

Randall M. Moate, Ph.D.

Associate Professor
CMHC Program Coordinator
Department of Psychology & Counseling
University of Texas at Tyler
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PROFESSIONAL EXPERIENCE

- The University of Texas Tyler – Tyler, TX Fall 2020
Associate Professor, Department of Psychology & Counseling
- The University of Texas Tyler – Tyler, TX Fall 2018 - Present
Program Coordinator, Clinical Mental Health Counseling Program
- The University of Texas Tyler – Tyler, TX Fall 2015 - Present
Assistant Professor, Department of Psychology & Counseling
- Heidelberg University – Tiffin, OH Fall 2014 – Spring 2015
Visiting Professor, Master of Counseling Program
- Indiana University of Pennsylvania – Monroeville, PA Fall 2012
Adjunct Professor, Department of Counseling

RESEARCH / SCHOLARSHIP

PUBLICATIONS

- West, E., **Moate, R.**, Baltrinic, E., & Fye, H. (In Press). Counselor educators' perspectives of helpful learning for CMHC students. *Counselor Education & Supervision*.
- Moate, R.**, Holm, J., Gnilka, P. (In Press). Alcohol and substance use symptom differences between classes of perfectionists. *Journal of Counseling & Development*.
(IF: 1.381)
- Moate, R.**, Gnilka, P., West, E., Rice, K. (2019). Doctoral student perfectionism and emotional wellbeing. *Measurement and Evaluation in Counseling and Development*.
(AR: 15% | IF: .902)
- West, E., Cox, J., Guillot Miller, L., **Moate, R.** (2018). Parents' perceptions of their young children's social interest experiences. *Journal of Individual Psychology*

Baltrinic, E., **Moate, R.**, Hinkle, M., Jencius, M., Taylor, J. (2018). Counselor Educators' Teaching Mentorship Styles: A Q Methodology Study. *The Professional Counselor*. (AR: 11%)

Moate, R., Cox, J., Brown, S., & West, E. (2017). Perceptions of Helpfulness of Teachers in Didactic Courses. *Counselor Education & Supervision*. (AR: 11.97%)

Moate, R., Holm, J., West, E. (2017) Perceptions of helpfulness of teachers in experiential courses. *The Professional Counselor*. (AR: 11%)

West, E., Guillot Miller, L., & **Moate, R.** (2017). Single mothers' experiences of support at their young child's school: An interpretive phenomenological approach. *Early Childhood Education Journal*. (IF: 0.927)

Moate, R., Gnilka, P., West, E., & Bruns, K. (2016). Stress and burnout among counselor educators: Differences between adaptive, maladaptive, and nonperfectionists. *Journal of Counseling & Development*. (AR: 14% | IF: 1.216)

Gnilka, P., Ashby, J., Rice, K., & **Moate, R.** (2016). Adult attachment styles and multidimensional perfectionism: Differences in the working and supervisory alliances. *Journal of Counseling & Development*. (AR: 14% | IF: 1.216)

Moate, R., & Cox, J. (2015). Learner-centered pedagogy: Considerations for application in a didactic course. *The Professional Counselor*. (AR: 27%)

MANUSCRIPTS UNDER REVIEW

West, E., **Moate, R.**, McKinney, R. (Revise and Resubmit). Novice school counselors' role closing the achievement gap with low-income adolescents. *Journal of Multicultural Counseling and Development*.

MANUSCRIPT PREPERATION

Gnilka, P., Ashby, J., Rice, K., **Moate, R.** HEXACO model and perfectionism.

Moate, R., Gnilka, P., West, E. Multidimensional perfectionism, career thoughts, and self-efficacy.

BOOK CHAPTER INTRODUCTIONS

Moate, R. (2014). How my counseling theory has informed my practice. In B. T. Erford (Ed.), *Orientation to the counseling profession: Advocacy, ethics and essential professional foundations* (2nd ed.). Columbus, OH: Pearson Merrill Prentice Hall.

Moate, R. (2014). My reflections on working with clients experiencing loss and grief. In L. Jackson-Cherry & B. T. Erford (Eds.), *Crisis intervention and prevention* (2nd ed.). Columbus, OH: Pearson Merrill Prentice Hall.

