



# PSYC 4353: DEVELOPMENTAL PSYCHOLOGY

Instructor: Kristie Allen, M.A.



## **Instructor Information: Kristie Allen, M.A.**

Hello! My name is Kristie Allen. I serve as the Graduate Admissions Advisor for the Department of Psychology and Counseling and as an adjunct instructor for the Department. I graduated from Grand Valley State University (Allendale, MI) with my Bachelors in Psychology and later from UT Tyler with my Masters in Clinical Mental Health Counseling. I am passionate about working with college students to find meaning in their coursework and a greater purpose in their educational journey. This class will focus on psychology across the lifespan through the identification and examination of developmental norms from birth to death. I can't wait to get to know each of you over the course of the semester!

The best way to contact me is to send a message through CANVAS. I usually respond to messages within one business day, Monday through Friday. Weekend availability will vary. You can also e-mail me directly at [kallen@uttyler.edu](mailto:kallen@uttyler.edu) or call me at **(903) 566-6177**.

Each Wednesday, I will be available from 12:00pm-1:30pm via ZOOM for Virtual Office Hours. You can use this link to access our meeting room:

<https://uttyler.zoom.us/j/93996036971?pwd=SWR3S1BqckNJKzlPcmJSL3pPMnVJdz09>

Meeting ID: 939 9603 6971 Passcode: 554889

I am committed to facilitating an online learning environment that is equitable, inclusive and welcoming and that fosters a climate of mutual respect and full participation. Given that some of your points will derive from interacting with other students via discussion board posts, I expect you all to demonstrate that same level of respect to one another. Please be kind, open-minded, and receptive to feedback as that is the best way to ensure you get the most you can out of this class.

## **Course Catalog Description:**

The study of theory and current research on developmental psychology across the lifespan, with an emphasis on the growth of personality and cognitive abilities

## **Student Learning Outcomes:**

1. Identify the history, theories, and methods of developmental psychology
2. Identify heredity and prenatal development as it relates to developmental psychology
3. Recognize and identify developmental norms in the newborn baby
4. Recognize and identify developmental norms of infancy, specifically physical, cognitive and social development



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5. Recognize and identify the developmental norms of early childhood, specifically physical, cognitive, social, and emotional development.
6. Recognize and identify the developmental norms of middle childhood, specifically physical, cognitive, social, and emotional development.
7. Recognize and identify the developmental norms of adolescence, specifically physical, cognitive, social, and emotional development.
8. Recognize and identify the developmental norms of early adulthood, specifically physical, cognitive, social, and emotional development.
9. Recognize and identify the developmental norms of middle adulthood specifically physical, cognitive, social, and emotional development.
10. Recognize and identify the developmental norms of late adulthood, specifically physical, cognitive, social, and emotional development.
11. Summarize the stages of the end of life

## **Evaluation and Grading:**

### **Assignments: 50%**

3 Video Reflections

3 Discussion Board Activities

### **Evaluations: 50%**

3 Exams

I will do my best to ensure assignments are graded within a week of submission. I will drop your lowest assignment grade (video reflection OR discussion board) at the end of the semester, so please do not ask to redo or have a second chance at your assignment.. This is your freebie! You will also have an extra credit opportunity worth 20 points that will go towards your assignment points. Because of this policy, I will not be lenient on due dates so no need to ask for an extension as it will not be granted.

## **Teaching Strategies:**

Please note that Mr. Todd Lawson (UTT-Adjunct) is the course creator and developed the general course content. You can expect that I will periodically add short videos checking in and highlighting important topics to focus on.



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It is important to begin with the expectation that this course will require a similar amount of time and effort from you as a face-to-face course, but that you will have more flexibility as to when you complete the work.

This class is divided into Modules. Each module contains course objectives, PowerPoint slides, video clips, articles, and other assignments that you will produce as the semester goes on.

You will want to make sure that you have read and taken notes over each chapter and viewed the additional module content before taking each exam.

