The University of Texas at Tyler Master of Occupational Therapy Program OCTH 5320 – Contextual Movement for Occupational Therapists Fall 2023

Instructor: Heidi Cage, MOT, OTR Email: hcage@uttyler.edu

Office: n/a Office Hours: TBA by e-mail request*

Phone: n/a

Course Description: Emphasis on the origin, nature and course of musculoskeletal and neurological disorders using biomechanical intervention and treatment planning to support occupational participation and engagement. Focus on basic biomechanical assessments and interventions.

Credits: 3

Course Objectives:

- 1. Analyze human movement and its impact on occupational performance.
- 2. Correlate muscle actions to occupations and activity
- 3. Demonstrate proficiency in assessment and documentation of muscle strength, joint range of motion, and movement patterns, to meet standards for reimbursement and communicate to patients, caregivers, and other professionals the need for occupational therapy services, according to accepted terminology.
- 4. Demonstrate knowledge of safety and sound clinical judgement to provide recommendations and training in functional mobility, including physical transfers, wheelchair management, and mobility devices.
- 5. Describe and correlate prehension and grasping patterns to occupational performance.
- Apply foundational knowledge, previous professional experiences and new academic learning to fieldwork and community engagements to meet the needs of clients in various contexts and cultures reflecting ethical practice.

Connection to the MOT Curriculum

Essential Knowledge and Professional Skills

This course offers essential foundational knowledge and professional skill that is built upon in courses taught later in the curriculum as it applies specifically to practice areas such as pediatrics, physical rehabilitation, work programs, geriatrics, and psychosocial settings. This course provides foundational knowledge in movement in context and its impact on occupational performance and participation. Course content provides foundational knowledge in human systems, structures, functions and conditions as they relate to client factors and performance skills.

^{*}prefer e-mail appointment request for on campus or phone appointments.

Grading

Exam 1- Hand Labeling	10%
Exam 2 – Comprehensive Written	15%
Assignments & Quizzes	15%
Vital sign competency	5%
MMT/ ROM competency	30%
Grasp & Grip competency	10%
Transfer/Wheelchair Competency	5%
Participation & Professional Behavior	10%

Specific Content Areas

Terms & Language of anatomy and physiology of movement Functional application & knowledge of movement Anatomical landmarks, muscles, nerves Arthrokinematics of joints, muscles, bones Strength testing (MMT) Range of motion testing (ROM) & goniometry Mechanics and performance of transfers and body mechanics

Grading Policies

<u>Written assignments</u> are graded on content, style, clarity, conciseness, and comprehensiveness. Written assignments are expected to reflect the guidelines in the Publication Manual of the American Psychology Association (APA) 7th edition. Some of the required assignments in this course may be checked for plagiarism using Turnitin or other plagiarism software.

<u>Class preparation</u>: All students are expected to complete assigned readings and review online materials before taking quizzes and/or attending software.

<u>Late assignments</u>: Assignments are due on the date indicated in the syllabus. No late work will be accepted prior arrangement with the instructor and may still be subject to penalty.

Laboratory Passing Policy: For courses where your instructor has an embedded laboratory component with a competency or 'check off," students will receive three attempts to ensure entry level skills are demonstrated. It is imperative students pass both laboratory and didactic sections of each course to pass the overall course. If the first attempt at a laboratory exam is not successful, the second attempt will be offered with the highest passing score of 75%. If the second attempt is not successful, a third attempt will need to be passed to continue in the course. Should the third attempt not be successful, the student will receive a 0 and need to discuss options with the Course Instructor. The student will meet with the Program Director who will request the student to return to the course next time offered to ensure successful skills in the required practice area. For this reason, it is imperative students study appropriately and pass

the laboratory competencies and meet the course objectives for safety, skill, efficiency, and entry level performance.

Grading Scale

A = 90-100% total points

B = 80-89% total points

C = 70-79% total points

D = 60-69% total points

F = less than 60% total points

Schedule of Competencies and Exams:

Vital sign competency - August 26, 2023

Transfer competency - September 9, 2023

Shoulder ROM/MMT competency - September 23, 2023

Elbow/Forearm ROM/MMT competency - October 7, 2023

Wrist/Hand ROM/MMT competency - October 21, 2023

Exam 1 Hand labeling - October 21, 2023

Grasp/grip competency- November 18, 2023

Exam 2 Comprehensive Written - **November 18, 2023**

Date of Final Exam: n/a

Date to withdraw without penalty: October 30, 2023

Attendance Policy: Since on campus meetings are limited to scheduled weekends, no opportunity exists for makeup work. Laboratory activities cannot be made up, and no points can be given for missed classes. In event of excused absence, there will be no penalty for the absence, but the student is solely responsible for obtaining information missed.

