

Diane Smedley, Ph.D., LPC, LMFT

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EDUCATION

Counselor Education, Doctor of Philosophy, 2023

Texas Tech University – Lubbock, Texas (CACREP-accredited)

Specialization in Issues in Couples and Family Counseling

Dissertation Topic: *The Influence of Gender Roles and Mate Selection on Family Formation of High Achieving Women*

Counseling, Master of Arts, 2017

Sam Houston State University – Huntsville, Texas (CACREP- accredited)

Marriage, Couples, and Family Counseling Concentration

Business Administration in Marketing, Bachelor of Science, 2004

University Of Central Florida – Orlando, Florida

LICENSES

Licensed Professional Counselor (Texas) #79709, expires 03/31/2025

Licensed Marriage and Family Therapist (Texas) #203147, expires 3/31/2024

SCHOLARSHIP

REFEREED PUBLICATIONS

Smedley, D. & Croffie, A. (2021). The power of vulnerability: Using Spider-man into the Spider-verse with the family. *Journal of Creativity in Mental Health*. <https://doi.org/10.1080/15401383.2021.1960667>

Li, C., Lin, Y., & **Smedley, D.** (2021). Cultivating wellness in a pandemic: Virtually engaging higher education students with experiential activities. *Journal of Universality of Global Education Issues*. <https://ugei-ojs-shsu.tdl.org/ugei/index.php/ugei/article/view/66/44>

MANUSCRIPTS IN-PROGRESS

Smedley, D. (revisions submitted). Mutuality and Connection. In N. L. Smith (Ed), *Queering connection: Narrative of healing in relational cultural therapy*. Cognella Academic Publishing

Horton, E., **Smedley, D.**, Roller, K., & Coker, J. K. (submitted for review). *De-colonizing and enlivening lifespan development in counselor education*.

Smedley, D. (in progress). *Dueling ambitions: High achieving women and the family life cycle pilot case study*.

NON-REFEREED PUBLICATIONS

Smedley, D. (Fall/Winter 2021). Navigating Dissertation. *Juncture: TACES Newsletter*. [PDF].

Li, C. S., Lugar, R. J., Dowda, R., **Smedley, D.**, & Lin, Y. F. (2020). Evidenced-based models of treatment for borderline personality disorder. In C. M. Lepkowsky (Ed), *Borderline Personality Disorder*. Nova Science Publishers, Inc.

Smedley, D. (2020). IAMFC: A source of mentorship & support. *The Family Digest*. <https://spark.adobe.com/page/DRcGwNyOORBZI/>

NATIONAL PRESENTATIONS

Smedley, D., Hurt, K., Horton, E., Bradley, L., & Hendricks., B. (October 2023). *Revisioning lifespan and career development for high-achieving women: Closing the gaps in the CES curriculum*. Peer-reviewed session accepted for education presentation at the 2023 ACES National Conference in Denver, CO.

Smith, N., & **Smedley, D.** (October 2023). *Watching them walk the tightrope: Anti-LGBTQIA youth legislation, counseling supervision, and ethics*. Peer-reviewed session accepted for education presentation at the 2023 ACES National Conference in Denver, CO.

Smith, N., & **Smedley, D.** (October 2023). *I'm open to it: Queering intimate & sexual partnerships*. Peer-reviewed session accepted for presentation at the SAIGE 2023 Virtual Conference.

Smedley, D., & Li, C. (02/03/2023). *The family in motion: Inclusive experiential activities for family counseling*. Peer-reviewed session presented at the 2023 International Association of Marriage and Family Counselors World Conference in St. Petersburg, FL.

Smedley, D. (02/03/2023). *The American family: A case study approach to assessing family life span development*. Peer-reviewed session presented at the 2023 International Association of Marriage and Family Counselors

World Conference in St. Petersburg, FL.

