

Erin M. West Ph. D., LPC (OH, TX), PSC (OH)

Assistant Professor

Clinical Mental Health Counseling Practicum and Internship Program Coordinator

University of Texas at Tyler

Department of Psychology and Counseling, HPR 214

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Tyler, TX 75700

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EDUCATION

Ph.D. – Counselor Education and Supervision (CACREP-Accredited) August, 2016
Kent State University – Kent, Ohio

M.Ed. – Clinical Mental Health Counseling (CACREP-Accredited) December, 2012
Kent State University – Kent, Ohio

B.A. – Psychology (Summa Cum Laude, with Honors) May, 2010
Kent State University – Kent, Ohio

FACULTY APPOINTMENTS

Assistant Professor August 2018 – Present
Department of Psychology and Counseling
University of Texas at Tyler
(3-3 Teaching Load)

Practicum and Internship Coordinator August 2019 – Present
Clinical Mental Health Counseling Program
University of Texas at Tyler

Lecturer August 2016 – May 2018
Department of Psychology and Counseling
University of Texas at Tyler
(4-4 Teaching Load)

LICENSURE

Texas Licensed Professional Counselor (#80007)
Ohio Licensed Professional Counselor (#C.1200212)
Ohio Professional School Counselor (OH3237828)

PEER-REVIEWED PUBLICATIONS

Miller Marsh, M., Kenyon, E. A., Cardy, T., & West, E. M. (In Press). “That’s my voice!”:
Participation and democratic citizenship in the early childhood classroom. *Democracy and
Education*.

- Moate, R. M., Gnilka, P. B., **West, E. M.**, & Rice, K. G. (2019). Doctoral student perfectionism and emotional well-being. *Measurement and Evaluation in Counseling and Development*, 52(3), 145-155, DOI: [10.1080/07481756.2018.1547619](https://doi.org/10.1080/07481756.2018.1547619)
- West, E. M.**, Guillot Miller, L., Cox, J. A., & Moate, R. M. (2018). Parents' perceptions of young children's social interest experiences. *Journal of Individual Psychology*, 74(4), 368-387.
- McKinney, R., **West, E. M.**, Fye, M., Bradley, R., & Storlie, C. A. (2018). Chi Sigma Iota chapter faculty advisors' experiences of professional identity. *Journal of Counselor Leadership and Advocacy*, 5(1), 56-70.
- Moate, R., Brown, S., Cox, J., & **West, E. M.** (2017). Helpfulness of teachers in didactic courses. *Counselor Education and Supervision*, 56, 242-258.
- Moate, R., Holm, J., & **West, E. M.** (2017). Perceptions of helpfulness of teachers in experiential courses. *The Professional Counselor*, 7, 155-168.
- Osborn, C. J., **West, E. M.**, & Nance, W. Z. (2017). Experiences of counselors-as-clients in counselor education. *Counselor Education and Supervision*, 56, 112-129.
- West, E. M.**, Guillot Miller, L., & Moate, R. (2017). Single mothers' experiences of support at their young children's school: An interpretative phenomenological approach. *Early Childhood Education Journal*, 45(3), 379-391.
- Moate, R., Gnilka, P. B., **West, E. M.**, & Bruns, K. (2016). Stress and burnout among counselor educators: Differences between adaptive, maladaptive, and nonperfectionists. *Journal of Counseling and Development*, 94, 161-171.
- West, E. M.**, & Cox, J. C. (2014). Facilitating an empathic "way of being": From experiencing to conveying. *The Person Centered Journal*, 21(1-2), 35-54.

MANUSCRIPTS UNDER REVIEW

- West, E. M.**, Moate, R. M., & McKinney, R. School counselors' role closing the achievement gap with low-income adolescents. Submitted to *Journal of Multicultural Counseling and Development* November 30, 2018 (revise and resubmit completed August 2019, second revise and resubmit completed June 2020).
- West, E. M.**, Moate, R. M., Baltrinic, E., & Fye, H. (Submitted to *Counselor Education and Supervision* August 4, 2020). Counselor educators' beliefs about important learning for CMHC students.
- Zolkoski, S., Estrada, S., **West, E. M.**, Miller, G., Sass, S., Holm, J., & Stocks, E., (Submitted to *The Rural Educator* September, 2020). Teacher perceptions of skills, knowledge, and resources needed to promote social and emotional learning in rural classrooms.

