### **SYLLABUS**

### **COURSE INFORMATION**

PSYC 2320.001: Lifespan Developmental Psychology

FALL 2020 TH 6:00 - 8:45 pm

### INSTRUCTOR INFORMATION

Rachel Bloser, MA, LPC, NCC Email: rachel.bloser@gmail.com

Office hours: Contact me to set up Zoom meeting

### **COURSE CATALOG DESCRIPTION**

Physiological, perceptual, cognitive, social, and affective change from conception to death, with an emphasis on transitions and developmental challenges throughout the lifespan.

### STUDENT LEARNING OUTCOMES & ASSESSMENTS

As a result of taking this course, successful students will be able to:

- Identify the primary reasons for studying human development across the lifespan.
- Describe the process of researching developmental changes over time.
- Identify, explain, and apply the major theories of human development across different stages of life.
- Identify and explain the impact/interaction between genes and environment on development.
- Describe factors that may affect development at different stages of life.
- Identify the main stages of prenatal development and the process of birth.
- Identify and explain the primary biological, cognitive, and psychosocial changes that occur
  during infancy, early childhood, middle childhood, adolescence, emerging adulthood,
  adulthood, and late adulthood.
- Demonstrate an understanding of how cultural differences can impact development.
- Demonstrate the ability to apply developmental research to current social issues.

### **REQUIRED TEXT**

Kathleen Stassen Berger: Invitation to the Life Span, 3rd Edition, Worth Publishers, 2016. ISBN-10: 1-319-01588-3: ISBN-13: 978-1-319-01588-6

NOTE: A student at UT-Tyler is not under any obligation to purchase a textbook from a university affiliated bookstore. The same textbook may also be available from an independent retailer, including an online retailer.

### TEACHING STRATEGIES

My main objective in this class is to help you learn the class material. I believe that attending class, taking good notes, and reading the textbook is important for you to succeed. I will try to cover one chapter per week; however, some weeks we will need to cover more. I lecture primarily from the textbook, but I will supplement with other materials such as short videos, group discussions, guest speakers, and in-class activities. Successful students read the textbook and study! Class attendance is strongly encouraged.

### **EVALUATION AND GRADING**

Exams 300 points – 3 exams, worth 100 points each Quizzes 100 points – 4 quizzes, worth 25 points each Cumulative Final 100 points –worth 100 points

Total Possible Points 500 points

Research credits do not add to your point total; however, if you do not complete them, you will lose 50 points from your final grade. Essentially, failure to complete them will drop you an entire letter grade. Extra credit points will be added to your overall point total at the end of the semester.

#### GRADE ASSIGNMENT

A = 450 - 500 points

B = 400 - 449 points

C = 350 - 399 points

D = 300 - 349 points

F = 299 points or below

In order to calculate your grade, keep track of the number of points you accumulate throughout the semester. Grades will be assigned based on the point distribution listed above.

#### **EXAMS**

There will be 3 multiple choice exams given during the semester. Each exam is worth 100 points. In person exams, scantrons will be provided by the psychology department. Online exams will be held on Canvas, during scheduled class time, and will have a time limit. Tests will cover information from lectures and textbook readings.

The exams are worth a total of 300 points.

Tentative Exam Dates: September 24, 2020 – Chapters 1-4 October 29, 2020 – Chapters 5-10 December 3, 2020 – Chapters 11-15

\*Exams will most likely be administered on these dates, but these dates are subject to change at the instructor's discretion. There is a possibility that material covered on each exam will change depending on the amount of material covered each week. It is the instructor's discretion to make changes to exam dates and/or material covered as the semester progresses.

#### **OUIZZES**

There will be 4 quizzes throughout the semester. Each quiz is worth 25 points. The quiz questions will be short-answer, multiple-choice, true/false, and short essay format. They will be administered at the very beginning of class. You will have approximately 10 minutes to take the quiz. If you arrive late, you will only have the remaining time allotted to complete the quiz. The quizzes will cover the **portion** of the chapter(s) covered during the previous week. The quizzes are worth a total of 100 points.

Tentative Quiz Dates: September 10, 2020 October 8, 2020 October 22, 2020 November 12, 2020

\*Quizzes will most likely be administered on these dates, but these dates are subject to change at the instructor's discretion. There is a possibility that material covered on each quiz will change depending on the amount of material covered each week. It is the instructor's discretion to make changes to quiz dates and/or material covered as the semester progresses.

### **CUMULATIVE FINAL EXAM**

There will be a cumulative final exam on **December 10, 2020**. The final is worth 100 points. It will be multiple choice questions, covering all chapters (1-15) from your textbook. The final will also include questions from the epilogue. I will not lecture on the epilogue. Students are responsible for covering this material on their own prior to the final exam.