TEACHING EXPERIENCE

University of Texas at Tyler

Assistant Professor

COUN 5391 Essential Counseling Skills

Fall 2018 / Fall 2020

University of Texas at Tyler

Assistant Professor

COUN 5312 Counseling Theories and Applications

Fall 2016 / Fall 2018

University of Texas at Tyler

Assistant Professor

COUN 5324 Cultural Diversity and Advocacy

Fall 2015 / Fall 2020

University of Texas at Tyler

Assistant Professor

COUN 5328 Foundations & Ethics in Clinical Mental Health Counseling

Fall 2015 / Fall 2020

University of Texas at Tyler

Assistant Professor

COUN 5993 Practicum in Clinical Mental Health Counseling

Spring 2017 / Spring 2019

Heidelberg University

Visiting Professor

COU 505 Techniques of Counseling

Spring 2015

Heidelberg University

Visiting Professor

COU 506 Theories of Counseling

Fall 2014 / Spring 2015

Heidelberg University

Visiting Professor

COU 509 Philosophy and History of Counseling

Fall 2014 / Spring 2015

Heidelberg University

Visiting Professor

COU 596/597 Internship in School Counseling

Fall 2014

Indiana University of Pennsylvania

Adjunct Instructor

COUN 659 Secondary School Counseling Practicum

Fall 2012

Indiana University of Pennsylvania

Adjunct Instructor

COUN 657 Individual Counseling Practicum

Fall 2012

SUPERVISION EXPERIENCE

University of Texas at Tyler

Spring 2017, Spring 2019

Supervisor

Supervised six clinical mental health counseling practicum students.

Heidelberg University

Fall 2014

Supervisor

Supervised one school counseling practicum student and five school counseling internship students.

Indiana University of Pennsylvania

Fall 2012

Supervisor

Supervised six school counseling practicum students, and four community mental health counseling students.

CLINICAL EXPERIENCE

March 2018 – Current

Community Agency

Samaritan Counseling Center

Licensed Professional Counselor

Specializations: adolescent populations, depression, anxiety, grief counseling, and cultural/identity-related issues.

June 2012 – July 2015

Private Practice

Avenues Counseling & Mediation LLC – Medina, OH

Individual and Couples Counselor

Specializations: adolescent populations, depression, anxiety, grief counseling, and cultural/identity-related issues.

Fall 2010 – Summer 2013

Counseling and Human Development Center

Kent State University

Teaching Fellow

Duties included: liaison to Master's level practicum courses, scheduling clients, coordinating counseling services with community resources, facilitating CHDS outreach on campus, and crisis supervision to Master's level practicum students.

Spring 2011

Counseling and Human Development Center

Kent State University

Counselor – Practicum in Couples and Family Therapy

Duties included: providing counseling services to couples, families, and children.

Fall 2009 – Spring 2010 Western Illinois University Counseling Center
Western Illinois University
Counselor – Counseling Intern
Duties included: providing individual mental health counseling, crisis response, staffing of cases, completed outreach projects for UCC, coordinated National Depression Screening Day.

PROFESSIONAL PRESENTATIONS

INTERNATIONAL PEER REVIEWED

Gnilka, P., **Moate, R.**, Rice, K., & Ashby, J. (2013; unable to attend). Meaning in life as a moderator and mediator of multidimensional perfectionism, perceived stress, and life satisfaction in doctoral students. Research symposium at 2013 Perfectionism Symposium, Johannesburg, South Africa.

NATIONAL PEER REVIEWED

Moate, R., West, E. (2019, October). What is most helpful for CMHC students to learn during their master's degree programs. Poster session at the Association for Counselor Education and Supervision Conference in Seattle, WA.

Moate, R., West, E., Cox, J. (2017, October). Helpfulness of counselor educators in didactic courses. Poster session at the Association for Counselor Education and Supervision Conference in Chicago, IL.

Gnilka, P., DeBusk-Lane, M., **Moate, R.**, Rice, K., Ashby, J., Zumbrunn, S. (2017, May). Perfectionism and the Hexaco Model of Personality. Poster at the Association for Psychological Science, Boston, MA.

