THE UNIVERSITY OF TEXAS AT TYLER

COLLEGE OF NURSING AND HEALTH SCIENCES
DEPARTMENT OF HEALTH AND KINESIOLOGY

ALHS 4326

SEXUAL HEALTH

COURSE SYLLABUS (OL)

SPRING 2015

Instructor
Cheryl M. Cooper, PhD, RN, MSN

*The Bed* - Toulouse-Lautrec
French 1864-1901
ALHS 4326: Sexual Health – Spring 2015

Time: TR 8:00am – 9:20am

Place: HPC 2255

INSTRUCTOR & CONTACT INFORMATION

- Cheryl M. Cooper, PhD, RN
  Associate Professor
  Health Sciences
  Email: ccooper@uttyler.edu
  Phone: (903) 566-7263
  Office hours:
  M/W 2:00-3:00pm
  T/R 11:00am – 1:00pm

- Christina Balduf, BA,
  Graduate Assistant
  Email: cbalduf@patriots.uttyler.edu

COURSE REQUIREMENTS

- REQUIRED TEXT
  - Human Sexuality: Diversity in Contemporary America
  - 7th edition
  - Authors: Strong, B; DeVault, C; Sayad, B; and Yarber, W.
  - Publisher: McGraw-Hill
  - ISBN: 978-0-07-337088-0

- Internet access (to the web and to UT Tyler Blackboard)
- Patriot email account (no other is acceptable for this course)

COURSE OVERVIEW

ALHS 4326 involves the study of biological, psychological, sociocultural, and ethical aspects of human sexual behavior, as they relate to health.

Instructional Methods:

- Lecture
- Class and small group discussions
- Other learning activities (inside and outside of class) including films, audio tapes, and guest speakers
Course Expectations:

- Complete assigned readings and learning activities as specified
- Actively participate in class discussions and activities

Course Objectives:

At the end of this course, students should be able to:

1. Define and/or explain the fundamental terms and concepts related to the study of human sexuality, including the following:
   - Sex, sexuality, gender, gender identity, gender roles, sexual identity, sexual behavior, and sexual orientation
2. Explain the impact of the social and cultural influences on sexual attitudes and behaviors
3. Discuss the concept of normalcy as it relates to sexual behavior
4. Describe the work of early sex researchers. Discuss some contemporary research being conducted and some emerging issues that will direct future research
5. Identify anatomical structures related to sexual function*
6. Describe and compare the sexual response cycle in women and men*
7. Discuss current theories about love and its relationship to sex and sexuality
8. Describe how various surgical procedures, health conditions, medications, alcohol, and other drugs may affect sexual performance
9. Describe the socio-sexual development of men and women and the developmental changes that occur over the life cycle
10. Discuss the range of human sexual behaviors (including the paraphilias) and explain the health implications of various behaviors
11. Describe the most common sexually transmitted infections including etiology, natural history, treatment, and effects on pregnancy and fertility
12. Outline the history of contraception and birth control and describe/discuss current methods of contraception and birth control
   - Abortion
Discuss current knowledge (facts) about abortion in this country and in other countries

Explain the underlying beliefs, attitudes, and values that are associated with abortion in this country and other countries

- Infertility
  - Describe the most common causes for and current methods for treating infertility

13. Define “sexual dysfunction,” and describe some of the more common sexual dysfunctions including causes and treatment

14. Describe approaches to discussing sex and sexuality as a health professional with clients (Ex: taking a sexual history or addressing a risky sexual behavior).

* for independent study

Required Learning Experiences:

1. Assigned readings from the required text:
   - Class discussions and activities are based on the assumption that students have read the assigned chapters/readings before class.

2. Regular attendance and participation in class discussions/activities

3. Two exams, one project, and various in and out of classroom activities. It is possible that there will be at least one or two pop quizzes during the semester.
   - All exams are open books/notes/everything
   - Pop quizzes are likely to be closed book
NOTE WELL: most students who have taken open book exams in this course have found them to be at least as challenging as closed book exams. See Taking an Open Book Exam document on BB under course documents.

Exams and quizzes will consist primarily of objective, matching, true/false, or multiple choice questions covering class readings, lectures, presentations, and guest speakers’ remarks. There will be at least one or two questions requiring a response in the form of a discussion.