Textbooks:

Atchison, B. J. & Dirette, D. K. (2016). *Conditions in Occupational Therapy: Effect on Occupational Performance.* (5th ed.) Bethesda, MD. AOTA Press. ISBN: 978-1496332219

Short, N., Vilensky, J, & Suarez-Quian, C. A. (2021). *Functional Anatomy for Occupational Therapy*. Boulder, CO: Books of Discovery. ISBN: 978-0-9987850-1-1

Pendleton, H. M., & Schultz-Krohn, W. (Eds.). (2017). *Pedretti's Occupational Therapy: Practice skills for physical dysfunction.* (8th ed.). St. Louis, MO: Mosby Elsevier. ISBN: 978-032339278

UNIVERSITY POLICIES

UT Tyler Honor Code

Every member of the UT Tyler community joins together to embrace: Honor and integrity that will not allow me to lie, cheat, or steal, nor to accept the actions of those who do.

Students Rights and Responsibilities

To know and understand the policies that affect your rights and responsibilities as a student at UT Tyler, please follow this link: http://www.uttyler.edu/wellness/rightsresponsibilities.php

Campus Carry

We respect the right and privacy of students 21 and over who are duly licensed to carry concealed weapons in this class. License holders are expected to behave responsibly and keep a handgun secure and concealed. More information is available at http://www.uttyler.edu/about/campus-carry/index.php

UT Tyler a Tobacco-Free University

All forms of tobacco will not be permitted on the UT Tyler main campus, branch campuses, and any property owned by UT Tyler. This applies to all members of the University community, including students, faculty, staff, University affiliates, contractors, and visitors. Forms of tobacco not permitted include cigarettes, cigars, pipes, water pipes (hookah), bidis, kreteks, electronic cigarettes, smokeless tobacco, snuff, chewing tobacco, and all other tobacco products. There are several cessation programs available to students looking to quit smoking, including counseling, quit lines, and group support. For more information on cessation programs please visit www.uttyler.edu/tobacco-free.

Grade Replacement/Forgiveness and Census Date Policies

Students repeating a course for grade forgiveness (grade replacement) must file a Grade Replacement Contract with the Enrollment Services Center (ADM 230) on or before the Census Date of the semester in which the course will be repeated. (For Fall, the Census Date is Sept. 12.) Grade Replacement Contracts are available in the Enrollment Services Center or at http://www.uttyler.edu/registrar. Each semester's Census Date can be found on the Contract itself, on the Academic Calendar, or in the information pamphlets published each semester by the Office of the Registrar. Failure to file a Grade Replacement Contract will result in both the original and repeated grade being used to calculate your overall grade point average. Undergraduates are eligible to exercise grade replacement for only three course repeats during their career at UT Tyler; graduates are eligible for two grade replacements. Full policy details are printed on each Grade Replacement Contract. The Census Date (Sept. 12th) is the deadline for many forms and enrollment actions of which students need to be aware.

These include:

- Submitting Grade Replacement Contracts, Transient Forms, requests to withhold directory information, approvals for taking courses as Audit, Pass/Fail or Credit/No Credit.
- Receiving 100% refunds for partial withdrawals. (There is no refund for these after the Census Date)

- Schedule adjustments (section changes, adding a new class, dropping without a "W" grade)
- Being reinstated or re-enrolled in classes after being dropped for non-payment
- Completing the process for tuition exemptions or waivers through Financial Aid.

