Sports and Leisure Activities: KINE 1101-007
Health Related Fitness Activities - 1 Credit hour

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Catalog Description:
This is a physical activity course that will include instruction and participation in a variety of sports and leisure activities (e.g., volleyball, disc golf, kickball, etc.).

Course Expectations:
Students are expected to dress in proper exercise clothes and tennis shoes. No jeans, open-toed shoes, or boots are allowed. This is an exercise course where participation is very important, therefore it is expected that the student comes to every class ready to participate.

Blackboard:
Please check blackboard daily as I will post the syllabus, course information, and class announcements.

Email:
Please check your patriots e-mail account, as this is where I will send all e-mail and announcements. I will not send any e-mails to private accounts such as Yahoo, Gmail, Hotmail, etc.

Cell phones:
Cell phones are not allowed during classroom time. If I see it or hear it, there will be an automatic deduction of 2 points. If you need to have it on you in case of an emergency, please see me before class.

Course Goal:
The goal of this course is to introduce the student to a variety of sports and leisure activities. By the end of the course the student should have an increase of knowledge regarding historical background of the activity and rules, as well as an increase in physical skills in the following activities: disc golf, volleyball, kickball, basketball, wiffle ball, corn hole, washers, and ping pong.

Specific Learning Outcomes:
Each student who successfully completes this course will:
   1. Understand the history, rules, and be able to participate in leisure activities (Unit 1);
2. Understand the history, rules, and be able to participate in basketball (Unit 2);
3. Understand the history, rules, and be able to participate in sand volleyball (Unit 3);
4. Understand the history, rules, and be able to participate in kickball (Unit 4);
5. Understand the history, rules, and be able to participate in disc golf (Unit 5);
6. Understand the history, rules, and be able to participate in wiffle ball (Unit 6).

**Tentative Schedule:**

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<tr>
<th>Week #</th>
<th>Topic</th>
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| 1      | Aug 25 – Syllabus/Leisure Activities (Unit 1)  
        | Aug 27 – Leisure Activities (Unit 1) |
| 2      | Sep 1 – Leisure Activities (Unit 1)  
        | Sep 3 – Leisure Activities (Unit 1)/Unit 1 Quiz |
| 3      | Sep 8 – Basketball (Unit 2)  
        | Sep 10 – Basketball (Unit 2) |
| 4      | Sep 15 – Basketball (Unit 2)  
        | Sep 17 – Basketball (Unit 2)/Unit 2 Quiz |
| 5      | Sep 22 – Sand Volleyball (Unit 3)  
        | Sep 24 – Sand Volleyball (Unit 3) |
| 6      | Sep 29 – Sand Volleyball (Unit 3)  
        | Oct 1 – Sand Volleyball (Unit 3)/Unit 3 Quiz |
| 7      | Oct 6 – Kickball (Unit 4)  
        | Oct 8 – Kickball (Unit 4) |
| 8      | Oct 13 – Kickball (Unit 4)  
        | Oct 15 – Kickball (Unit 4)/Unit 4 Quiz |
| 9      | Oct 20 – Disc Golf (Unit 5)  
        | Oct 22 – Disc Golf (Unit 5) |
| 10     | Oct 27 – Disc Golf (Unit 5)  
        | Oct 29 – Disc Golf (Unit 5)/Unit 5 Quiz |
| 11     | Nov 3 – Wiffle Ball (Unit 6)  
        | Nov 5 – Wiffle Ball (Unit 6) |
| 12     | Nov 10 – Wiffle Ball (Unit 6)  
        | Nov 12 – Wiffle Ball (Unit 6)/Unit 6 Quiz |
| 13     | Nov 17 – Class Vote  
        | Nov 19 – Class Vote |
| 14     | Nov 24 & 26 – THANKSGIVING HOLIDAY (no class) |
| 15     | Dec 1 – Class Vote  
        | Dec 3 – Class Vote |

**Grading:**

Students will be graded on attendance, participation, and appropriate dress attire. Each class will be worth 4 points, there are 28 classes, which equals to 112 points. If you show up more than 10 minutes late you will lose 2 points, and if you show up more than 20 minutes late you will not receive any points for that day. If you do not dress in the appropriate clothing, refuse to participate, or fail to come to class, you will not receive any points for that day.
Excused Absences: If you are not able to come to class, I would like a doctor’s excuse or written note from a supervisor explaining why you were not able to attend. Doing so will result in an excused absence and no loss of points. If you do not supply a note, your absence will still result in a loss of points.

In addition to attendance and dress attire, you will also be responsible for paying attention during each session. There will be a quiz at the end of each unit. The purpose for this quiz is to assess whether you have gained knowledge on the history and rules of the activity. At the end of each unit there will be a quiz worth 20 points, with a total of 6 quizzes, which equals to 120 points.

The following grading scale will be strictly applied:

A=232-208 points
B=207-185 points
C=184-162 points
D=161-139 points
F=138 points and below

Attendance: 112 points
Unit 1 Quiz: 20 points
Unit 2 Quiz: 20 points
Unit 3 Quiz: 20 points
Unit 4 Quiz: 20 points
Unit 5 Quiz: 20 points
Unit 6 Quiz: 20 points

The last day to withdraw from courses is October 26, 2015.

