

**THE UNIVERSITY OF TEXAS AT TYLER  
COLLEGE OF NURSING**

**HEALTH OF THE OLDER ADULT  
SYLLABUS**

**NURS 4212**


**Fall 09  
Online**

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The content of this syllabus/WEB site is subject to change at the discretion of the faculty leaders according to current learning needs. Approved by FO: 10/02

Date	Module	Topic	Assignments	Exams
<b>8/26</b> <b>1:00p</b>	1	Course Introduction, Blackboard Orientation Demographics of Aging, Stereotypes, Culture, Assessment Tools	<b>Attendance in the classroom required..</b> Bring textbook and syllabus to class. Also print and bring Discussion Board Guidelines, Discussion Board Grading Rubric, Journal Guidelines (Journal # 1only) and Journal Grading Rubric Turn in affirmation forms. Readings and learning activities to be completed by 9/2.	BRB 1055 LUC 206 *Pal 114 Exam mtg rooms same except Pal will be 102 for exams.
9/2	2	Fluids, Contenance, Sexuality	Readings and learning activities to be completed by 9/9. <b>Choose an elder* for journal assessments and interviews. Schedule an appointment with elder between September 16 and 23. (Prepare for interview by completing Modules 1- 4). *See guidelines posted on BB re choosing elder.</b>	
9/9	3	Mobility, Safety, Osteoporosis	Readings and learning activities to be completed by 9/16.	
9/16	4	Mental Health, Rest and Sleep	Readings and learning activities to be completed by 9/23.	
9/23		Finish readings, interview & journal.	<b>Interview elder, to be completed by 9/23. Write up journal, due 9/28 &amp; post to BB Assignment link by 5pm.</b>	
9/30	5	<b>Exam 1 1pm</b> Communication, Sensory Changes	Readings and learning activities to be completed by 10/7.	<b>*Exam 1 1pm</b>
10/7	6	Ethics and Legalities	Readings and learning activities to be completed by 10/14.	
10/14	7	Life Space, Elder Abuse/Caregiver	Readings and learning activities to be completed by 10/21.	
10/21	8	Environmental Safety and Security, Financial	Readings and learning activities to be completed by 10/28.	
10/28		<b>Journal #2</b>	<b>Interview elder between 10/21 &amp; 10/28. Prepare for interview by completing Modules 5-8. Journal Due 11/2 &amp; post to BB Assignment link by 5pm.</b>	
11/4	9	<b>*Exam 2 1pm</b> Atypical Presentation & Functional Decline; Pain	Readings and learning activities to be completed by 11/11.	<b>*Exam 2 1pm</b>
11/11	10	Polypharmacy	Readings and learning activities to be completed by 11/18.	
11/18	11	Delirium Elders in Critical Care	Readings and learning activities to be completed by 11/24.	
11/24	12	Dementia	Readings and learning activities to be completed by 12/2	
11/25			<b>HAPPY THANKSGIVING HOLIDAY</b>	
12/2	13	Palliative Care at End of Life	Readings and learning activities to be completed by 12/9.	
		<b>Discussion Board</b>	<b>Initial DB responses due 12/9. Follow-up responses due 12/14.</b>	
12/16		<b>*Exam 3, 1pm</b>		<b>*Exam 3 1pm</b>

### III. COURSE DESCRIPTION

TITLE: NURS 4212 HEALTH OF THE OLDER ADULT

SEMESTER HOURS: 2 Hours (Lecture: 2 hours per week)

PREREQUISITES: Full admission to the nursing program and completion of Adult Health 1 and Mental Health.

COURSE DESCRIPTION: Theories and concepts related to gerontologic and nursing principles are presented within the framework of critical thinking and caring. The focus is on health promotion through nurturant, protective, and generative, evidence based practice interventions emphasizing the well and the vulnerable older adult population.

### COURSE OBJECTIVES

**Upon successful completion of the course the student will:**

1. Utilize a framework of interpersonal caring, critical thinking and evidence based practice to promote health, reduce risk, and manage disease for the older adult.
2. Explore the role of the nurse as the coordinator of care for the older adult of diverse ethnic backgrounds.
3. Utilize interpersonal communication skills and assessment tools in planning care for well and frail older adults.
4. Analyze current ethical and legal issues encountered by the older adult.
5. Examine the role and functions of the gerontological nurse as a member of the interdisciplinary health care team.

### IV. Required Texts and Resources

Touhy, T.A. & Jett, K. (2010). *Ebersole and Hess' Gerontological nursing & healthy aging* (3<sup>rd</sup> ed.). St. Louis: Mosby Elsevier.

Lewis, S.M., Heitkemper, M.M., & Dirksen, S.R. (2007). *Medical-surgical nursing: Assessment and management of clinical problems*. (7<sup>th</sup> Ed.). St. Louis: Mosby.

ANA Foundation of Nursing Packet includes. (*Purchased in Level I*)

*Nursing's social policy statement* (2<sup>nd</sup> Ed.) (2003). Washington, D.C.: American Nurses Association

*Nursing: Scope and standards of practice* (2004). Silver Spring, MD: American Nurses Association.

*Code of ethics for nurses with interpretive statements* (2001). Silver Spring, MD: American Nurses Association.

Required Scantrons to be used for examinations: Look for the correct form which includes F-17255-PAR-L (there are 2 of the same color so make sure to look at the form)

**V. Disability Statement**

If you have a disability, including a learning disability, for which you request disability support services/accommodation(s), please contact Ida MacDonald in the Disability Support Services office so that the appropriate arrangements may be made. In accordance with federal law, a student requesting disability support services/accommodation(s) must provide appropriate documentation of his/her disability to the Disability Support Services counselor. For more information, call or visit the Student Services Center located in the University Center, Room 282. The telephone number is 566-7079 (TDD 565-5579). Additional information may also be obtained at the following UT Tyler Web address: <http://www.uttyler.edu/disabilityservices>.