## Textbook:

HDEV 5<sup>th</sup> edition, by Stephen Rathus [ISBN: 9781337116886]

*NOTE: A student at UT-Tyler is not under any obligation to purchase a textbook from a university-affiliated bookstore. The same textbook may also be available from an independent retailer, including an online retailer.*

## Exams:

- The exams are located in Canvas in their correct sequence.
- You may use your textbook, Power Points, notes, **but NOT another person**. Do not rely on these items exclusively because of the time constraints. You really need to KNOW the material.
- During the exam you are not allowed to do any backtracking. If you hit the back button it will lock you out of your exam.
- Each exam is a mixture of 100 questions, true/false and multiple choice.
- The exams are timed, 200 minutes each.
- Please study as if this was a lecture-based course.
- Please read the section on academic dishonesty. It is not tolerated **AT ALL**. If cheating is suspected, you will be reported to the Office of Student Affairs.

## Video Reflections:

You are to generate 5 critical thinking questions and answer them using credible sources (NOT Wikipedia, about.com, etc). Critical thinking questions are those that ask “why” and “what if” and evaluate the truth of information presented with previous knowledge and through additional research.

After asking your 5 critical thinking questions, you will attempt to answer each question by doing additional research beyond the scope of the film. Your answers should be written in full sentences and should be primarily in your own words. **Be sure that you cite all sources in APA style and**



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**include a Works Cited page.** Please read the section on academic dishonesty. It is not tolerated **AT ALL**. If cheating is suspected, you will be reported to the Office of Student Affairs.

The final component of your assignment is to write a reflection on the assignment. A reflection is not a summary, but an evaluation of your feelings, thoughts, and reactions to the information you've explored.

There is a grading rubric for these assignments in the "Getting Started" module. Once you have submitted an assignment through *Turnitin*, you cannot make any corrections or additions to the assignment.

## Discussion Boards:

There is a grading rubric for each discussion board activity which is located in the "Getting Started" module. The Discussion boards are located under specific modules.

Your initial post (IP) should be more than a summary of the film (assume that we have all already viewed it when you write) and demonstrate that you watched it in full. I encourage you to reflect on the film, highlight areas which surprised or interested you, and to include sources related to the topic that extend the discussion with your peers. You will also need to conclude your IP with a critical thinking question for your group to discuss.

Discussion posts with your group members are to be continual throughout the length of the assignment's open period.

**Be sure that you cite all sources in APA style.** Please read the section on academic dishonesty. It is not tolerated **AT ALL**. If cheating is suspected, you will be reported to the Office of Student Affairs.

## Course Schedule:

- See the due dates in the course summary at the bottom of the syllabus in Canvas.
- There are 7 unit modules and the Start Here module in this course, each with their own unit due dates.
- You have some flexibility in your schedule as each module is 2 weeks in length with the exception of the "Getting Started" module which is only one week and the last module where you will have almost 3 weeks to complete it. You **MUST** manage your time effectively, work steady, and make sure to meet **ALL** due dates on time. Modules will lock Sunday at 11:59pm. Because you have ample time to complete assignments, **I will not reopen a module for you to complete and turn in assignments.**



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- Assignments will be closed as due dates pass and late assignments will not be accepted.

## **Getting Started Module: Due Date - Sunday, August 30 by 11:59pm**

- Read and make sure you understand all the material contained here. Pay particular attention to the course schedule and the syllabus.
- Do the Meet and Greet discussion question to "show up" for the class and to practice for the other graded discussion postings.

## **Module 1: Due Date - Sunday, September 13 by 11:59pm**

- Chapter 1: History, Theories, and Methods
- Chapter 2: Heredity and Prenatal Development
- Chapter 3: Birth and the Newborn Baby: In the New World
- *Reflection 1: The Business of Being Born*

## **Module 2: Due Date - Sunday, September 27 by 11:59pm**

- Chapter 4: Infancy: Physical Development
- Chapter 5: Infancy: Cognitive Development
- Chapter 6: Infancy: Social and Emotional Development
- *Exam 1: Chapters 1 – 6*

## **Module 3: Due Date - Sunday, October 11 by 11:59pm**

- Chapter 7: Early Childhood: Physical and Cognitive Development
- Chapter 8: Early Childhood: Social and Emotional Development
- Chapter 9: Middle Childhood: Physical and Cognitive Development
- Chapter 10: Middle Childhood: Social and Emotional Development
- *Discussion 1: The Vaccine War*