MANUSCRIPTS IN PREPARATION

West, E. M. & Moate, R. M., Maitra, S.* (Data collection complete, analyzing data). Professional counselors' experiences working with low-income child and adolescent clients.

West, E. M., Zolkoski, S., Holm, J., & Lockhart, J.* (Data collection complete, analyzing data). Low-Income students' experiences of support and resiliency in a rural Title I school.

Moate, R., Gnilka, P. B., **West, E. M.** (In preparation – collecting data). Multidimensional perfectionism, career thoughts, and self-efficacy.

NON-PEER REVIEWED PUBLICATIONS

Zolkoski, S. M., Holm, J. M., **West, E. M.**, Miller, G. J., Stocks, E. L., & Sass, S. M. (2020). Social and emotional learning in rural schools: Parent perspectives. *Kappa Delta Pi Record*.

West, E. M., Noster, C., & Storlie, C. A. (2015). Advocacy for equal access to mental health services. *Counselors for Social Justice Newsletter*. Retrieved at: <http://counselorsforsocialjustice.net/email/index.html>

EXTERNAL FUNDING

2017 Hogg Foundation for Mental Health
Improving Academic Achievement through Mental Health
Project Title: *Positively Successful at School*
Role: Co-PI
Amount Requested: \$297,957.00
Not Funded

2015-2016 Chi Sigma Iota Excellence in Research Grant
Focus: *Chi Sigma Iota Chapter Faculty Advisors' Experiences of Professional Identity*
Authors: McKinney, R., Fye, M., **West, E. M.**, Bradley, R. & Storlie, C. A.
Amount awarded: \$500.00

ACCREDITATION EXPERIENCE

UT Tyler CMHC CACREP Self Study – In progress, Due Summer 2021

TEACHING EXPERIENCE

University of Texas at Tyler

COUN 5328 Foundations and Ethics of Clinical Mental Health Counseling

COUN 5396/7 Internship in Clinical Mental Health Counseling

COUN 5380 Special Topics in Counseling: Play Therapy

- PSYC 5345 Group Counseling and Therapy
- COUN 5384 Advanced Theories and Evidence Based Practice
**This was a new course which I co-developed for the Counseling Program*
- COUN 5392 Helping Relationships
- PSYC 5330 Counseling Children and Adolescents
- COUN 5395 Professional Practice in Clinical Mental Health Counseling
- COUN 5393 Practicum in Clinical Mental Health Counseling
**Course includes individual and group supervision of CMHC students*
- COUN 5368 Assessment in Clinical Mental Health Counseling
**This was a new course which I developed for the Counseling Program*
- PSYC 5392 Applied Counseling Practice
- PSYC 5382 Cognitive Behavioral Therapy & Applications
- COUN 5386 Supervised Internship in School Counseling
** Course includes individual, group, and live supervision of SC students*

Kent State University – Part Time Instructor

CES 6/78067 Counseling Children

CLINICAL EXPERIENCE

Samaritan Counseling Center
Tyler, TX

2018-2020

Outpatient Therapist, LPC

I maintained a caseload of approximately seven clients for weekly individual and family counseling. The majority of my clients are children and adolescents with presenting issues including anxiety, parent-child relational concerns, behavioral concerns, trauma, and grief.

University of Texas at Tyler Counseling Training Clinic
Tyler, TX

2017-2018

Interim Training Clinic Coordinator

I served as the director for our on-campus training clinic which acts as the Department of Psychology and Counseling practicum site. This clinic serves undergraduate students at the University of Texas at Tyler. The director position involves client assignment, care facilitation, crisis management, and oversight of clinic daily operations.