#### EXTRA CREDIT OPTIONS

If you wish to earn bonus points toward your final point total, you may choose to participate in one or more of the following:

### 1. Perfect Attendance:

I will take attendance EACH class. In order to track bonus points, students sign a roster at the END of class to indicate that they were present. Students that maintain PERFECT attendance during the semester will have 10 bonus points added to your overall point-total for the semester. Perfect attendance means that you stayed until the end of EVERY class. Zoom participation will be counted as long as you attend the entirety of the zoom session.

If you miss 0 times = 10 points
If you miss 1 time = 5 points
If you miss 2 times or more = 0 points

I do not "excuse" absences for this bonus exercise. It is an all or nothing policy. I understand that situations, such as illness or funerals, do occur. However, perfect attendance means that you missed NO class for any reason. Maximum of **10 bonus points** for this option.

# 2. Participation in Counseling with Graduate Students:

Students may volunteer to participate in counseling with graduate students in the psychology department. You will be given 1 point for each session that you attend. Each session is approximately 1 hour. Maximum of **10 bonus points** for this option. I am unsure if this will be an option Fall 2020.

### 3. TED Talk Extra Credit Assignments:

Students may complete TED Talk extra credit assignments throughout the course of the semester. Detailed instructions for these assignments can be found on the Canvas website under "Extra Credit" as they become available. I will make an announcement on Canvas and in class to let you know when these are accessible. You will have one week to complete each one. Each TED Talk assignment is worth up to 3 points. Five will be available throughout the semester. These are optional. Maximum of **15 bonus points** for this option.

### 4. Other Extra Credit Assignments:

I may offer other extra credit opportunities such as volunteering, attending certain events, or watching documentary films. If I do offer any, they will be announced in class and posted on Canvas.

### UT TYLER PSYCHOLOGY DEPARTMENT RESEARCH REQUIREMENT

The Psychology Department requires that all students taking 1000- and 2000-level psychology courses to complete a research requirement.

\*\*This is a requirement for the psychology department, not for this class specifically. It does not contribute to points, but will result in a reduction of 50 points if you do not complete it. \*\*

### There are two ways to fulfill the requirement:

1. You may complete research credits by participating in psychology studies. A credit is earned for every 30 minutes of research participation. Most studies are 30 minutes long or less, so most studies will count as 1 credit. If the study is longer than 30 minutes, you will receive 2 credits. The number of credits required varies from one course to the next, and your instructor will tell you how many credits are required to complete the research requirement in his or her specific course. This course requires 6 research credits to be obtained during the semester (3 hours).

2. In lieu of the research participation, you may instead complete a 5-page research report on a topic concerning developmental psychology. The topic for the paper can be found in Canvas. You do the paper, you do NOT have to participate in psychology research on campus (option 1). This is merely another option for obtaining your 6 research credits. If your paper is acceptable, then you will receive your 6 credits. If it is not acceptable, you will be notified to revise and resubmit by the final deadline.

### Due Date:

If you choose to complete the research participation, at least 3 of the credits must be submitted on or before **October 16**, **2020**. Failure to do so will result in a <u>5% reduction</u> to your final course grade (25 points). The remaining 3 credits needed to fulfill the requirement must be submitted on or before **December 4**, **2020**. Failure to submit the remaining credits by this date will result in an additional <u>5% reduction</u> to your final grade (25 points).

If you choose to complete the research paper, it must be submitted by **December 4, 2020**. There is a tab in Canvas with further instructions about this requirement.

#### **COURSE POLICIES**

- 1. **Class Participation:** Since this class is over 2 hours in length, it is much more fun and engaging when students participate. That being said, you do not have an actual participation "grade;" however, points may be added (or subtracted) based on your participation. For instance, if you contribute in class, ask questions, and participate appropriately in discussions, you may be awarded extra points at the end of the semester. If a student is within a few points of the next letter grade, participation, or lack thereof, may be a determining factor. In the same way, if you are inappropriate in class, make rude statements, or are disrespectful in any way to your classmates or the instructor, points may be subtracted from your grade, accordingly.
- 2. **Attendance:** Attendance is expected and required to be successful in this class. You will only be allowed to make-up a test in the event of an excused absence. Excused absences may include doctor's documented illness, death/funeral, religious observation, or UTT athletics from approved schedule, which pertains to athletes. All absences WILL REQUIRE an acceptable form of documentation to be considered "excused."
- 3. What If I miss an Exam or Quiz? If you miss class on an exam or quiz day, you MAY be allowed to make-up the exam or quiz, or take the exam/quiz online depending on the situation. ALL make-up exams or quizzes require a documented, EXCUSED absence in order to receive a re-take. Make-up exams will be an alternate form of the original exam and will be taken during finals weeks. Make-up quizzes will have to be taken the week after the missed class. An excused absence is defined by the university policy and instructor's discretion as a documented illness, death/funeral, religious observation, or UTT athletics. Students MUST provide some form of appropriate documentation in order to make-up missed exams and quizzes. I DO NOT want you coming to class sick. If you feel sick, contact me and we will make arrangements for you.
- 4. **Texting, Social Media, and Appropriate Behavior:** Please do not use the internet or text on your phone throughout class. Consistent use of social media during class lectures (i.e. laughing, being on your phone) may result in a reduction in points. Furthermore, any disruptions in class due to inappropriate behavior (i.e. talking during a lecture, inappropriate statements, discriminatory remarks, etc.), may also result in a reduction of points. If a student is consistently disrupting learning, they will be asked to leave and reported to the dean of student affairs.