## **Module 4: Due Date - Sunday, October 25 by 11:59pm**

- Chapter 11: Adolescence: Physical and Cognitive Development
- Chapter 12: Adolescence: Social and Emotional Development
- *Discussion 2: One Nation Overweight*
- *Exam 2: Chapters 7 - 12*

## **Module 5: Due Date - Sunday, November 8 by 11:59pm**

- Chapter 13: Early Adulthood: Physical and Cognitive Development



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- Chapter 14: Early Adulthood: Social and Emotional Development
- *Discussion 3: The Student Loan Problem*

## **Module 6: Due Date - Sunday, November 22 by 11:59pm**

- Chapter 15: Middle Adulthood: Physical and Cognitive Development
- Chapter 16: Middle Adulthood: Social and Emotional Development
- *Reflection 2: Action for Happiness*

## **Module 7: Due Date - Friday, December 11 by 11:59pm (please note the FRIDAY due date and plan accordingly!)**

- Chapter 17: Late Adulthood: Physical and Cognitive Development
- Chapter 18: Late Adulthood: Social and Emotional Development
- Chapter 19: Life's Final Chapter
- *Reflection 3: Facing Death*
- *Exam 3 Chapters 13 - 19*

### **Extra Credit Opportunity:**

You have two options for **ONE** extra credit opportunity for a potential 20 points added to your assignment points. I prefer all students do Option 1 if at all possible. Please note there is no partial credit for these – **it is all or nothing!**

### **Option 1: Counseling Sessions with Graduate Student Counselors-in-Training**

**\*\*NOTE** – All Counseling Sessions will be virtual this fall. There will be no need to come to campus.

- Extra credit points are available for you in this course for participating in volunteer counseling sessions with graduate students in Psychology and Counseling.
- To receive extra credit points, you must participate in at least 5 hours to receive credit. Please note, I will not give partial extra credit for 1-4 sessions. Students must meet the 5 hour minimum to receive the 20 points.
- To start, please fill out this screening form found here:  
<https://www.uttyler.edu/psychology/files/Counseling-Training-Clinic-Online-Screening-Form.pdf>
- Once completed, e-mail your form to [uttpsycoun.clinic@uttyler.edu](mailto:uttpsycoun.clinic@uttyler.edu)
- I will be informed about how many hours you participate at the end of the semester. I will NOT be informed of anything else related to the activity.
- Extra credit is ***not*** being offered in this course for participating in research, only for participating in counseling with graduate students.



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- You will not receive credit for signing up if you are not called and/or do not participate in at least 5 sessions of counseling.

## Option 2: Course Reflection

- If you are unable to participate in the counseling interviews extra credit opportunity (you are not called, you do not desire to participate, etc.) you may complete the Extra Credit Reflection.
- In a minimum of 1500 words, reflect on what you have learned in this course this semester.
- I am specifically looking at the quality of your response and the level to which you are genuine and honest and have analyzed your thoughts, beliefs, opinions, and life in relation to the content of this course. Papers with little content will not receive full points, even if they are 1500 words.
- NO submissions will be received through email.
- ONLY CHOOSE THIS IF YOU ARE **NOT** PARTICIPATING THE COUNSELING EXTRA CREDIT. You can only receive extra credit for ONE opportunity.

## Academic Dishonesty:

Canvas has tools that shows when/if a student has plagiarized information. It will generate a report once you submit your work and any information matching other sources will be highlighted in a document. I am sure you know that this would be considered to violate our Academic Dishonesty Policy and you will be turned into the Student Affairs office for review. Your work must be original and in your own words. I cannot stress enough; make sure ALL of your work is ORIGINAL. If you aren't sure if the work you are about to submit abides by the academic dishonesty policy of the university, don't submit it. You know if the work you are submitting is completely original. Make sure that you always include in-text citations as well as a Works Cited page in APA format with all of your work. For assistance with APA formatting, you may visit the writing center on campus and find this site to be helpful:

<https://owl.english.purdue.edu/owl/resource/560/01/>.