Grading Scheme
Your grade for this course will be calculated as follows:

- 25%: Midterm exam
- 40%: Final exam
- 20%: Projects and/or activities
- 15%: Quizzes

90-100% = A
80-89% = B
70-79% = C
60-69% = D
<59% = F

MISCELLANEOUS POLICIES FOR THIS COURSE

1. LATE ASSIGNMENTS
   - All assignments – written and oral – are due on the date assigned. If, due to an excused illness or other emergency, the project cannot be submitted on time, I must be notified at least 2 days in advance, the sooner the better. Have an alternative plan! It is not acceptable to notify me that a project is not ready on the day that it is due. Points will be deducted from the final exam score if an assignment is turned in late (one point for each day late).
   - Late papers should be put in my mailbox in the department office. Any late paper must be initialed and dated by a department member before it is left in my mailbox, otherwise I will assume it was submitted on the date and at the time I picked it up.

2. EXTRA CREDIT
• Extra credit projects are not available. Rather than do additional work on a different project, you are encouraged to focus more time and attention on the required course assignments.

3. WRITTEN WORK – QUALITY
• Work that is not professional – that is, messy, and or laden with grammatical and/or spelling mistakes – will be returned for rewriting. The earned score of the rewritten paper will be reduced by 20%.

4. BACK-UP COPIES
• Students are expected to keep and have available upon request back-up copies of all written assignments.

5. ATTENDANCE AND MISSED CLASSES
• Attendance will be taken daily. Please sign the attendance record on either side of the room near the entrance.

UNIVERSITY POLICIES FROM THE HANDBOOK OF OPERATING PROCEDURES

Class Attendance

Responsibility for class attendance rests with the student. A student shall make every attempt to notify each instructor in advance, or as soon as possible thereafter, when there is a legitimate (unforeseen or unavoidable) reason for being absent.

Student Code of Conduct

...Disciplinary proceedings may be initiated against any student for any of the following acts or omissions:
...Scholastic dishonesty, including, but not limited to, cheating, plagiarism, collusion, the submission for credit of any work or materials that are attributable in whole or in part to another person, taking an examination for another person, any act designed to give unfair advantage to a student or the attempt to commit such acts.

(i) “Cheating” includes, but is not limited to:
• copying from another student’s test paper;
• using during a test, materials not authorized by the person giving the test;
• failure to comply with instructions given by the person administering the test;
• possession during a test of materials which are not authorized by the person giving the test, such as class notes or specifically prohibited by the person administering the test;
• using, buying, stealing, transporting, or soliciting in whole or part the contents of an unadministered test, test, key, homework solution, or computer program;
• collaborating with or seeking aid from another student during a test or other assignment without authority;
• discussing the contents of an examination with another student who will take the examination;
• divulging the contents of an examination, for the purpose of preserving questions for use by another, when the instructor has designated that the examination is not to be removed from the examination room or not to be returned or to be kept by the student;
• substituting for another person, or permitting another person to substitute for oneself to take a course, a test, or any course-related assignment;
• paying or offering money or other valuable thing to, or coercing another person to obtain an unadministered test, test key, homework solution, or computer program, or information about an unadministered test, test key, homework solution or computer program;
• falsifying research data, laboratory reports, and/or other academic work offered for credit;
• taking, keeping, misplacing, or damaging the property of U. T. Tyler, or of another, if the student knows or reasonably should know that an unfair academic advantage would be gained by such conduct; . . .

“Plagiarism” includes, but is not limited to, the appropriation, buying, receiving as a gift, or obtaining by any means another’s work and the submission of it as one’s own academic work offered for credit.

“Collusion” includes, but is not limited to, the unauthorized collaboration with another person in preparing academic assignments offered for credit or collaboration with another person to commit a violation of any section of the rules on scholastic dishonesty.

Food and Drink in Classrooms

Consumption of food and drink in university classrooms is prohibited.

Indoor Smoke-Free Campus

The University of Texas at Tyler is an indoor smoke-free campus. No smoking will be permitted in any building, hallway, classroom, laboratory, restroom, lounge, or other indoor location.

Religious Holy Days

In accordance with Texas Education Code, Section 51.911, a student may be excused from exams or assignments in observance of a religious holy day if at least 5 days before the date of absence the student delivers written notice of the absence to the instructor(s) of the class (es) by either (1) personal hand-delivery, with acknowledgement of receipt by instructor(s) or (2) certified mail, return receipt requested.
"Religious holy day" means a holy day observed by a religion whose places of worship are exempt from property taxation under section.

A student shall be allowed to take an examination or complete an assignment scheduled for that day within a reasonable time after an absence due to observance of a religious holy day provided the student has met the conditions listed above.

**Disability Support Services**

If you have a disability, including a learning disability, for which you request disability support services/accommodation, please contact Ida MacDonald in the Disability Support Services office so that the appropriate arrangements may be made. In accordance with federal law, a student requesting disability support services/accommodation must provide documentation of his/her disability to the Disability Support Services counselor. For more information, call or visit the Student Services Office located in the University Center, Room 282. The telephone number is 566-7079 (TDD 565-5579).