Baltrinic, E., Guillot Miller, L., **Moate, R.** (2016, July). Working with students with disruptive behavior disorders. Educational session at the 2016 American School Counselor Association Conference, New Orleans, LA.

Moate, R., Gnilka, P. (2015, October). A longitudinal study of perfectionism and wellness in counselor education students. Poster presentation at the 2015 Association for Counselor Education and Supervision Conference, Philadelphia, PA.

Baltrinic, E., **Moate, R.** (2015, October). Using Q methodology to investigate pedagogy in counselor education. ACES Inform educational session at the 2015 Association for Counselor Education and Supervision Conference, Philadelphia, PA.

Cox, J., West, E., Perjessy, C., **Moate, R.**, Rodriguez, A. (2015, October). Training future counselor educators: Analysis of CES college teaching syllabi. Education session at the 2015 Association for Counselor Education and Supervision Conference, Philadelphia, PA.

Moate, R., Bruns, K., Branfield, M., Duenyas, D., Akcil, S., & Gnilka, P. (2013, October). Perfectionism and cultural/contextual factors associated with stress and burnout among counselor educators. Poster presentation accepted for the 2013 Association for Counselor Education and Supervision Conference, Denver, CO.

Smith, H., West, E., Akcil, S., **Moate, R.**, Giullot-Miller, L., Gnilka, P. (2013, October). Promoting professional wellness during graduate training of school counselors. Research symposium at the 2013 Association for Counselor Education and Supervision Conference, Denver, CO.

Moate, R., West, E., Bruns, K., & Gnilka, P. (2013, March). Multidimensional perfectionism, depression, and life satisfaction in a college counseling center. Poster session at the 2013 American Counseling Association Annual Conference, Cincinnati, OH.

West, E., Bruns, K., **Moate, R.**, & Gnilka, P. (2013, March). Characteristics of counselors who advocate in their professional role. Poster session at the 2013 American Counseling Association Annual Conference, Cincinnati, OH.

West, E., **Moate, R.**, Gnilka, P., & Lineburgh, J. (2011, October). Adult attachment style and multidimensional perfectionism difference on the working alliance, and supervisory alliance. Poster session at the 2011 Association for Counselor Education & Supervision Conference, Nashville, TN.

Moate, R., Lineburgh, J., West, E., & Gnilka, P. (2011, October). A comparative analysis of wellness levels between doctoral students in counselor education and doctoral students in other fields. Poster session at the 2011 Association for Counselor Education & Supervision Conference, Nashville, TN.

REGIONAL PEER REVIEWED

West, E. M., & Moate, R. M., (2018, October). Preparing school counselors to work with students in poverty. Educational Session presented at the Southern Association for Counselor Education and Supervision, Myrtle Beach, SC.

Moate, R., West, E. (2016, October). Professional counselors' perceptions of helpful aspects of their teachers of experiential classes. Poster session at the 2016 Southern Association for Counselor Education and Supervision Conference, New Orleans, LA.

Gnilka, P., **Moate, R.**, West, E. (2016, September). A primer on latent profile analysis in counseling research. Educational session at the 2016 Association for Assessment and Research in Counseling Conference, Ft. Lauderdale, FL.

Smith, H., Dennis, E., West, E., & **Moate, R.** (2014, October). Counselor reflections on cross-disciplinary approaches to wellness. Roundtable discussion at the 2014 North Central Association for Counselor Education and Supervision Conference, St. Louis, MO

Moate, R., Bruns, K., West, E., & Gnilka, P. (2012, September). Doctoral student stress, meaning in life, and life satisfaction: Differences among perfectionists. Poster session at the 2012 Southern Association for Counselor Education and Supervision Conference, Savannah, GA.

Bruns, K., Schnyders, C., **Moate, R.**, West, E., Akcil, S., & Gnilka, P. (2012, September). Tools for practicum instructors: Working with suicidal clients on the college campus. Poster session at the 2012 Southern Association for Counselor Education and Supervision Conference, Savannah, GA.