## University Policies

### UT Tyler Honor Code

Every member of the UT Tyler community joins together to embrace: Honor and integrity that will not allow me to lie, cheat, or steal, nor to accept the actions of those who do.

### Student Rights and Responsibilities

To know and understand the policies that affect your rights and responsibilities as a student at UT Tyler, please follow this link: <http://www.utt Tyler.edu/wellness/rightsresponsibilities.php>



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## Campus Carry

We respect the right and privacy of students 21 and over who are duly licensed to carry concealed weapons in this class. License holders are expected to behave responsibly and keep a handgun secure and concealed. More information is available at <http://www.uttyler.edu/about/campus-carry/index.php>

## UT Tyler a Tobacco-Free University

All forms of tobacco will not be permitted on the UT Tyler main campus, branch campuses, and any property owned by UT Tyler. This applies to all members of the University community, including students, faculty, staff, University affiliates, contractors, and visitors.

Forms of tobacco not permitted include cigarettes, cigars, pipes, water pipes (hookah), bidis, kreteks, electronic cigarettes, smokeless tobacco, snuff, chewing tobacco, and all other tobacco products.

There are several cessation programs available to students looking to quit smoking, including counseling, quitlines, and group support. For more information on cessation programs please visit [www.uttyler.edu/tobacco-free](http://www.uttyler.edu/tobacco-free).

## Grade Replacement/Forgiveness and Census Date Policies

### Fall 2020 Census Date – September 4

Students repeating a course for grade forgiveness (grade replacement) must file a Grade Replacement Contract with the Enrollment Services Center (ADM 230) on or before the Census Date of the semester in which the course will be repeated. Grade Replacement Contracts are available in the Enrollment Services Center or at <http://www.uttyler.edu/registrar>. Each semester's Census Date can be found on the Contract itself, on the Academic Calendar, or in the information pamphlets published each semester by the Office of the Registrar.

Failure to file a Grade Replacement Contract will result in both the original and repeated grade being used to calculate your overall grade point average. Undergraduates are eligible to exercise grade replacement for only three course repeats during their career at UT Tyler; graduates are eligible for two grade replacements. Full policy details are printed on each Grade Replacement Contract.

The Census Date is the deadline for many forms and enrollment actions that students need to be aware. These include:

- Submitting Grade Replacement Contracts, Transient Forms, requests to withhold directory information, approvals for taking courses as Audit, Pass/Fail or Credit/No Credit.
- Receiving 100% refunds for partial withdrawals. (There is no refund for these after the Census Date)



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- Schedule adjustments (section changes, adding a new class, dropping without a “W” grade)
- Being reinstated or re-enrolled in classes after being dropped for non-payment
- Completing the process for tuition exemptions or waivers through Financial Aid

## **State-Mandated Course Drop Policy**

Texas law prohibits a student who began college for the first time in Fall 2007 or thereafter from dropping more than six courses during their entire undergraduate career. This includes courses dropped at another 2-year or 4-year Texas public college or university. For purposes of this rule, a dropped course is any course that is dropped after the census date (See Academic Calendar for the specific date).

Exceptions to the 6-drop rule may be found in the catalog. Petitions for exemptions must be submitted to the Enrollment Services Center and must be accompanied by documentation of the extenuating circumstance. Please contact the Enrollment Services Center if you have any questions.

## **Disability Services**

In accordance with Section 504 of the Rehabilitation Act, Americans with Disabilities Act (ADA) and the ADA Amendments Act (ADAAA) the University of Texas at Tyler offers accommodations to students with learning, physical and/or psychological disabilities. If you have a disability, including a non-visible diagnosis such as a learning disorder, chronic illness, TBI, PTSD, ADHD, or you have a history of modifications or accommodations in a previous educational environment, you are encouraged to visit <https://hood.accessiblelearning.com/UTTyler> and fill out the New Student application. The Student Accessibility and Resources (SAR) office will contact you when your application has been submitted and an appointment with Cynthia Lowery, Assistant Director of Student Services/ADA Coordinator. For more information, including filling out an application for services, please visit the SAR webpage at <http://www.uttyler.edu/disabilityservices>, the SAR office located in the University Center #3150 or call 903.566.7079.