Kent State University Child Development Center
Kent, OH

2013-2016

Family Services Coordinator

I conducted needs assessments at the school and helped link children and families with community services when appropriate. I coordinated with public school districts to identify

children's learning and developmental needs. I met with parents and caregivers to address concerns regarding children's adjustment, development, and behavior. I completed formal and informal child classroom observations and developed behavior plans for children. I assisted teachers with supporting children's behavioral, emotional, and developmental needs in the classroom. Additionally, I designed and conducted research studies at the school.

Cuyahoga Falls High School
Cuyahoga Falls, OH

2014-2015

Doctoral Counseling Intern

I completed a 700 hour, yearlong doctoral school counseling internship under the supervision of Rachel Muster, M.Ed., PSC, LPCC-S and Courtney Wenzel, M.Ed., PSC, LPC. I conducted classroom guidance, small group counseling, individual counseling and college/career planning with adolescents in grades 9 through 12. I attended and co-lead IEP and 504 meetings to advocate for student needs and services. Additionally, I received supervision on a weekly basis.

Kent State University
Kent, OH

Summer 2014

Doctoral Student Supervisor

I supervised Master's students during their practicum experience in the Kent State University Counseling and Human Development Center under supervision of Dr. Jane Cox, LPCC-S.

Kent State University Counseling and Human Development Center
Kent, OH

2014

Teaching Fellow

I worked in Kent State University's on-campus counseling center which also serves as a training facility for master's and doctoral level counseling students. The counseling center serves students, faculty, staff, and community members. As a graduate assistant, I liaised with master's level clinical mental health counseling practicum courses and provided crisis supervision to master's level practicum students. Additionally, I coordinated counseling services, facilitated outreach on campus, and conducted crisis counseling when needed. I worked under the supervision of Dr. Jason Miller, LPCC-S.

Kent State University
Kent, OH

Fall 2012

Doctoral Student Supervisor

Supervised Master's students during their practicum experience in the Kent State University Counseling and Human Development Center under supervision of Dr. Cynthia Osborn, LPCC-S.

Kent State University Counseling and Human Development Center
Kent, OH

Fall 2013

Doctoral Advanced Practicum Student

I completed a 100-hour doctoral advanced practicum under the supervision of Joan Rogers M.Ed., LPCC-S. I maintained a caseload of approximately six clients per week and provided video-recorded outpatient individual counseling.

Child Guidance and Family Solutions – Front Street Office
Cuyahoga Falls, OH

2012-2013

Outpatient Therapist

I provided diagnosis and treatment of mental and emotional disorders for children,

adolescents, and adults through individual, family, and group counseling under the supervision of Megan Petruzzi M.Ed., LPCC-S.

Child Guidance and Family Solutions – East Office
Akron, Ohio

2012

Clinical Mental Health Counseling Intern

I provided diagnosis and treatment of mental and emotional disorders in children, adolescents, and adults through individual, group and family counseling under the supervision of Thelma Greaser M. Ed., LPCC-S.

Kent State University Counseling and Human Development Center
Kent, OH

2011

Counseling Practicum (I & II) Student

I completed a 100-hour practicum over two semesters and Kent State's on-campus counseling center under the supervision of Dr. Jane Cox, LPCC-S and Dr. Paul Schoenberg, LPCC-S.

PEER-REVIEWED PROFESSIONAL PRESENTATIONS

NATIONAL LEVEL

Moate, R. M., & **West, E. M.** (2019, October). What is most helpful for CMHC students to learn during their master's degree programs. Poster Presentation at the Association for Counselor Education and Supervision Conference in Seattle, WA.

McKinney, R., **West, E. M.**, & Storlie, C. (2017, October). The professional counselor identity of Chi Sigma Iota chapter faculty advisors. Educational Session at the Association for Counselor Education and Supervision Conference in Chicago, IL.

Moate, R. M., **West, E. M.**, Cox, J. A. (2017, October). Helpfulness of counselor educators in didactic courses. Poster session at the Association for Counselor Education and Supervision Conference in Chicago, IL.