Bruns, K., **Moate, R.**, & Gnilka, P. (2012, October). "How to guide" for counselor educators, on conducting research in a college counseling center. Poster session at the 2012 North Central Association for Counselor Education and Supervision Conference, Kansas City, MO.

LEADERSHIP AND PROFESSIONAL SERVICE

REGIONAL LEVEL

NCACES Graduate Student Representative (2012)

Organized and co-facilitated two panel discussions that pertained to Teaching, and Research and Scholarship in Counselor Education. Organized a graduate student social event where doctoral students had the opportunity to speak with several new counselor educators, about the process of finding a job.

NCACES Conference Program Evaluator (2012)

Reviewed proposals that were submitted to the 2012 NCACES conference.

STATE LEVEL

OACES Spring Planning Committee (2012)

Worked with the OACES president to plan and organize events as the 2012 OACES Spring Conference in Columbus, Ohio.

UNIVERSITY LEVEL

National Depression Screening Day Student Coordinator (2009) – Western Illinois University
Volunteered to help coordinate National Depression Screening Day at Western Illinois University Counseling Center.

ECHUG Day Volunteer Counselor (Spring 2009) – Western Illinois University

Campus wide initiative to screen students for unsafe drinking habits using the ECHUG.

Roles included helping to set up the event, helping participants interpret the results from their assessment, and providing participants with information and resources.

DEPARTMENT LEVEL

CMHC Program Coordinator (Fall 2018 – current) – University of Texas Tyler

Help facilitate bi-weekly program meetings, scheduling, admissions, and serves as CACREP liaison. Currently working on completing CACREP self-study for July 2021 submission.

Member of the UT Tyler Diversity Committee (2019 – current) – University of Texas Tyler
Committee promotes diversity and inclusion on the UT Tyler campus.

Member of the Vision 2025 Committee (2016) – University of Texas Tyler
Committee was designed to address goals and changing needs of the CMHC department with the College of Education and Psychology at UT Tyler.

CSI Executive Committee, Doctoral Student Liaison (2012) – Kent State University
Helped to organize and facilitate several social events and took part in Executive Committee meetings.

Manager of the Almost Perfect Research Team (Fall 2010 – Fall 2014) – Kent State University
Research team headed by Dr. Gnilka and Dr. Lynn Guillot-Miller meets weekly to discuss scholarly projects and collaborate on research pertaining to stress, perfectionism, and coping styles. As manager I co-facilitate weekly meetings, handle clerical duties, organize our research and presentation agendas, and assist research team members with their projects.

COMMUNITY LEVEL

UTT Faculty representative for East Texas Human Needs Network (2015 – current) - Tyler, TX
Helped with analyzing data from a comprehensive needs based assessment from low-income and vulnerable populations in Tyler, Texas.

PROFESSIONAL AFFILIATIONS

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| American Counseling Association | Fall 2010 – Present |
| Association for Counseling Educators and Supervision | Fall 2010 – Present |
| Southern Association for Counseling Educators and Supervision | Spring 2012 – Present |
| North Central Association for Counseling Educators and Supervision | Spring 2012 – 2018 |
| Chi Sigma Iota | Spring 2007 – Fall 2014 |

EDUCATION

Kent State University – Kent, OH
Doctorate of Philosophy in Counseling & Human Development Services (CACREP Accredited)
Graduated: December 2014
Dissertation: Novice professional counselors' perceptions of what was most helpful to them about their teachers in didactic classes during their master's program.

Western Illinois University – Moline, IL
Master of Science in Counselor Education (CACREP Accredited)
Specialization: Community Counseling
Graduated: Spring 2010

Master's Thesis: A counselor's lived experience of stigmatization related to the diagnosis of a family member: A preliminary phenomenological exploration

Hartwick College – Oneonta, NY

Bachelor of Arts Degree

Major: Psychology

Graduated: January 2006

Undergraduate Thesis: A critical analysis of classic and contemporary views on transference and countertransference: Are new ideas necessarily better than old ones?

AWARDS

2018-2019 UT Tyler, Alpha Chi *Outstanding Faculty Member Award*

LICENSURE AND CERTIFICATIONS

Texas Licensed Professional Counselor (#: 78597)

National Certified Counselor (#: 267298)