



THE UNIVERSITY OF TEXAS AT TYLER

**Department of Health and Kinesiology**  
***Bachelor of Science Degree in Health Studies***  
***Community and Health Education Track***

**2016-2017 Curriculum; 120 semester hours**

**University Core Requirements (42 Hours)**

Communication (6 hrs) ENGL 1301 and SPCM1315 Recommended	Language, Philosophy, and Culture (3 hrs)
Math (3 hours) MATH1342 Stats I (Recommended)	Social/Behavioral Sciences (3 hrs) PSYC 1301 Recommended
Creative Arts (3 hrs)	Government/Political Science (6 hrs) POLS 2306 Intro Texas Politics
American History (6 hrs) HIST 1301 United States History I HIST 1302 United States History II	POLS 2305 Intro American Government Component Area Option (6 hrs) Human Expression: ENGL1302
<b>Life and Physical Sciences (6 hrs)</b> <b>Science lectures (See Departmental Science Requirements Listed Below)</b>	STEM: Math Recommended

**Departmental Lower-Division Requirements (13 Hours)**

**2 hours of corresponding labs paired with 6 hours of Life Physical Sciences (noted in core) required:** BIOL1306/1106 & BIOL1307/1107 or CHEM1311/1111 & CHEM1312/1112 or PHYS1301/1101 & PHYS1302/1102

ALHS 1300 Personal & Community Wellness	BIOL 2301/2101 Anatomy & Physiology I/Lab BIOL 2302/2102 Anatomy & Physiology II/Lab
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**Required Upper-Division Health Studies Courses (40 Hours)**

ALHS 3301 Environmental Health	ALHS 4320 Principles of Epidemiology
ALHS 3302 Human Diseases	ALHS 4326 Health and Human Sexuality
ALHS 3315 Nutrition in Health and Performance	ALHS 4335 Global Health
ALHS 3360 Principles of Community and Public Health	HECC 4155 Certified Health Education Specialist (CHES) Prep
ALHS 3362 Behavioral Health	HECC 4308 Ethics
ALHS 4304 Program Design and Evaluation	HECC 4333 Tests and Measurement
ALHS 4306 Health Care Delivery System	HECC 4370 Internship <b>or</b> HECC 4390 Senior Seminar

**Community and Health Education Track (25 Hours)**

MCOM 2311 Writing for Mass Media

*Choose one:*

SPCM 3322 Small Group Communication	SPCM 4326 Public Speaking
SPCM 3325 Persuasive Communication	SPCM 4331 Intercultural Communication

*Choose one:*

KINE 3311/3112 Physiology of Exercise/Lab	KINE 3334/3135 Biomechanics and Anatomical Kinesiology/Lab
KINE 3331/3132 Human Motor Control and Learning/Lab	

**Prescribed Electives:** *Choose a minimum of 15 hours.*

**Some options are listed below. In addition, any other ALHS, HECC, KINE, PYED class taken in residence at UT Tyler. (Maximum of 4 hours Fitness and Sports Activities)**

ANTH 3330 Cultural Anthropology	PSYC 2320 Lifespan Development
BIOL 4300/4101 Microbiology/Lab	PYSC 3311 Psychology of Gender
BIOL 4350 Immunology	PSYC 4311 Abnormal Psychology
COSC 3385 Database Design	PSYC 4315 Cognitive Psychology
ECON 4340 Economics of Growth & Development	SOCI 3302 Deviant Behavior
EPSY 3340 Educational Psychology	SOCI 3315 Social Stratification
LATN 1301 Beginning Latin	SOCI 3321 Multicultural Studies
MCOM 3350 Video Production	SOCI 3345 Medical Sociology

Substitutions within the degree plan made with advisor and department chair approval only. The final responsibility for the selection, scheduling, and satisfactory completion of the degree requirements rests with the student.