

University of Texas at Tyler Clinical Mental Health Counseling Program Outcomes and Annual Report 2022

Selected Program Updates:

- CMHC Program's CSI UTT Chapter hosted its first annual practicum and internship fair, hosting supervisors from 15 different sites on campus
- CMHC Program has ceased using the on-campus training clinic for practicum hours due to challenges with client flow. All CMHC students now complete their Practicum and Internship hours at community-based sites with required audio-recorded sessions.
- Course prerequisites went into effect to ensure students are progressing through CMHC program appropriately to prepare for practicum and internship.
- CMHC program faculty reviewed the largest number of applications in program history for the Fall 2022 semester and offered admission to 22 students.
- An all-time high of 86.2% of our CMHC courses are now taught by core CMHC faculty instead of adjuncts or faculty from other programs.
- CACREP re-accreditation self-study was submitted in July 2022.

2022 Student Enrollment

Total Student Enrollment: 78

	American Indian/Native	Asian	Black or African American	Hispanic or Latino	White	Multi Racial	Other/ Undisclosed	Total Female
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Female Demographics	1	2	11	14	32	4	1	65
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	American Indian/Native	Asian	Black or African American	Hispanic or Latino	White	Multi Racial	Other/ Undisclosed	Total Male
Male Demographics	0	0	0	2	8	2	1	13

Graduation Data

	Number of Graduates	Credentialing Pass Rates	Full Time Student Completion Rate	Part Time Student Completion Rate	% of Graduates who report working as a licensed counselor within 1 year of graduation
CMHC	30	- NCE - CPCE	66.67%	61.54%	-

Program Assessment Results:

Included below are the revised CMHC Program Objectives and Key Performance Indicators followed by the 2021-2022 CMHC Program Assessment Results

CMHC Program Objectives

CMHC student learning objectives reflect current professional counseling knowledge and projected needs concerning counseling in a multicultural and pluralistic society. They cover the eight CACREP common core curricula areas and the entry-level specialty area of Clinical Mental Health Counseling.

1.0 Professional Counseling Orientation & Ethical Practice

Students will demonstrate an understanding of professional counselor identity and utilize counselor ethical codes and ethical decision making skills to practice in an ethical manner.

2.0 Social & Cultural Diversity

Students will demonstrate an understanding of how to work with and advocate for different client populations including clients from diverse racial, ethnic, gender, and socioeconomic backgrounds.

3.0 Human Growth & Development

Students will demonstrate knowledge and skills necessary to conceptualize and counsel clients from a developmental perspective.

4.0 Career Development

Students will demonstrate knowledge of career counseling theories and skills/strategies for implementing career counseling with diverse populations

5.0 Counseling & Helping Relationships

Students will demonstrate knowledge and understanding of evidence-based counseling skills and the ability to apply these skills prevent and treat clients with mental health diagnoses in an ethical and culturally relevant manner.

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Students will demonstrate knowledge and understanding of evidence-based counseling skills and the ability to apply these skills prevent and treat clients with mental health diagnoses in an ethical and culturally relevant manner.

7.0 Group Counseling & Group Work

Students will demonstrate knowledge of culturally and ethically relevant approaches to group counseling and the ability to apply group counseling skills in different settings

8.0 Assessment and Testing

Students will demonstrate knowledge and skills to competently apply the use of assessment in counseling including the diagnosis of mental and emotional disorders

9.0 Research & Program Evaluation

Students will demonstrate knowledge of research methods and apply these research skills to critically appraise mental health research, and assess client care.

10.0 Clinical Mental Health Counseling

Students will demonstrate the knowledge and skills necessary to address wellness and mental health in a variety of clinical mental health counseling settings

Key Performance Indicators

According to CACREP (2016) Key Performance Indicators (KPIs) are “student learning outcomes that are connected to the required curriculum and that program faculty have chosen to represent student knowledge and skills related to program objectives.” Overall, KPI’s are the guiding force behind student learning outcomes, the program’s mission and objectives, and areas that the faculty have found to be critical in training future counselors. The following KPIs have been developed by the CMHC core faculty and are used and the primary construct to evaluate the programs.