- Smedley, D.** (01/29/22). *Back to busy: Utilizing relational cultural therapy with family systems in a post COVID-19 society*. Peer-reviewed session presented at the 2022 IAMFC World Conference in New Orleans, LA.
- Smedley, D.,** Hendricks, B., & Bradley, L. (01/28/22). *Dueling ambitions: A pilot case study about high achieving women and family formation*. Peer-reviewed session presented at the 2022 International Association of Marriage and Family Counselors World Conference in New Orleans, LA.
- Croffie, A., **Smedley, D.,** & Beyer, C. (02/01/20). *A new generation of families: Reviewing family dynamics through pop-culture*. Peer-reviewed session presented session at the 2020 International Association of Marriage and Family Counselors World Conference in New Orleans, LA.
- Smedley, D.,** Hendricks, B., & Bradley, L. (01/31/20). *LGBT ethics in couples counseling*. Peer-reviewed session presented session at the 2020 International Association of Marriage and Family Counselors World Conference in New Orleans, LA.
- Croffie, A., & **Smedley, D.** (09/07/19). *It's a leap of faith: Discussing RCT and identity development in Spider-man into the Spider-verse*. Peer-reviews roundtable session at 2019 Association of Creativity in Counseling National Conference in Clearwater, FL.
- Smedley, D.,** & Croffie, A. (02/02/19). *The newest member of the family: Using technology-based activities to cultivate family cohesion*. Peer-reviewed session presented session at 2019 International Association of Marriage and Family Counselors World Conference in New Orleans, LA.
- Croffie, A., & **Smedley, D.** (02/01/19). *Infusing pop culture into role play*. Peer-reviewed session presented session at 2019 International Association of Marriage and Family Counselors World Conference in New Orleans, LA.

STATE PRESENTATIONS

- Smedley, D.** (November 2023). *Another glass ceiling shattered: A multisystemic relational approach to lifespan development*. Peer-reviewed session accepted for presentation at the Texas Counseling Association: 67th Annual Professional Growth Conference.
- Hurt-Avila, K. M., & **Smedley, D.** (03/02/2023). *Scaffolding case conceptualizations for advancing student clinical insight and integration*. Presentation session at the 2023 TACES MidWinter Conference.
- Horton, E., **Smedley, D.,** & Tello, Angelica. (03/02/2023). *Discourse as a pedagogy for inclusion: Students' lived experiences of role-playing across the lifespan*. Presentation session at the 2023 TACES MidWinter Conference.
- Smedley, D.** & Li., C. S. (11/11/2022). *The family reframed: Inclusive experiential activities for family counseling*. Peer-reviewed session presented at the Texas Counseling Association: 66th Annual Professional Growth Conference.
- Hurt-Avila, K. M., & **Smedley, D.,** (11/10/2022). *Expanding your counseling practice with counseling student interns*. Peer-reviewed session presented at the Texas Counseling Association: 66th Annual Professional Growth Conference.
- Croffie, A., & **Smedley, D.** (02/25/2022). *What about us?: Addressing the needs of students with disabilities*. Presentation session at the 2022 TACES MidWinter Conference.
- Smedley, D.,** & Li., C. S. (02/25/2022). *Reframing the family: Reconstruction of family counselor education*. Presentation session at the 2022 TACES MidWinter Conference.
- Smedley, D.,** Hendricks, B., & Croffie, A. (11/5/2021). *Dueling ambitions: High achieving women and the family life cycle pilot case study*. Presentation session at Texas Counseling Association: 65th Annual Professional Growth Conference.
- Croffie, A., & **Smedley, D.** (11/4/2021). *Who tells your story: A pop culture approach to family case conceptualizations*. Presentation session at Texas Counseling Association: 65th Annual Professional Growth Conference.
- Smedley, D.,** Li., C. S., & Lin, Y. F. (02/25/2021). *Cultivating wellness in a pandemic: Engaging students and supervisees in wellness experiential activities*. Presentation session at the 2021 TACES MidWinter Conference.
- Croffie, A., & **Smedley, D.** (02/25/2021). *Black lives matter: Social justice considerations in a politically diverse counselor education and supervision setting*. Presentation session at the 2021 TACES MidWinter Conference.
- Smedley, D.,** & Robertson, D. (1/22/2021). *Ethics of working with couples*. Presentation for the West Texas Counseling Association Ethics Workshop.
- Smedley, D.,** Hendricks, B., & Robertson., D. (11/12/2020). *The inclusive couple's couch: How to provide affirming*