Fye, H., Rainey, S., **West, E. M.**, & Baltrinic, E., (2016, July). The relationship between implementing the ASCA National Model, job satisfaction, and burnout: What school counselors need to know. Educational session at the American School Counseling Association Conference in New Orleans, LA.

McKinney, R., **West, E. M.**, & Storlie, C. A. (2016, April). Faculty advisors' experiences of professional identity within Chi Sigma Iota. Poster session at the American Counseling Association Conference, Montreal, CA.

Osborn, C. J., & **West, E. M.**, Nance, W. Z. (2015, October). Counselors' experiences portraying clients in counselor education. Poster session at the Association for Counselor Education and Supervision Conference, Philadelphia, PA.

Cox, J. A., Perjessy, C., Moate, R., **West, E. M.**, & Rodriguezm, A. (2015, October). Training future counselor educators: Analysis of CES college teaching syllabi. Educational session presented at the Association for Counselor Education and Supervision Conference, Philadelphia, PA.

Smith, H., **West, E. M.**, Akcil, S., Moate, R., Guillot-Miller, L., & Gnilka, P. (2013, October). Promoting professional wellness during graduate training of school counselors. Research symposium at the Association for Counselor Education and Supervision Conference, Denver, CO.

West, E. M., & Cox, J. A. (2013, October). Facilitating counselor trainees' ability to convey empathy: A review of the literature. Round table presentation at the Association for Counselor Education and Supervision Conference, Denver, CO.

West, E. M., Bruns, K., Moate, R., & Gnilka, P. (2013, March). Characteristics of counselors who advocate in their professional role. Poster session at the American Counseling Association Conference, Cincinnati, OH.

Moate, R., **West, E. M.**, Bruns, K., & Gnilka, P. (2013, March). Multidimensional perfectionism, depression, and life satisfaction in a college counseling center. Poster session at the American Counseling Association Annual Conference, Cincinnati, OH.

Moate, R., Lineburgh, J., **West, E. M.**, & Gnilka, P. (2011, October). A comparative analysis of wellness levels between doctoral students in counselor education and doctoral students in other fields. Poster session at the Association for Counselor Education & Supervision Conference, Nashville, TN.

West, E. M., Moate, R., Gnilka, P., & Lineburgh, J. (2011, October). Adult attachment style and multidimensional perfectionism differences in the working alliance, and supervisory alliance. Poster session at the Association for Counselor Education & Supervision Conference, Nashville, TN.

Duran, P. A., Grau, J. M., Weller, E. N., Castellanos, P., & **West, E. M.** (2010). Paternal involvement and development of toddlers of young Latina mothers. Poster session at the International Society of Infant Studies Bicentennial Conference, Baltimore, MD.

REGIONAL LEVEL

West, E. M., & Moate, R. M., (2018, October). Preparing school counselors to work with students in poverty. Educational Session presented at the Southern Association for Counselor Education and Supervision, Myrtle Beach, SC.

Moate, R., & **West, E. M.** (2016, October) Professional counselors' perceptions of helpful aspects of their teachers of experiential classes. Poster session at the Southern Association for Counselor Education and Supervisions Conference, New Orleans, LA.

West, E. M., Smith, H. J., Storlie, C. A., & Guillot Miller, L. (2014, October). Collaboration in CES: Engaging PSC and CMHC students to inform counseling practice. Round table at the North Central Association for Counselor Education and Supervision Conference, St. Louis, MO.

Smith, H. J., Dennis, E. L., **West, E. M.**, & Moate, R. M. (2014, October). Counselor reflections on cross-disciplinary approaches to wellness. Round table at the North Central Association for Counselor Education and Supervision Conference, St. Louis, MO.

Moate, R., Bruns, K., **West, E. M.**, & Gnilka, P. (2012, September). Doctoral student stress, meaning in life, and life satisfaction: Differences among perfectionists. Poster session at Southern Association for Counselor Education and Supervision Conference, Savannah, GA.