1.a. Students will apply appropriate ethical decision making through analyzing ethical cases and applying ethical codes

- 2.a. Students will be able to evaluate the impact of diversity on mental health and help seeking behaviors
- 2.b. Students will apply multicultural competencies to conceptualize and work with clients in counseling settings
- 3.a. Students will analyze clinical issues from a developmental perspective and plan appropriate care based on developmental needs
- 4.a. Students will apply knowledge of career counseling to formulate counseling plans that are congruent with clients' goals
- 5.a. Students will combine a variety of counseling skills to benefit the counseling process
- 6.a. Students will construct group counseling experiences with effective, ethical, and culturally relevant skills
- 7.a. Students will combine assessment and clinical skills to render appropriate client diagnosis and treatment
- 8.a. Students will utilize research skills to critically assess counseling research and client care
- 9.a. Students will determine and implement ethical clinical skills to address client mental health concerns across a variety of clinical mental health settings

CMHC Program assessment results below reflect data from the 2021-2022 academic year. This was a year of transition where we implemented new KPIs, assessment methods, and criterion and discontinued old KPIs, assessment methods, and criterion. This is reflected in the table below.

KPI	Assessment Method	Result
(1) Professional Counseling Orientation and Ethical Practice (CACREP 2016 Standard 1) - Effective 2021-2022: Students will utilize appropriate ethical decision making through analyzing ethical cases and applying ethical codes.	Course Embedded Assessment - Internship I and/or COUN 5397: Internship II, a faculty evaluation of students' knowledge and skills in "Ethical and Professional Skills and Dispositions" will be conducted based on their experiences with the student, using the Counselor Competencies Scale Revised form (CCS-R). Criterion: 90% of students will earn an average score of 4 (Meets Expectations) or better on items 2.A.-2.K. of the Counselor Competencies Scale Revised form (CCS-R) in COUN 5396: Internship and/or COUN 5397: Internship II.	Criterion Met
	Standardized Exams – External - Score on Counselor Preparation Comprehensive Exam (CPCE) Orientation and Ethics subscale Criterion: 90% of students will score above 1 S.D. below the national mean on the Orientation and Ethics Subscale of the CPCE exam.	Criterion Not Met 80.55% students scored at or above 1/2 S.D. below the national mean on the "Professional Orientation and Ethics" subscale.
	Course Embedded Assessment - In COUN 5328: Foundations and Ethics of Clinical Mental Health Counseling, students will demonstrate appropriate ethical decision making through analyzing ethical cases and applying ethical codes in the Ethics Case Study Assignment. Criterion: 90% or students will earn a score of 80% or above on the Ethics Case Study Assignment in COUN 5328: Foundations and Ethics of Clinical Mental Health Counseling.	Criterion Met

	<p>Course Embedded Assessment - In COUN 5393: Practicum, a faculty evaluation of students' knowledge and skills in "Ethical and Professional Skills and Dispositions" will be conducted based on their experiences with the student, using the Counselor Competencies Scale Revised form (CCS-R).</p> <p>Criterion: 90% of students will earn an average score of 3.5 or better on items 2.A.-2.K. of the Counselor Competencies Scale Revised form (CCS-R) in COUN 5393: Practicum.</p>	Criterion Met
<p>(2) Social and Cultural Diversity (CACREP 2016 Standard 2) - Effective 2021-2022: Students will be able to evaluate the impact of diversity on mental health and help seeking behaviors and will apply multicultural competencies to conceptualize and work with clients in counseling settings.</p>	<p>Course Embedded Assessment - In COUN 5396: Internship I and/or COUN 5397: Internship II, a faculty evaluation of students' knowledge and skills in "Social and Cultural Diversity" will be conducted based on their experiences with the student, using the Counselor Competencies Scale Revised form (CCS-R).</p> <p>Criterion: 90% of students will earn an average score of 4 (Meets Expectations) or better on items 2.F. of the Counselor Competencies Scale Revised form (CCS-R) in COUN 5396: Internship I and/or COUN 5397: Internship II.</p> <p>Standardized Exams – External - Score on Counselor Preparation Comprehensive Exam (CPCE) Social and Cultural Foundations subscale.</p> <p>Criterion: 90% of students will score above 1 S.D. below the national mean on the Social and Cultural Foundations Subscale of the CPCE exam.</p> <p>Course Embedded Assessment - In COUN 5393: Practicum, a faculty evaluation of students' knowledge and skills in "Social and Cultural Diversity" will be conducted based on their experiences with the student, using the Evaluation of Student Part II form.</p> <p>Criterion: 90% of students will earn an average score of 3.5 or better on items 3.A.-3.B. of the Evaluation of Student Part II form in COUN 5393: Practicum.</p> <p>Course Embedded Assessment - In COUN 5324: Cultural Diversity and Advocacy, students will be assessed using the Cultural Diversity and Advocacy Essay Assignment.</p> <p>Criterion: 90% of students will earn a score of 80% or above on the Cultural Diversity and Advocacy Essay Assignment in COUN 5324: Cultural Diversity and Advocacy.</p>	<p>Criterion Met</p> <p>Criterion Not Met 69.44% of students scored at or above 1/2 S.D. below the national mean on the "Social and Cultural Diversity" subscale.</p> <p>Criterion Met</p> <p>Criterion Met</p>