- couples counseling*. Presentation session at Texas Counseling Association: 64th Annual Professional Growth Conference.
- Smedley, D.,** & Croffie, A. (11/12/2020). *Linking through video games: Interventions to power up couple and family cohesion*. Presentation session at Texas Counseling Association: 64th Annual Professional Growth Conference.
- Smedley, D.,** Robertson, D., & Hendricks, B. (2/28/20). *Creating an affirming couples couch: Preparing CITs and supervisees to work with LGBTQ couples*. Presentation session at the 2020 TACES MidWinter Conference in San Antonio, TX.
- Croffie, A., **Smedley, D.,** & Beyer, C. (2/28/20). *Everything is on fire: Teaching trauma infused practice through pop culture*. Presentation session at the 2020 TACES MidWinter Conference in San Antonio, TX.
- Hendricks, B., Barksdale, B. J., **Smedley, D.,** Ellis, J., Curbo, C., & Nabors, J. (1/24/20). *Counseling ethics across the lifespan: Issues in developmental ethics*. Presentation for the West Texas Counseling Association Ethics Workshop.
- Hendricks, B., Barksdale, B. J., Ellis, J., Curbo, C., **Smedley, D.,** McGee, B., & Nabors, J. (11/16/19). *TAADA presents: Counseling ethics across the lifespan: Issues in developmental ethics*. Presentation session at Texas Counseling Association: 63rd Annual Professional Growth Conference in Fort Worth, TX.
- Hendricks, B., Bradley, L., Curbo, C., marbley, a., Noble, N., McGee, B., **Smedley, D.,** Witanapatirana, K., Croffie, A., Ellis, J., & Sosa, S. (11/14/19). *Ethics for LPC's and LPC supervisors: Frequent ethics problems and how to solve them*. Presentation session at Texas Counseling Association: 63rd Annual Professional Growth Conference in Fort Worth, TX.
- Smedley, D.,** & Croffie, A. (03/01/19). *Relinquishing the mask: An RCT intervention for counselor education and supervision*. Presentation session at the 2019 TACES MidWinter Conference in Dallas, TX.
- Croffie, A., & **Smedley, D.** (02/28/19). *With great ability comes great accountability: Teaching ethics through pop culture*. Presentation session at the 2019 TACES MidWinter Conference in Dallas, TX.
- Hendricks, B., Croffie, A., & **Smedley, D.** (11/15/18). *Ethics for professional counselors and supervisors: How to navigate ethics in a complex world*. Presentation session at Texas Counseling Association: 62nd Annual PGC in Dallas, TX.
- Porter, K., & **Smedley, D.** (03/02/18). *Therapeutic mashups: Creating harmony in counselor education, supervision, and practice*. Presentation session at the 2018 TACES MidWinter Conference in Austin, TX.
- Porter, K., Henriksen, R. C., Jr., & **Smedley, D.** (11/16/17). *Protect and serve: Clinical implications for counseling first responders and their romantic partners*. Presentation session at Texas Counseling Association: 61st Annual Professional Growth Conference in Galveston, TX.
- Porter, K., Henriksen, R. C., Jr., & **Smedley, D.** (03/03/17). *Protect and serve: Clinical implications for counseling first responders and their romantic partners*. Presentation session at 2017 TACES MidWinter Conference in Austin, TX.

COMMUNITY PRESENTATIONS

- marbley, a., Huang, S., Thompson, A., **Smedley, D.,** Harris, R., Beyer, C., Mwangi, W., Mendy, M., & Starkey, J., (04/26/19). *Sacred women: Women connecting feminist movements to the cultural, spiritual, and indigenous movements and dances*. Panelist at Texas Tech University 35th Annual Conference on the Advancement of Women in Lubbock, TX.
- marbley, a., Galica, M., Harris, R., **Smedley, D.,** Timmons, T., Burrell, A., & Mendy, M. (10/12/18). *Social construction of gender and sexuality from 2nd, 3rd, and 4th wave feminism: Expressions of our multiple identities*. Panelist at Gender and Sexual Identities Colloquium in Lubbock, TX.

INVITED PRESENTATIONS

- Smith, N., & **Smedley, D.** (03/23/2023). *I'm open to it: Queering intimate & sexual partnerships*. Presented to IAMFC monthly webinar series.
- Horton, E., & **Smedley, D.** (02/20/2023). *Developmentally appropriate tools for anxiety in the schools*. Presented to Clear Creek Independent School District, League City, TX.
- Smedley, D.** (10/30/18). Presentation on Couples and Family Counseling Theories. Presentation at Counseling Theories for Helping Professions Course at Lone Star Community College: The Woodlands, TX.
- Smedley, D.** (03/27/18). Presentation on Systemic Thinking and Steps to Becoming a Marriage and Family Counselor. Presentation at Educational Psychology Counselor Education Counseling Techniques Course for Texas Tech University: Lubbock, Tx.