State-Mandated Course Drop Policy

- 1. "Cheating" includes, but is not limited to:
 - Copying form another student's test paper,
 - using, during a test, materials not authorized by the person giving the test;
 - failure to comply with instructions given by the person administering the test;
 - possession during a test of materials which are not authorized by the person giving the test, such as class notes or specifically designed "crib notes". The presence of textbooks constitutes a violation if they have been specifically prohibited by the person administering the test;
 - using, buying, stealing, transporting, or soliciting in whole or part the contents of an unadministered test, test key, homework solution, or computer program;
 - collaborating with or seeking aid from another student during a test or other assignment without authority;
 - discussing the contents of an examination with another student who will take the examination;
 - divulging the contents of an examination, for the purpose of preserving questions for use by another, when the instructors has designated that the examination is not to be removed from the examination room or not to be returned or to be kept by the student;
 - substituting for another person, or permitting another person to substitute for oneself to take a course, a test, or any course-related assignment;
 - paying or offering money or other valuable thing to, or coercing another person to obtain an unadministered test, test key, homework solution, or computer program or information about an unadministered test, test key, home solution or computer program;
 - falsifying research data, laboratory reports, and/or other academic work offered for credit;
 - taking, keeping, misplacing, or damaging the property of The University of Texas at Tyler, or of another, if the student knows or reasonably should know that an unfair academic advantage would be gained by such conduct; and
 - misrepresenting facts, including providing false grades or resumes, for the purpose of obtaining an academic or financial benefit or injuring another student academically or financially.
- 2. "Plagiarism" includes, but is not limited to, the appropriation, buying, receiving as a gift, or obtaining by any means another's work and the submission of it as one's own academic work offered for credit.

- 3. "Collusion" includes, but is not limited to, the unauthorized collaboration with another person in preparing academic assignments offered for credit or collaboration with another person to commit a violation of any section of the rules on scholastic dishonesty.
- 4. All written work that is submitted will be subject to review by plagiarism software.

UT Tyler Resources for Students

- UT Tyler Writing Center (903-565-5995), writingcenter@uttyler.edu
- UT Tyler Tutoring Center (903-656-5964), tutoring@uttyler.edu
- The Mathematics Learning Center, RBN 4021, this is the open access computer lab for math students, with tutors on duty to assist students who are enrolled in early-career courses.
- UT Tyler Counseling Center (903-566-7254)

COVID statement:

It is important to take the necessary precautions to ensure a healthy and successful year. UT Tyler continues to urge you to protect yourselves against the flu, COVID and any new threats that may be developing. Be diligent about preventive measures such as washing hands, covering sneezes/coughs, social distancing and vaccinations, which have proven to be successful in slowing the spread of viruses. Encourage those who don't feel well to stay home, and if they show symptoms, ask them to get tested for the flu or COVID. Self-isolation is important to reduce exposure (CDC quarantine/isolation guidelines). Please work with your faculty members to maintain coursework and please consult existing campus resources for support.

ACOTE Standards

Assessment Measures

- 1. Assignment
- 2. Lab Test
- 3. Objective Test
- 4. Essay Test
- 5. Project
- 6. Presentation
- 7. Demonstration
- 8. Alternative Assessment

ACOTE		Syllabus	Assessment
2018		Objective	Measure
Standard		Number	Number
B.1.1.	Demonstrate knowledge of:	1,2,5	1,3
	The structure and function of the human body to include		
	the biological and physical sciences, neurosciences,		
	kinesiology, and biomechanics.		

B.3.7.	 Human development throughout the lifespan (infants, children, adolescents, adults, and older adults). Course content must include, but is not limited to, developmental psychology. Concepts of human behavior to include the behavioral sciences, social sciences, and science of occupation. Demonstrate sound judgment in regard to safety of self and others and adhere to safety regulations throughout the occupational therapy process as appropriate to the setting and 	4	1,7
	scope of practice. This must include the ability to assess and monitor vital signs (e.g., blood pressure, heart rate, respiratory status, and temperature) to ensure that the client is stable for intervention.		
B.4.5.	Select and apply assessment tools, considering client needs, and cultural and contextual factors. Administer selected standardized and non-standardized assessments using appropriate procedures and protocols. Interpret the results based on psychometric properties of tests considering factors that might bias assessment results (e.g., culture and disability status related to the person and context).	3	1,2,7
B.4.8.	Interpret the evaluation data in relation to accepted terminology of the profession and explain the findings to the interprofessional team.	3	1,7
B.4.13	Provide recommendations and training in techniques to enhance functional mobility, including physical transfers, wheelchair management, and mobility devices.	4	1,7
B.4.29.	Demonstrate knowledge of various reimbursement systems and funding mechanisms (e.g., federal, state, third party, private payer), appeals mechanisms, treatment/diagnosis codes (e.g., CPT®, ICD, DSM® codes), and coding and documentation requirements that affect consumers and the practice of occupational therapy. Documentation must effectively communicate the need and rationale for occupational therapy services.	3	1,2,7