(3) Human Growth and Development (CACREP 2016 Standard 3) - Effective 2021-2022: Students will analyze clinical issues from a developmental perspective and plan appropriate care based on developmental needs.	Course Embedded Assessment Students will be assessed on the Human Growth and Development Application Presentation in PSYC 5320: Advanced Human Growth and Development. Criterion: 90% of student will earn a score of 80% or above on the Human Growth and Development Application Presentation in PSYC 5320.	Criterion Met
	Standardized Exams – External Score on Counselor Preparation Comprehensive Exam (CPCE) Human Development subscale. Criterion: 90% of students will score above 1 S.D. below the national mean on Human Growth & Development subscale of the CPCE exam.	Criterion Not Met 69.44% of students assessed scored at or above 1/2 S.D. below the national mean on the "Human Development" subscale.
	Course Embedded Assessment - In COUN 5393: Practicum, a faculty evaluation of students' knowledge and skills in "Human Growth and Development" will be conducted based on their experiences with the student, using the Evaluation of Student Part II Form. Criterion: 90% of students will earn an average score of 3.5 or better on items 3.F.-3.G. of the Evaluation of Student Part II form in COUN 5393: Practicum.	Criterion Met
	Course Embedded Assessment - In COUN 5396: Internship I and/or COUN 5397: Internship II, a faculty evaluation of students' knowledge and skills in "Human Growth and Development" will be conducted based on their experiences with the student, using the Evaluation of Student Part II form. Criterion: 90% of students will earn an average score of 4 (Meets Expectations) or better on item 3.G. of the Evaluation of Student Part II form in COUN 5396: Internship I and/or COUN 5397: Internship II.	Criterion Met

<p>(4) Career Development (CACREP 2016 Standard 4) - Effective 2021- 2022: Students will apply knowledge of career counseling to formulate counseling plans that are congruent with clients' goals.</p>	<p>Standardized Exams – External - Effective 2021-2022: Score on Counselor Preparation Comprehensive Exam (CPCE) Career subscale. Criterion: 90% of students will score above 1 S.D. below the national mean on the Career Subscale of the CPCE exam.</p> <p>Course Embedded Assessment - In COUN 5335: Career Counseling, students will be assessed using the Career Counseling Sessions and Reflections Assignment. Criterion: 90% of students will earn a score of 80% or above on the Career Counseling Sessions and Reflections Assignment in COUN 5335: Career Counseling.</p> <p>Course Embedded Assessment - In COUN 5396: Internship I and/or COUN 5397: Internship II, a faculty evaluation of students' knowledge and skills in "Career Development" will be conducted based on their experiences with the student, using the Evaluation of Student Part II form. Criterion: 90% of students will earn an average score of 4 (Meets Expectations) or better on item 3.C. of the Evaluation of Student Part II form in COUN 5396: Internship I and/or COUN 5397: Internship II.</p>	<p>Criterion Not Met 55.55% of students assessed scored at or above 1/2 S.D. below the national mean on the "Career Development" subscale.</p> <p>Criterion Met</p> <p>Criterion Met</p>
<p>(5) Counseling Helping Relationship Skills (CACREP 2016 Standard 5) - Effective 2021-2022: Students will combine a variety of counseling skills to benefit the counseling process.</p>	<p>Course Embedded Assessment - In COUN 5393: Practicum, a faculty evaluation of students' knowledge and skills in "Counseling Helping Relationship Skills" will be conducted based on their experiences with the student, using the Counselor Competencies Scale Revised form (CCS-R). Criterion: 90% of students will earn an average score of 3.5 or better on items 1.A.- 1.L. of the Counselor Competencies Scale Revised form (CCS-R) in COUN 5393: Practicum.</p> <p>Internships - Effective 2021-2022: In COUN 5396: Internship I and/or COUN 5397: Internship II, a faculty evaluation of students' knowledge and skills in "Counseling Helping Relationship Skills" will be conducted based on their experiences with the student, using the Counselor Competencies Scale Revised form (CCS-R). Criterion: 90% of students will earn an average of 4 (Meets Expectations) or better on items 1.A.-1.L. of the Counselor Competencies Scale Revised form (CCS-R) in COUN 5396: Internship I and/or COUN 5397: Internship II.</p>	<p>Criterion Met</p> <p>Criterion Met</p>

