

Your new role as a parent of a college student...

- College is a transition time for your family - you as a parent, your student, and siblings.
- Adjust by allowing more independence for your student.
- Remain interested but avoid being intrusive.
- Communicate on your student's terms by allowing them to set the pace and frequency.
- Use your student's preferred type of communication: phone, text, Face book, etc.
- Encourage involvement in the many aspects of college life.
- Be ready to listen but allow your student the opportunity to work on solutions to their challenges and problems.
- Trust your student.

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