



UT Tyler

THE UNIVERSITY OF TEXAS AT TYLER

Department of Kinesiology *Bachelor of Science Degree in Kinesiology*

2025-2026 Curriculum; 120 semester hours

University Core Requirements (42 Hours)

Communication (6 hrs) ENGL 1301 and CMST 1315 Recommended	Language, Philosophy, and Culture (3 hrs)
Math (3 hrs) MATH 1342 Stats I* Recommended	Social/Behavioral Sciences (3 hrs) PSYC 1301* Recommended
Creative Arts (3 hrs)	Government/Political Science (6 hrs) POLS 2306 Intro Texas Politics
American History (6 hrs) HIST 1301 United States History I HIST 1302 United States History II	POLS 2305 Intro American Government
Life and Physical Sciences (6 hrs) BIOL 1306 & BIOL 1307 CHEM 1311 & CHEM 1312 PHYS 1301 & PHYS 1302	Component Area Option (6 hrs) Human Expression: ENGL 1302 STEM: ALHS 1315 Recommended

Departmental Lower-Division Requirements (16 Hours)

**2 hours of corresponding labs paired with the 6 hours of Life Physical Sciences required
(BIOL 1106, BIOL 1107, CHEM 1111, CHEM 1112, PHYS 1101, PHYS 1102)*

ALHS 1300 Personal & Community Wellness	BIOL 2301/2101 Anatomy & Physiology I/Lab*
KINE 2337 Care and Prevention of Athletic Injuries	BIOL 2302/2102 Anatomy & Physiology II/Lab*

Kinesiology Core Courses (33 Hours)

KINE 3303 Motor Development	KINE 4321 Sports Nutrition
KINE 3306 Fitness Assessment Skills	KINE 4304 Training: Endurance
KINE 3331/3132 Human Motor Control and Learning/Lab	KINE 4305 Training: Strength and Power
KINE 3334/3135 Biomechanics & Anatomical Kinesiology/Lab	HECC 4308 Ethics or PHIL 4301 Bioethics
KINE 3311/3112 Physiology of Exercise/Lab	KINE 4370 Internship

Cognate Courses (29 Hours)

Choose one:

ALHS 3362 Behavioral Health	ALHS 4320 Principles of Epidemiology
ALHS 3352 Consumer Health	ALHS 3302 Human Diseases

Choose a minimum of 26 hours: (a minimum of 6 hours must be upper-division coursework)

Some options are listed below. In addition, any other ALHS, HECC, KINE, PYED class taken in residence at UT Tyler. (Maximum of 4 hours Fitness and Sports Activities)

BIOL 3343/3144 Physiology/Lab	BIOL 1306/1106 General Biology I/Lab
BIOL 4300/4101 Microbiology/Lab	BIOL 1307/1107 General Biology II/Lab
CHEM 3342/3143 Organic Chemistry I/Lab	CHEM 1312/1112 General Chemistry II/Lab
CHEM 3344/3145 Organic Chemistry II/Lab	CHEM 1311/1111 General Chemistry I/Lab
MANA 3311 Fundamentals of Management	PHYS 1301/1101 College Physics I/Lab
PSYC 2354 Psychological Statistics and Lab	PHYS 1302/1102 College Physics II/Lab
PYSC 4318 Physiological Psychology	ALHS 2301 Medical Terminology
CMST 3321 Business and Professional Speaking	PSYC 2320 Lifespan Developmental Psychology
CMST 3322 Small Group Communication	PSYC 4311 Abnormal Psychology
CMST 3325 Persuasive Communication	
CMST 4326 Public Speaking	

Degree Plan substitutions are made with School of Health Professions Advisor and Chair Approval Only.

Questions? Email shpadvising@uttyler.edu

SCHOOL OF HEALTH PROFESSIONS

Bachelor of Science in Kinesiology

Recommended 4-Year Curriculum**FRESHMAN YEAR**

Fall Semester				Credit Hours	Spring Semester				Credit Hours
ENGL	1301*	Grammar & Composition I		3	KINE	2337	Care & Preven. of Ath. Injuries		3
MATH	1342*	Stats I		3	ENGL	1302*	Grammar & Composition II		3
BIOL	1306*	Gen. Biol. I		3	BIOL	1307*	Gen. Biol. II		3
BIOL	1106	Gen. Biol. I LAB		1	BIOL	1107	Gen. Biol. II LAB		1
ALHS	1300	Personal & Community Wellness		3	STEM*		*Math recommended		3
POLS	2305	American Government		<u>3</u>	POLS	2306	Texas Politics		<u>3</u>
Total Semester Credit Hours				16	Total Semester Credit Hours				16

SOPHOMORE YEAR

Fall Semester				Credit Hours	Spring Semester				Credit Hours
HIST	1301	U.S. History I		3	BIOL	2302	Anatomy & Physiology II		3
BIOL	2301	Anatomy & Physiology I		3	BIOL	2102	Anatomy & Physiology II Lab		1
BIOL	2101	Anatomy & Physiology I Lab		1			*Language, Philosophy, & Culture		3
		*Creative Arts		3			*Social/Behavioral Science		3
		*CMST 1315		3	HIST	1302	U.S. History II		3
		+Cognate Course		<u>3</u>	KINE	3306	Fitness Assessment Skills		3
Total Semester Credit Hours				16	Total Semester Credit Hours				16

JUNIOR YEAR

Fall Semester				Credit Hours	Spring Semester				Credit Hours
KINE	3303	Motor Development		3	HECC	4308	Ethics		3
KINE	3334	Biomech. & Anat. Kines.		3	KINE	3311	Physiology of Exercise		3
KINE	3135	Biomech. & Anat. Kines. Lab		1	KINE	3112	Physiology of Exercise Lab		1
		Upper Division ALHS course		3			+Cognate Course		3
		+Cognate Course		<u>3</u>			+Cognate Course		<u>2-3</u>
Total Semester Credit Hours				13	Total Semester Credit Hours				12-13

Summer Semester				Credit Hours
		+Cognate Course		3
		+Cognate Course		<u>3</u>

Total Semester Credit Hours **6****SENIOR YEAR**

Fall Semester				Credit Hours	Spring Semester				Credit Hours
KINE	4321	Sports Nutrition		3	KINE	4370	Internship		3
KINE	4304	Endurance		3	KINE	4305	Strength & Power		3
KINE	3132	Hum. Motor Control & Learn. Lab		1			+Cognate Course		3
KINE	3331	Human Motor Control & Learn.		3			+Cognate Course		<u>3</u>
		+Cognate Course		<u>3</u>					
Total Semester Hours				13	Total Semester Hours				12

Total hours must equal at least 120 hours**NOTES:**

*See UT Tyler Core Curriculum for full list of approved courses.

+Consult with your advisor for additional information on degree requirements and schedule planning.

This is only a recommended outline. Because degree requirements do change, you should consult an advisor as well as the University Catalog, which is the only official document regarding baccalaureate degree requirements. The final responsibility for the selection, scheduling, and satisfactory completion of the degree requirements rests with the student.