

THE UNIVERSITY OF TEXAS AT TYLER
COLLEGE OF NURSING

NURS 3513
MENTAL HEALTH

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Fall 2009

Wednesday 1:00 p.m.-2:50 p.m.

1.0 Classroom Schedule

NURS 3513 – Mental Health Wednesday 1:00p.m-2:50p.m.

Unit	Date	Faculty	Topic
1	8/26	Hermanns/ Lilly	Review of Syllabus & Course Expectations Introduction of Mental Health/Illness Areas of Intervention/Psychiatric Nursing Assessment Legal/Ethical Basis for Practice
2	9/2	Lilly	Therapeutic Communication Nurse-Patient Relationship/Therapeutic Use of Self Biological Basis for Psychopharmacology
	9/9 12th Class Day		Last day to withdraw without penalty
3	9/9	Hermanns	Schizophrenia Pharmacological, Biological, and Integrative Therapies
	9/16		Exam #1
4	9/23	Hermanns	Mood Disorders (Bipolar and Depression) Suicide Thoughts and Behaviors
5	9/30	Waldo	Personality Disorders Eating Disorders
6	10/7	Greer	Addictive Disorders Part I (Alcohol)
7	10/14	Greer	Addictive Disorders Part II (Drugs)
	10/21		Exam #2
8	10/28	Waldo	Understanding Stress/Holistic Approaches to Stress Alternative and Complementary Therapies
	10/30		Last day to Withdraw with 'W'
9	11/4	Greer/Lilly	Anxiety and Anxiety Disorders Defense Mechanisms Somatoform and Dissociative Disorders
10	11/11	Greer	Theories and Therapies: Family Systems Disorders of Children and Adolescents
	11/18		Exam #3
	11/26-29		Thanksgiving Break – Enjoy!
	12/1 Tuesday		ATI Exam 3:30 p.m. - 4:30 p.m. (Tyler, Longview, and Palestine)
11	12/2	Lilly	Child, Partner, and Elder Abuse Anger and Aggression Sexual Assault Forensic Nursing
	12/2 Wednesday		ATI Exam 3:30 p.m. - 4:30 p.m. (Tyler)
12	12/9	Hermanns	Crisis and Disasters Grief and Loss Psychosocial Needs of the Medically Ill
	12/14	1:00P-2:50P	Final Exam (Passes ATI, Return AV Recording Agreements)

The content of this syllabus/WEB site is subject to change at the discretion of the faculty leaders according to current learning needs.

Title:

NURS 3513 - Mental Health

Semester Credit Hours:

Five (5) Credit Hours-Didactic/Clinical (2:3)

Prerequisites:

Courses in Level I.

Course Description:

Theories and concepts related to human behavior and the promotion, maintenance, and restoration of mental health in diverse populations across the life span are presented within the framework of critical thinking and caring. Emphasis is on communication skills, self-awareness, and therapeutic use of self while exploring issues in mental health nursing. Students provide holistic nursing care to patients with alterations in mental health in selected structured and unstructured settings.

Student Learning Outcomes for Course:

Upon successful completion of the course the student will:

1. Utilize critical thinking to provide holistic care to patients experiencing problems in mental health.
2. Integrate research findings and knowledge from nursing and other scientific and humanistic disciplines as it relates to mental health issues.
3. Demonstrate coordination of care through collaboration with members of the interdisciplinary health care team in order to provide appropriate interventions/resources to patients.
4. Explore psychiatric nursing roles in a variety of selected structured and unstructured settings.
5. Assume responsibility and accountability for all professional interactions to reflect interpersonal caring and therapeutic use of self required for the delivery of safe, competent nursing care to patients experiencing mental health problems.
6. Demonstrate professional values which employ ethical, legal, and moral standards in interactions with patients, peers, faculty, and other health care providers in caring for patients experiencing mental health problems.

APPROVED: University of Texas System-Fall 1999 Faculty Organization-Fall 1999

Textbooks**Required:**

College of Nursing. (Current). *BSN/MSN guide for nursing students*. Tyler: The University of Texas at Tyler.

Fall 2009 Syllabus for NURS 3513 will be available for purchase in the bookstore.

Textbook: Varcarolis, E.M., & Halter, M. J. (2009). *Essentials of psychiatric mental health nursing: A communication approach to evidence-based care*. St. Louis, Missouri: Saunders Elsevier.

Scantrons: The correct Scantron for nursing is Form **F-17255-PAR-L** (there are 2 of the same color so make sure to look at the form)

American Disability Act Statement: U.T. Tyler Counseling Center

"If you have a disability, including a learning disability, for which you request disability support services/accommodation(s), please contact Ida MacDonald in the Disability Support Services office so that the appropriate arrangements may be made. In accordance with federal law, a student requesting disability support services/accommodation(s) must provide appropriate documentation of his/her disability to the Disability Support Services counselor. For more information, call or visit the Student Services Center located in the University Center, Room 282. The telephone number is 566-7079 (TDD 565-5579)." Additional information may also be obtained at the following UT Tyler Web address: <http://www.uttyler.edu/disabilityservices>