed to add a hands-on, problem solving dimension to the process of learning motor learning concepts and their applications in human movement, including sport, dance, work tasks, ergonomics, injury and rehabilitation. Each lab contains instructions for any data to be obtained, any equipment necessary for hands-on “discovery” of principles, and group discussion concepts.

Labs will be conducted during laboratory time or periodically throughout the assigned class periods. You are responsible for meeting on time, actively participating in and contributing to each laboratory experience. Prepare for that participation by studying the text material and doing the assigned readings related to the material.

These laboratory experiences are for the benefit of the student and will be completed both within and outside of class time. Lab write-ups will vary from week to week and will be presented on the day of the lab. Laboratory experiences are always due the following Tuesday!!

**Research Abstract:**

Each student will be responsible for writing an abstract for two research papers. This research paper will be specific to motor learning and skill acquisition (No irrelevant research will be accepted). An example of an abstract will be provided for you to inspect. This research abstracts will also be presented to the class. These are not to be in-depth presentations (about 8-10 minutes) and will be used to get the students accustomed to presenting. **LIMIT THE LENGTH OF EACH ABSTRACT TO ONE PAGE! NO EXCEPTIONS!!**

**Attendance Policy:**

Although I do not formally use attendance as part of your grade, your attendance is expected, but not recorded. Just to remember, quizzes and all exams, including the final, are to be taken at the assigned time. There will be no exceptions!

**Athletic Policy:**

I am aware of the difficulty of being both an athlete and an academic, thus I will be flexible for excused absences. An excused absence is one that I am aware of, thus allowing for proper arrangements to facilitate the make-up of missed material. Therefore, I expect to have all athletic schedules prior to the beginning of the second week meeting so WE can sit down and discuss what classes you will be missing. One final note: you will only be excused if your game or travel conflicts directly with the class meeting.

**Military Policy:**

You will not be penalized for active duty although you will still be responsible for all class coursework. Therefore, it is your decision to stay in the class and be responsible for all coursework, quizzes and tests.

### **Disabled Students Policy:**

Necessary accommodations for disabled students will be made available should the need arise. Please inform me of any such needs.

### **Bonus Incentive:**

- If the average class percentage score is above the 87<sup>th</sup> percentile going into the final, then the final will be a take home test; however, if the average class percentage score is above the 92<sup>nd</sup> percentile going into the final, then there will be no final exam... Therefore it is very important to help each other, as well as ask the professor for assistance on topics that are either unclear or confusing. You are all starting out with 100%...I look forward to helping you keep that grade in this class. Good Luck☺

## UTT POLICIES

### Americans with Disabilities Act (ADA):

**The ADA is a federal anti-discrimination law that provides comprehensive civil rights protection to individuals with disabilities. Among other things, this statute requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities.**

If you have a disability, including a learning disability, for which you request disability support services/accommodation(s), please contact Ida MacDonald in the Disability Support Services office so that the appropriate arrangements may be made. In accordance with federal law, a student requesting disability support services/accommodation(s) must provide appropriate documentation of his/her disability to the Disability Support Services counselor. For more information, call or visit the Student Services Center located in the University Center, Room 282. The telephone number is 566-7079 (TDD 565-5579)." Additional information may also be obtained at the following UT Tyler Web address: <http://www.uttyler.edu/disabilityservices>.

### Academic Dishonesty:

At The University of Texas at Tyler, students and faculty are responsible for maintaining an environment that encourages academic integrity. Student and faculty members are required to report an observed or suspected case of academic dishonesty immediately to the faculty member in charge of an examination, classroom or laboratory research project, or other academic exercise.

Since the value of an academic degree depends on the absolute integrity of the work done by the student for the degree, it is imperative that the student maintains a high standard of individual honor in scholastic work. Scholastic dishonesty includes but is not limited to cheating, plagiarism, and collusion:

*"Cheating"* includes:

1. Copying from the paper of another student, engaging in written, oral, or any other means of communication with another student, or giving aid to or seeding aid from another student when not permitted by the instructor;
2. Using material during an examination or when completing an assignment that is not authorized by the person giving the examination or making the work assignment;
3. Taking or attempting to take an examination for another student, or allowing another student to take an examination for oneself;
4. Using, obtaining, or attempting to obtain by any means, the whole or any part of, an unadministered examination or work assignment.

*"Plagiarism"* includes the unacknowledged incorporation of the work of another person in work that a student offers for credit.

*“Collusion”* includes the unauthorized collaboration with another person in preparing written work that a student offers for credit.

### Grading Appeal Procedure

A student who wishes to contest a grade given by an instructor must initiate the procedure by contacting the instructor who assigned the grade. The instructor and the student should informally review the criteria for assignment of grades and the student’s performance. The instructor may affirm the grade or revise the grade.

If the student is not satisfied after the informal discussion with the instructor, then the student may initiate a formal grade appeal by completing a Grade Appeal Form, which may be obtained from the Office of Student Records. Normal grade appeals should be filed at the earliest date possible, but no later than six months from the final date of grade assignment. The instructor and the student should complete the appropriate parts of the form clearly indicating the instructor’s rationale for the grade given and the student’s basis for the grade appeal.

At each administrative level of the appeal process, an attempt will be made to resolve the issue. If the instructor holds one of the administrative positions used in the appeal process, then that level is omitted. If no resolution is reached at a particular level, then the appeal is forwarded with the recommendation of the administrator at that level with all documentation.

If the appeal is to be considered by the Vice President for Academic Affairs, a copy of the Grade Appeal Form shall be forwarded by the academic dean of the student.

The office of the president is the final step in the appeal process at The University of Texas at Tyler.

### Grade Replacement

If you are repeating this course for a grade replacement, you must file an intent to receive grade forgiveness with the registrar by the 12th day of class. Failure to file an intent to use grade forgiveness will result in both the original and repeated grade being used to calculate your overall grade point average. A student will receive grade forgiveness (grade replacement) for only three (undergraduate student) or two (graduate student) course repeats during his/her career at UT Tyler. (2006-08 Catalog, p. 35)

- Course Outline

August 28th August 29th	Course Overview No Lab
September 2nd September 4th	Chapter 1: Introduction to Motor Learning and Control Chapter 2: Understanding Movement Preparation
September 9th September 11th	Chapter 2: Continued Chapter 3: Behavioral Theories of Motor Control
September 16th September 18th	Chapter 4: Neural Mechanisms: Contributions and Control Chapter 4: Continued
September 23rd September 25th	Chapter 5: Stages of Learning Chapter 5: Continued
September 30th October 2nd	Review for Test 1 Test 1
October 7th October 9th	Chapter 6: The Learner: Pre-Instruction Considerations Chapter 6: Continued
October 14th October 16th	Chapter 7: Skill Presentation Chapter 7: Continued
October 21st October 23rd	Chapter 8: Practice Design Factors Chapter 8: Continued
October 28th October 30th	Chapter 9: Practice Schedules Chapter 9: Continued
November 4th November 6th	Chapter 10: Diagnosing Errors Chapter 10: Continued
November 11th November 13th	Chapter 11: Correcting Errors Chapter 11: Continued
November 18th November 20th	Review for Test II Test 2

November 25th	Thanksgiving Holiday
November 27th	Thanksgiving Holiday
November 28th	Thanksgiving Holiday no Lab

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December 2nd	Abstract Presentations
December 4th	Abstract Presentations

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December 9th	Abstract Presentations
December 11th	Abstract Presentations

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December 16th	Final Exam (8:00 to 10:00)
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