### CLASS SCHEDULE AND TOPICAL OUTLINE:

Date: Outline for Class:

August 27, 2020 Syllabus, Start Chapter 1

September 3, 2020 Finish Chapter 1, Start Chapter 2

September 10, 2020 Quiz # 1, Finish Chapter 2, Start Chapter 3, Chapter 4

September 17, 2020 Finish Chapter 3, Chapter 4

September 24, 2020 <u>Exam # 1</u> (Chapters 1-4)

October 1, 2020 Chapter 5, Begin Chapter 6

October 8, 2020 <u>Quiz # 2,</u> Finish Chapter 6, Start Chapter 7

October 15, 2020 Finish Chapter 7, Chapter 8

Psychology Research Credits Due October 16, 2020

October 22, 2020 <u>Quiz # 3</u>, Chapter 9, Chapter 10

October 29, 2020 <u>Exam # 2</u> (Chapters 5-10)

November 5, 2020 Chapter 11, Begin Chapter 12,

November 12, 2020 Quiz # 4, Finish Chapter 12, Chapter 13

November 19, 2020 Chapter 14, Chapter 15

November 26, 2020 THANKSGIVING BREAK-NO CLASS

December 3, 2020 <u>Exam # 3</u> (Chapters 11-15), ONLINE

Psychology Research Credits/Paper Due December 4, 2020

December 10, 2020 <u>Final Exam</u> (Chapters 1-Epilogue), ONLINE

# **University Policies**

# **Students Rights and Responsibilities**

To know and understand the policies that affect your rights and responsibilities as a student at UT Tyler, please follow this link: <a href="http://www.uttyler.edu/wellness/rightsresponsibillities.php">http://www.uttyler.edu/wellness/rightsresponsibillities.php</a>

# **Grade Replacement/Forgiveness and Census Date Policies**

Students repeating a course for grade forgiveness (grade replacement) must file a Grade Replacement Contract with the Enrollment Services Center (ADM 230) on or before the Census Date of the semester in which the course will be repeated. Grade Replacement Contracts are available in the Enrollment Services Center or at http://www.uttyler.edu/registrar. Each semester's Census Date can be found on the Contract itself, on the Academic Calendar, or in the information pamphlets published each semester by the Office of the Registrar.

Failure to file a Grade Replacement Contract will result in both the original and repeated grade being used to calculate your overall grade point average. Undergraduates are eligible to exercise grade replacement for only three course repeats during their career at UT Tyler; graduates are eligible for two grade replacements. Full policy details are printed on each Grade Replacement Contract.

The Census Date is the deadline for many forms and enrollment actions that students need to be aware of. These include:

- Submitting Grade Replacement Contracts, Transient Forms, requests to withhold directory information, approvals for taking courses as Audit, Pass/Fail or Credit/No Credit.
- Receiving 100% refunds for partial withdrawals. (There is no refund for these after the Census Date)
- Schedule adjustments (section changes, adding a new class, dropping without a "W" grade)
- Being reinstated or re-enrolled in classes after being dropped for non-payment
- Completing the process for tuition exemptions or waivers through Financial Aid

### State-Mandated Course Drop Policy

Texas law prohibits a student who began college for the first time in Fall 2007 or thereafter from dropping more than six courses during their entire undergraduate career. This includes courses dropped at another 2-year or 4-year Texas public college or university. For purposes of this rule, a dropped course is any course that is dropped after the census date (See Academic Calendar for the specific date). Exceptions to the 6-drop rule may be found in the catalog. Petitions for exemptions must be submitted to the Enrollment Services Center and must be accompanied by documentation of the extenuating circumstance. Please contact the Enrollment Services Center if you have any questions.