GRANTS

Smedley, D. (2020). CSI Chapter Development Grant. \$200 (Funded)

TEACHING EXPERIENCE

University of Texas at Tyler – Tyler, TX (CACREP-Accredited)

Department of Psychology and Counseling

Assistant Professor – August 2023 to present

As an assistant professor for this CACREP-accredited clinical mental health counseling program, I teach a three/three load. Additionally, I participate in scholarship and service related activities in this tenure track position. I deliver content in person and utilize inclusive classroom techniques to meet each student's unique needs. Along with in-person instruction, I use Canvas as an adjunct to in-class instruction.

- COUN 5328: Foundations and Ethics in Clinical Mental Health Counseling
- COUN 5391: Essential Counseling Skills

University of Houston Clear Lake – Houston, TX (CACREP-Accredited)

Department of Counseling, Special Education, and Diversity

Visiting Assistant Professor – January 2023 to July 2023

As a visiting assistant professor for this CACREP-accredited clinical mental health counseling program, I taught a four/four load with service to the university. I delivered content to students across professional development stages. Given the diverse student population, I intentionally utilized inclusive classroom techniques to meet students' needs. I taught classes in-person and online using Blackboard. As part of my service to the university, I facilitated educational sessions regarding mental health in local school districts. Additionally, I served on hiring committees and assisted in cohort admission interviews.

- COUN 5131: Counseling for Lifespan Development
- COUN 6435: Pre-Practicum in Counseling
- COUN 6533: Crisis Intervention

University of Houston – Houston, TX

Department of Psychology, Health, & Learning Sciences

Lecturer of Counselor Education – January 2021 to December 2022

Served as lecturer for clinical courses, family counseling, and CPCE preparation course. Assisted with student remediations that occur during the clinical experience. Delivered classes in-person, synchronously online, and asynchronously online. Created the CPCE preparation course including the syllabus, assessment of student readiness, and lecture materials for all eight content areas of CACREP. Restructured and updated family counseling course to align with current standards. Navigated multiple learning management systems.

- PHLS 7375: Introduction to Family Counseling
- PHLS 7301: Practicum
- PHLS 7302: Internship I
- PHLS 7303: Internship II
- PHLS 6397: CPCE Preparation

Sam Houston State University – Huntsville, TX (CACREP-Accredited)

Department of Counselor Education

Teaching Assistant, Doctoral Internship – Spring 2019 to Spring 2020

Served as teaching assistant as part of doctoral internship. Facilitated in-class discussion, prepared and delivered lectures on group counseling and cross-cultural issues. Provided supervision to MCFC students. Facilitated experiential learning activities with doctoral students. Delivered course content both in-person and synchronously online.

- COUN 6374: Group Counseling
- COUN 6386: Internship II – MCFC Section
- COUN 7335: Doctoral Supervision
- COUN 5392: Cross Cultural Issues in Counseling

Texas Tech University – Lubbock, TX (CACREP-Accredited)

Department of Educational Psychology, Leadership, and Counseling

Teaching Assistant, Doctoral Internship – Fall 2019

Served as teaching assistant as part of doctoral internship. Facilitated group discussion regarding advanced issues in ethics with first year doctoral students.

- EPCE 6337: Doctoral Ethics and Legal Issues in Counseling

CLINICAL EXPERIENCE

Owner/ Marriage and Family Counselor, Authentic Space Counseling and Consultation, Houston, TX (December 2018 – present)

- Private practice services providing counseling and consultation for individuals, couples, family, and groups.
- Services are provided to clients of all ages, presenting concerns, and socioeconomic levels.
- Practice is specialized in provided services to non-conforming couples and families, women in life cycle transitions, and high achieving clients.

Family Counselor Doctoral Intern, Boys and Girls Country, Hockley, TX (January 2020 – May 2020)

- Provided family counseling to clients who lived in group cottages to provide supports for clients seeking family cohesion, improved communication, and deeper cultural awareness.
- Planned and conducted educational sessions designed to teach parents understanding of trauma effects on children, how to parent children effected by trauma, and how to engage in personal self-care.
- Placement ended due to facility-instituted COVID-19 restrictions.

Counseling Advocate, Montgomery County Women’s Center, Conroe, TX (February 2019 – December 2019)

- Provided crisis intervention, and individual, family, and group counseling for survivors of family and sexual violence.
- Educated trauma survivors and families on available services including but not limited to medication education, safety plans, and other crisis services as needed.
- Provided case management, information, and referral. Accompanied clients as needed to services.
- Collected appropriate information for agency research and reporting.

