

MASTERS OF ARTS IN CLINICAL MENTAL HEALTH COUNSELING (CMHC)

DEGREE PLAN

Student name:	Student ID:
Telephone:	Advisor:
E-mail Address:	Prior Degree Held:
Street Address:	Prior Degree Major:
City, State, ZIP:	Prior Degree School:
Semester & Year of First UTT Graduate Enrollment:	Required Completion Date: (First + 6 years):

I. Didactic Core Requirements:

Course No. & Prefix	Course Titles	Pre-requisites	Semester Credit Hours	Semester/Year
	<i>Didactic Core:</i>			
COUN 5312*	Counseling Theories and Applications		3	
COUN 5328*	Foundations & Ethics of Clinical Mental Health Counseling		3	
COUN 5308	Diagnosis and Treatment Planning in Counseling	COUN 5312, COUN 5328, COUN 5391	3	
COUN 5340	Research and Program Evaluation		3	
COUN 5384	Advanced Counseling Theories and Evidence-Based Practices	COUN 5392, COUN 5312	3	
COUN 5368	Assessment Techniques in Counseling	COUN 5312, COUN 5328, COUN 5391	3	
PSYC 5320	Advanced Human Growth & Development		3	
COUN 5345	Group Counseling and Therapy	COUN 5312, COUN 5328, COUN 5391	3	
COUN 5335	Career Counseling & Assessment	COUN 5312	3	
COUN 5324	Cultural Diversity and Advocacy		3	
COUN 5326	Addictions Counseling	COUN 5312, COUN 5328, COUN 5391	3	
COUN 5395	Professional Practice in CMHC	COUN 5393 or PSYC 5393	3	
COUN 5313	Family Therapy	COUN 5312, COUN 5328, COUN 5391	3	
		Subtotal	(39)	

II. Clinical Skills Core Requirements:

Course No. & Prefix	Course Titles	Pre-requisites	Semester Credit Hours	Semester/Year
COUN 5391*	Essential Counseling Skills		3	
COUN 5392	Helping Relationships & Clinical Interviewing	"B" or better in COUN 5312, COUN 5328, and COUN 5391	3	
COUN 5393	Practicum in Clinical Mental Health Coun (100 hrs, 40 direct)	Pre-Requisites: COUN 5392, COUN 5324; Co-Requisite: COUN 5308	3	
COUN 5396	Internship I (300 hours on site, 120 direct)	COUN 5393 , COUN 5308, PSYC 5320, COUN 5324, COUN 5368, PSYC 5345, COUN 5340, COUN 5335,	3	
COUN 5397	Internship II (300 hours on site, 120 direct)	COUN 5396	3	
		Subtotal	(15)	

III. Electives:

Course No. & Prefix	Course Titles	Pre-requisites	Semester Credit Hours	Semester/Year
			3	
			3	
		Subtotal	(6)	
		TOTAL	(60)	

Approvals:

- ☐ By checking this box, student acknowledges that they have read the CMHC Student Handbook in its entirety.

Student Signature:

Date:

Advisor Signature:

Date:

Disclaimer: The course descriptions and class periodicity provided on the UT Tyler website serves as student resources. The Department of Psychology and Counseling reserves the right to change, add and delete course offerings and to alter, add or cancel course sections. The best way to ensure you progress towards degree completion is to consult regularly with your faculty advisor.

Clinical Mental Health Counseling Schedule of Course offerings

Course	Fall	Spring	Summer
COUN 5312 Counseling Theories and Applications	X	X	
COUN 5328 Foundations and Ethics of Clinical Mental Health Counseling	X	X	
COUN 5308 Diagnosis and Treatment Planning in Counseling		X	X
COUN 5340 Research and Program Evaluation		X	X
COUN 5384 Advanced Theories and Evidence Based Practice	X		
COUN 5368 Assessment Techniques in Counseling	X	X	
COUN 5345 Group Counseling and Therapy	X	X	
COUN 5335 Career Counseling and Assessment		X	X
COUN 5324 Cultural Diversity and Advocacy	X		X
COUN 5326 Addictions Counseling	X		X
COUN 5395 Professional Practice in Clinical Mental Health Counseling			X
PSYC 5320 Advanced Human Growth and Development	X	X	
COUN 5391 Essential Counseling Skills	X	X	
COUN 5392 Helping Relationships and Clinical Interviewing	X	X	
COUN 5393 Practicum in Clinical Mental Health Counseling	X	X	
COUN 5396 Internship I	X	X	X
COUN 5397 Internship II	X	X	X
COUN 5313 Family Therapy	X	X	
COUN/PSYC 5330 Counseling Children and Adolescents		X	X
COUN XXXX Trauma Informed Counseling	X		X
COUN XXXX Special Topics: Play Therapy			X (rotating offered some summers)
COUN 5315 Couples Counseling			X (rotating offered some summers)
For other electives please check the PSYC Schedule of Course Offerings			