### Disability/Accessibility Services

In accordance with Section 504 of the Rehabilitation Act, Americans with Disabilities Act (ADA) and the ADA Amendments Act (ADAAA) the University of Tyler at Texas offers accommodations to students with learning, physical and/or psychological disabilities. If you have a disability, including non-visible a diagnosis such as a learning disorder, chronic illness, TBI, PTSD, ADHD, or you have a history of modifications or accommodations in a previous educational environment, you are encouraged to visit https://hood.accessiblelearning.com/UTTyler and fill out the New Student application. The Student Accessibility and Resources (SAR) office will contact you when your application has been submitted and an appointment with Cynthia Lowery, Assistant Director Student Services/ADA Coordinator. For more information, including filling out an application for services, please visit the SAR webpage at http://www.uttyler.edu/disabilityservices, the SAR office located in the University Center, # 3150 or call 903.566.7079.

### Student Absence due to Religious Observance

Students who anticipate being absent from class due to a religious observance are requested to inform the instructor of such absences by the second class meeting of the semester.

### Student Absence for University-Sponsored Events and Activities

If you intend to be absent for a university-sponsored event or activity, you (or the event sponsor) must notify the instructor at least two weeks prior to the date of the planned absence. At that time the instructor will set a date and time when make-up assignments will be completed.

# **Social Security and FERPA Statement**

It is the policy of The University of Texas at Tyler to protect the confidential nature of social security numbers. The University has changed its computer programming so that all students have an identification number. The electronic transmission of grades (e.g., via e-mail) risks violation of the Family Educational Rights and Privacy Act; grades will not be transmitted electronically.

# **Emergency Exits and Evacuation**

Everyone is required to exit the building when a fire alarm goes off. Follow your instructor's directions regarding the appropriate exit. If you require assistance during an evacuation, inform your instructor in the first week of class. Do not re-enter the building unless given permission by University Police, Fire department, or Fire Prevention Services.

# **Student Standards of Academic Conduct**

Disciplinary proceedings may be initiated against any student who engages in scholastic dishonesty, including, but not limited to, cheating, plagiarism, collusion, the submission for credit of any work or materials that are attributable in whole or in part to another person, taking an examination for another person, any act designed to give unfair advantage to a student or the attempt to commit such acts

- 1. "Cheating" includes, but is not limited to:
  - copying from another student's test paper;
  - using during a test, materials not authorized by the person giving the test;
  - failure to comply with instructions given by the person administering the test;
  - possession during a test of materials which are not authorized by the person giving the test, such as class notes or specifically designed "crib notes". The presence of textbooks constitutes a violation if they have been specifically prohibited by the person administering the test;
  - using, buying, stealing, transporting, or soliciting in whole or part the contents of an unadministered test, test key, homework solution, or computer program;
  - $\bullet$  collaborating with or seeking aid from another student during a test or other assignment without authority;
  - discussing the contents of an examination with another student who will take the examination;
  - divulging the contents of an examination, for the purpose of preserving questions for use by another, when the instructor has designated that the examination is not to be removed from the examination room or not to be returned or to be kept by the student;
  - substituting for another person, or permitting another person to substitute for oneself to take a course, a test, or any course-related assignment;
  - paying or offering money or other valuable thing to, or coercing another person to obtain an unadministered test, test key, homework solution, or computer program, or information about an unadministered test, test key, homework solution or computer program:
  - falsifying research data, laboratory reports, and/or other academic work offered for credit:
  - taking, keeping, misplacing, or damaging the property of U. T. Tyler, or of another, if the student knows or reasonably should know that an unfair academic advantage would be gained by such conduct; and,

- misrepresenting facts, including providing false grades or resumes, for the purpose of obtaining an academic or financial benefit or injuring another student academically or financially.
- 2. "Plagiarism" includes, but is not limited to, the appropriation, buying, receiving as a gift, or obtaining by any means another's work and the submission of it as one's own academic work offered for credit.
- 3. "Collusion" includes, but is not limited to, the unauthorized collaboration with another person in preparing academic assignments offered for credit or collaboration with another person to commit a violation of any section of the rules on scholastic dishonesty.

### **CEP Vision and Mission and Program Standards**

### Vision

The College of Education and Psychology is nationally recognized and respected for its academic programs and opportunities. It is a center of academic excellence, scholarly inquiry, and public service. The College prepares leaders to meet the critical challenges of the 21st Century, to make significant contributions to local and global communities, and to work toward individual and cultural equity.

### Mission

The mission of the College of Education and Psychology is to provide a positive environment that fosters the acquisition of knowledge and skills. The mission is individually and collectively realized through a community of scholars that contributes to knowledge through scholarly inquiry; organizes knowledge for application, understanding and communication; and provides leadership and service. Additionally, the College is committed to affirming and promoting global perspectives, cultural diversity, and respect for individual differences as a means of enhancing learning, service, and scholarship