UTT POLICIES

http://www.uttyler.edu/academicaffairs/syllabuspolicies.pdf

Scholastic Dishonesty and Cheating Policy:
If cheating or plagiarism occurs it does mean you will receive a grade of 0 and you may fail. Scholastic dishonesty includes the submission, as one’s own work of material that is not one’s own. As a general rule, scholastic dishonesty involves one of the following acts: cheating, plagiarism, collusion and/or falsifying academic records. Both faculty members and students are required to report an observed or suspected case of academic dishonesty immediately to a faculty member.

As this relates to activity classes, examples of Scholastic Dishonesty and Cheating Policy violations include, but are not limited to:
• Printing/signing another student’s name on a class attendance sheet
• Having another student participate in a class for you and printing/signing your name
• Signing in at the beginning of class and leaving instead of participating
Forging documents to substantiate special circumstances as noted above

**Students Rights and Responsibilities**
To know and understand the policies that affect your rights and responsibilities as a student at UT Tyler, please follow this link: [http://www.uttyler.edu/wellness/rightsresponsibilities.php](http://www.uttyler.edu/wellness/rightsresponsibilities.php)

**Grade Replacement/Forgiveness and Census Date Policies**
Students repeating a course for grade forgiveness (grade replacement) must file a Grade Replacement Contract with the Enrollment Services Center (ADM 230) on or before the Census Date of the semester in which the course will be repeated. Grade Replacement Contracts are available in the Enrollment Services Center or at [http://www.uttyler.edu/registrar](http://www.uttyler.edu/registrar). Each semester’s Census Date can be found on the Contract itself, on the Academic Calendar, or in the information pamphlets published each semester by the Office of the Registrar. Failure to file a Grade Replacement Contract will result in both the original and repeated grade being used to calculate your overall grade point average. Undergraduates are eligible to exercise grade replacement for only three course repeats during their career at UT Tyler; graduates are eligible for two grade replacements. Full policy details are printed on each Grade Replacement Contract.

The Census Date is the deadline for many forms and enrollment actions that students need to be aware of. These include:
- Submitting Grade Replacement Contracts, Transient Forms, requests to withhold directory information, approvals for taking courses as Audit, Pass/Fail or Credit/No Credit.
- Receiving 100% refunds for partial withdrawals. (There is no refund for these after the Census Date)
- Schedule adjustments (section changes, adding a new class, dropping without a “W” grade)
- Being reinstated or re-enrolled in classes after being dropped for non-payment
- Completing the process for tuition exemptions or waivers through Financial Aid

**State-Mandated Course Drop Policy**
Texas law prohibits a student who began college for the first time in Fall 2007 or thereafter from dropping more than six courses during their entire undergraduate career. This includes courses dropped at another 2-year or 4-year Texas public college or university. For purposes of this rule, a dropped course is any course that is dropped after the census date (See Academic Calendar for the specific date). Exceptions to the 6-drop rule may be found in the catalog. Petitions for exemptions must be submitted to the Enrollment Services Center and must be accompanied by documentation of the extenuating circumstance. Please contact the Enrollment Services Center if you have any questions.

**Disability Services**
In accordance with Section 504 of the Rehabilitation Act, Americans with Disabilities Act (ADA) and the ADA Amendments Act (ADAAA) the University offers accommodations to students with learning, physical and/or psychiatric disabilities. If you have a disability, including
non-visible disabilities such as chronic diseases, learning disabilities, head injury, PTSD or ADHD, or you have a history of modifications or accommodations in a previous educational environment you are encouraged to contact the Student Accessibility and Resources office and schedule an interview with the Accessibility Case Manager/ADA Coordinator, Cynthia Lowery Staples. If you are unsure if the above criteria applies to you, but have questions or concerns please contact the SAR office. For more information or to set up an appointment please visit the SAR office located in the University Center, Room 3150 or call 903.566.7079. You may also send an email to cstaples@uttyler.edu

**Student Absence due to Religious Observance**

Students who anticipate being absent from class due to a religious observance are requested to inform the instructor of such absences by the second class meeting of the semester.

**Student Absence for University-Sponsored Events and Activities**

If you intend to be absent for a university-sponsored event or activity, you (or the event sponsor) must notify the instructor at least two weeks prior to the date of the planned absence. At that time the instructor will set a date and time when make-up assignments will be completed.

**Social Security and FERPA Statement:**

It is the policy of The University of Texas at Tyler to protect the confidential nature of social security numbers. The University has changed its computer programming so that all students have an identification number. The electronic transmission of grades (e.g., via e-mail) risks violation of the Family Educational Rights and Privacy Act; grades will not be transmitted electronically.

**Emergency Exits and Evacuation:**

Everyone is required to exit the building when a fire alarm goes off. Follow your instructor’s directions regarding the appropriate exit. If you require assistance during an evacuation, inform your instructor in the first week of class. Do not re-enter the building unless given permission by University Police, Fire department, or Fire Prevention Services.