PRN Outpatient Therapist, Woodland Springs Behavioral Health, Conroe, TX (August 2018 – January 2019)

- Provided group, individual, and family counseling sessions in an outpatient setting.
- Created and executed treatment plans from a multidisciplinary perspective for partial hospitalization programming and intensive outpatient programming patients. Treatment focus included dual diagnosis issues, general psychopathology, health and wellness concerns, and suicidality.
- Assisted with discharge planning to ensure continuity of care.
- Created training materials and implemented training materials to train incoming clinical outpatient staff.

PRN Inpatient and Outpatient Therapist, Cypress Creek Hospital, Houston, TX (May 2017 – December 2018)

- Provided therapeutic services for clients in an inpatient acute care psychiatric facility and IOP/PHP settings.
- Developed curriculum and programming for new first responders trauma/recovery unit (opened April 2018).
- Services included individual, family, and group therapy. Client needs included but were not limited to psychoeducation, trauma processing, and suicide safety planning.
- Created and implemented multidisciplinary client-centered treatment plans.
- Maintained documentation of psychosocial histories, participated in discharge planning process, and fostered client-centered customer service culture.

Master’s Practicum Counselor, Counseling Clinic at Sam Houston State University, The Woodlands, TX (January 2017 – May 2017)

- Provided counseling services to the community as part of master’s level internship.
- Formulated treatment plans and collaborated with counselors-in-training.

Resident Counseling Intern, Ann’s Place Counseling Clinic, The Woodlands, TX (August 2016 – April 2018)

- Provided therapeutic services for clients facing a variety of stressors including homelessness, psychopathology, and relationship conflict.
- Created treatment plans for clients and collaborated with fellow counselors and clinical supervisor.
- Managed administrative tasks including client file management, bookkeeping, marketing, and

community outreach.

Patient Accompaniment Advocate, Montgomery County Women's Center, Conroe, TX (May 2014 – May 2017)

- Accompanied sexual assault survivors across demographics to SANE exams at area exam locations including Memorial Hermann The Woodlands, Children's Safe Harbor, Conroe Regional Medical Center, etc.
- Attended to the needs of the trauma survivor and their families during their time at the SANE exam location by providing items such as a change of clothing, emotional support, taxi vouchers, and other items as needed.
- Educated trauma survivors and families on available services including but not limited to medication education, safety plans, and other crisis services as needed.
- Collected appropriate information for agency research and reporting.

COMMUNITY SERVICE

Community Project Advisor to Girl Scouts San Jacinto – Troop 108082 (July 2023 – present)

Provide guidance and expert assistance to Girl Scout troop as they plan and execute their Gold Award project. Their project is entitled "Mental Health Safe Place in Schools".

PROFESSIONAL SERVICE AND LEADERSHIP

NATIONAL

Awards Committee Chair, International Association of Marriage and Family Counselors (August 2021 – present)

Assistant Editor of Family Digest, International Association of Marriage and Family Counselors (November 2018 – August 2021)

STATE

Liaison to the Texas LPC Board, Texas Association for Counselor Education and Supervision (July 2022 – present)

Communications Committee Co-Chair, Texas Counseling Association (July 2020 – June 2021)

Graduate Student Representative, Texas Association for Counselor Education and Supervision (July 2019 – June 2020)

Research Committee Member, Texas Counseling Association (October 2018 – June 2019)

UNIVERSITY

President, Theta Theta Upsilon chapter of Chi Sigma Iota (June 2019 – April 2021)

AWARDS AND RECOGNITIONS

- 2022 Educational Endowment Fund Award, Texas Counseling Association
- 2021 Student Practitioner Award, International Association of Marriage and Family Counselors
- 2019 Emerging Leader, International Association of Marriage and Family Counselors
- 2018 Theta Theta Upsilon Chapter of Chi Sigma Iota, Texas Tech University
- 2017 W. Tom Thweatt III Memorial Graduate Fellowship, Sam Houston State University
Department of Counseling Scholarship, Sam Houston State University
- 2016 Beta Kappa Tau Chapter of Chi Sigma Iota, Sam Houston State University

PROFESSIONAL ORGANIZATION AFFILIATIONS AND MEMBERSHIPS

American Counseling Association

Association for Counselor Education and Supervision

International Association of Marriage and Family Counselors

Southern Associations for Counselor Education and Supervision

Texas Counseling Association

Texas Association for Counselor Education and Supervision

Texas Association of Marriage and Family Counselors

Texas Association for Adult Development and Aging

Chi Sigma Iota