## **Student Absence due to Religious Observance**

Students who anticipate being absent from class due to a religious observance are requested to inform the instructor of such absences by the second class meeting of the semester.

## **Student Absence for University-Sponsored Events and Activities**

If you intend to be absent for a university-sponsored event or activity, you (or the event sponsor) must notify the instructor at least two weeks prior to the date of the planned absence. At that time the instructor will set a date and time when make-up assignments will be completed.



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## **Social Security and FERPA Statement**

It is the policy of The University of Texas at Tyler to protect the confidential nature of social security numbers. The University has changed its computer programming so that all students have an identification number. The electronic transmission of grades (e.g., via e-mail) risks violation of the Family Educational Rights and Privacy Act; grades will not be transmitted electronically.

## **Emergency Exits and Evacuation**

Everyone is required to exit the building when a fire alarm goes off. Follow your instructor's directions regarding the appropriate exit. If you require assistance during an evacuation, inform your instructor in the first week of class. Do not re-enter the building unless given permission by University Police, Fire department, or Fire Prevention Services.

## **Student Standards of Academic Conduct**

Disciplinary proceedings may be initiated against any student who engages in scholastic dishonesty, including, but not limited to, cheating, plagiarism, collusion, the submission for credit of any work or materials that are attributable in whole or in part to another person, taking an examination for another person, any act designed to give unfair advantage to a student or the attempt to commit such acts.

(i) "Cheating" includes, but is not limited to:

- copying from another student's test paper;
- using during a test, materials not authorized by the person giving the test;
- failure to comply with instructions given by the person administering the test;
- possession during a test of materials which are not authorized by the person giving the test, such as class notes or specifically designed "crib notes". The presence of textbooks constitutes a violation if they have been specifically prohibited by the person administering the test;
- using, buying, stealing, transporting, or soliciting in whole or part the contents of an unadministered test, test key, homework solution, or computer program;
- collaborating with or seeking aid from another student during a test or other assignment without authority;
- discussing the contents of an examination with another student who will take the examination;
- divulging the contents of an examination, for the purpose of preserving questions for use by another, when the instructor has designated that the examination is not to be removed from the examination room or not to be returned or to be kept by the student;



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- substituting for another person, or permitting another person to substitute for oneself to take a course, a test, or any course-related assignment;
  - paying or offering money or other valuable thing to, or coercing another person to obtain an unadministered test, test key, homework solution, or computer program, or information about an unadministered test, test key, homework solution or computer program;
  - falsifying research data, laboratory reports, and/or other academic work offered for credit;
  - taking, keeping, misplacing, or damaging the property of U. T. Tyler, or of another, if the student knows or reasonably should know that an unfair academic advantage would be gained by such conduct; and,
  - misrepresenting facts, including providing false grades or resumes, for the purpose of obtaining an academic or financial benefit or injuring another student academically or financially.
- (ii) “Plagiarism” includes, but is not limited to, the appropriation, buying, receiving as a gift, or obtaining by any means another’s work and the submission of it as one’s own academic work offered for credit.
- (iii) “Collusion” includes, but is not limited to, the unauthorized collaboration with another person in preparing academic assignments offered for credit or collaboration with another person to commit a violation of any section of the rules on scholastic dishonesty.
- (iv) All written work that is submitted will be subject to review by plagiarism software.

## **CEP Vision and Mission and Program Standards**

### **Vision**

The College of Education and Psychology is nationally recognized and respected for its academic programs and opportunities. It is a center of academic excellence, scholarly inquiry, and public service. The College prepares leaders to meet the critical challenges of the 21st Century, to make significant contributions to local and global communities, and to work toward individual and cultural equity.

### **Mission**

The mission of the College of Education and Psychology is to provide a positive environment that fosters the acquisition of knowledge and skills. The mission is individually and collectively realized through a community of scholars that contributes to knowledge through scholarly inquiry; organizes knowledge for application, understanding and communication; and provides leadership and service. Additionally, the College is committed to affirming and promoting global perspectives, cultural diversity, and respect for individual differences as a means of enhancing learning, service, and scholarship.