Bruns, K., Schnyders, C., Moate, R., **West, E. M.**, Akcil, S., & Gnilka, P. (2012, September). Tools for practicum instructors: Working with suicidal clients on the college campus. Poster session at the Southern Association for Counselor Education and Supervision Conference, Savannah, GA.

STATE LEVEL

Cox, J. A., & **West, E. M.** (2014, April). Group supervision using a reflecting team model: The interviewer's role. Educational session at the Ohio Association for Counselor Education and Supervision Conference, Columbus, OH.

PROFESSIONAL SERVICE & LEADERSHIP

NATIONAL LEVEL

Editorial Board Member, <i>Journal of Counselor Leadership and Advocacy</i>	2017 – Present
Editorial Board Member, <i>Counselor Education and Supervision</i>	2018 – Present

REGIONAL LEVEL

Southern Association for Counselor Education and Supervision Awards Review	2018
Invited Reviewer for Special Edition Issue of the <i>Journal of Counselor Preparation and Supervision</i>	
Special Edition: School Counselor Preparation	2015
Guest Editors: Cassandra Storlie, Ph.D. & Michael Hannon, Ph.D.	
North Central Association for Counselor Education and Supervision	2012
Conference Proposal Reviewer	

STATE LEVEL

Ohio Association for Counselor Education and Supervision	2014
Spring Planning Committee Member	
Conference Proposal Reviewer	

UNIVERSITY LEVEL

UT Tyler Graduate Council	2020-Present
UT Tyler Faculty Senate	2020-Present
UT Tyler Research Council	2018-2019
UT Tyler Quality Enhancement Program	2018-2019
Kent State University Martin Luther King Committee	2015-2016
Chi Sigma Iota, Kappa Sigma Upsilon Chapter – President	2015-2016
Chi Sigma Iota, Kappa Sigma Upsilon Chapter – President Elect	2014-2015
Chi Sigma Iota, Kappa Sigma Upsilon Chapter – Community Outreach Chair	2013-2014
Kent State University Board of Trustees – Undergraduate Student Trustee	2008-2010

COLLEGE/DEPARTMENT LEVEL

UT Tyler Counseling Training Clinic Coordinator Search Committee Member	2020-Present
UT Tyler College of Education Environmental Committee	2020-Present
UT Tyler CMHC Assistant Professor Search Committee Chair	2019-2020

UT Tyler CMHC Assistant Professor Search Committee Chair	2018-2019
UT Tyler College of Education and Psychology Diversity Committee Department Rep.	2017-2019
UT Tyler Department of Psychology and Counseling Student Recruitment Committee	2016-2018

COMMUNITY LEVEL

Samaritan Counseling Center Quality Control Committee	2019 – Present
UT Tyler Representative for East Texas Human Needs Network	2016 – Present
Through this organization, we are in the process of performing a comprehensive needs-based assessment from low-income and vulnerable populations in East Texas.	

COMMUNITY PRESENTATIONS/TRAININGS

<i>Common Issues with Texas LPC Laws and Ethics.</i> Presented to Samaritan Counseling Center	2020
<i>Adolescent Safety Assessment.</i> Presented with Dr. Randy Moate to East Texas School Counselors	2020
<i>Texas LPC Law and Ethics.</i> Presented to the Texas Piney Woods Counseling Association	2019
<i>Beginning Sandtray.</i> Presented to Whitehouse Independent School District School Counselors	2019
<i>Mental Health and School Safety.</i> Presented to Tyler Independent School District	2018

AWARDS

Kent State University Judith A. Detruide Professional Recognition Award	2016
Association for Counselor Education and Supervision (ACES) Emerging Leader	2013

PROFESSIONAL AFFILIATIONS

Association for Counselor Education and Supervision	2011 – Present
American Counseling Association	2011 – Present
Chi Sigma Iota	2011 – Present
Ohio Counseling Association	2013 – 2015
Phi Beta Kappa	2010 - 2012