	<p>Standardized Exams – External - Score on Counselor Preparation Comprehensive Exam (CPCE) Helping Relationship subscale. Criterion: Effective 2021-2022: 90% of students will score above 1 S.D. below the national mean on the Helping Relationships subscale of the CPCE exam.</p> <p>Course Embedded Assessment - In COUN 5391: Basic Counseling Skills, students will be assessed using the Final Skills Tape Assignment. Criterion: 90% of students will earn a score of 80% or above on the Final Skills Tape Assignment in COUN 5391: Basic Counseling Skills.</p>	<p>Criterion Not Met 69.44 % of students assessed students scored at or above 1/2 S.D. below the national mean on the "Helping Relationship" subscale</p> <p>Criterion Met</p>
<p>(6) Group Counseling and Group Work Skills (CACREP 2016 Standard 6) - Effective 2021-2022: Students will construct group counseling experiences with effective, ethical, and culturally relevant skills</p>	<p>Direct Observation/Performance Audit/Project - In COUN 5396: Internship I and/or COUN 5397: Internship II, a faculty evaluation of students' knowledge and skills in "Group Counseling and Group Work Skills" will be conducted based on their experiences with the student, using the Evaluation of Student Part II form. Criterion: Effective 2021-2022: 90% of students will earn an average score of 4 (Meets Expectations) or better on item 3.E of the Evaluation of Student Part II form.</p> <p>Standardized Exams – External Score on Counselor Preparation Comprehensive Exam (CPCE) Group Counseling subscale. Criterion: Effective 2021-2022: 90% of students will score above 1 S.D. below the national mean on the Group Counseling Subscale of the CPCE Exam</p> <p>Course Embedded Assessment - In COUN 5345: Group Counseling - Theory and Practice, students will be assessed using the Group Proposal Assignment. Criterion: 90% of students will earn a score of 80% or above on the Group Proposal Assignment in COUN 5345: Group Counseling: Theory and Practice.</p>	<p>Criterion Met</p> <p>Criterion Not Met Of the students assessed, 29 (80.55%) students scored at or above 1/2 S.D. below the national mean on the "Group Counseling" subscale.</p> <p>Criterion Met</p>

<p>(8) Research and Program Evaluation (CACREP 2016 Standard 8) - Effective 2021-2022: Students will utilize research skills to critically assess counseling research and client care</p>	<p>Standardized Exams – External: Score on Counselor Preparation Comprehensive Exam (CPCE) Research and Evaluation Subscale. Criterion: 90% of students will score above 1 S.D. below the national mean on the Research and Evaluation Subscale of the CPCE exam.</p> <p>Course Embedded Assessment - In COUN 5340: Research and Program Evaluation, students will be assessed using the Final Article Critique Assignment. Criterion: 90% of students will earn a score of 80% or above on the Final Article Critique Assignment in COUN 5340: Research and Program Evaluation.</p> <p>Course Embedded Assessment - In COUN 5396: Internship I and/or COUN 5397: Internship II, a faculty evaluation of students' knowledge and skills in "Research and Program Evaluation" will be conducted based on their experiences with the student, using the Evaluation of Student Part II form. Criterion: 90% of students will each an average score of 4 (Meets Expectations) or better on items 3.K.-3.L. of the Evaluation of Student Part II form in COUN 5396: Internship I and/or COUN 5397: Internship II.</p>	<p>Criterion Not Met 77.78% students scored at or above 1/2 S.D. below the national mean on the "Research and Evaluation" subscale.</p> <p>Criteria Not Met 80.65% of students earned a score of 80% or above on the Final Article Critique Assignment in COUN 5340: Research and Program Evaluation.</p> <p>Criteria Met</p>
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