

THE UNIVERSITY OF TEXAS AT TYLER

ALHS 5326 (060))

HEALTH AND HUMAN SEXUALITY

COURSE SYLLABUS

SPRING 2023

Instructor

Cheryl M. Cooper PhD MSN

Professor Health Sciences



The Bed - Toulouse-Lautrec
French 1864-1901

Time/Place: Virtual

INSTRUCTOR & CONTACT INFORMATION

Cheryl M. Cooper, PhD, MSN
Professor
Health Sciences

Email: ccooper@uttyler.edu

Phone: 903 780 1703

Face to Face , Phone or Zoom Chat – by appointment

COURSE REQUIREMENTS

- REQUIRED TEXT: none
- Internet access (to the web and to UT Tyler CANVAS)
- Patriot email account (no other is acceptable for this course)

COURSE OVERVIEW

ALHS 5326 involves the study of biological, psychological, sociocultural, ethical and legal aspects of human sexual behavior. The emphasis will be on the health of individuals , groups, and communities .

The learning materials will address biology , beliefs and behaviors related to human sexuality

The course will be organized into the 4 categories listed below.

- The History of Sexuality: will include the evolution of sexual reproduction, and the emergence of sexuality as a subject to be studied and discussed (Kinsey and Masters/Johnson research)
- The Science of Sexuality: will include reading and discussing scholarly recent/current research related to sex and sexuality .The physical and mental health aspects of sex and sexuality will be emphasized. Social/cultural influences will be included.
- The Philosophy of Sex: will address questions related to sexual morality, the value of sexual desire, and the forms that it takes. Legal aspects of sexuality will be included.
- Sex in the Arts and in Literature: depictions of sex and sexuality in novels, short stories, poetry, paintings, photographs and films.

Instructional Methods:

- Lecture - studio talks
- Group discussions

- Other learning activities (inside and outside of class) including films, audio tapes, and guest speakers

Course Expectations:

- Complete assigned readings and learning activities as specified
- Actively participate in class discussions and activities

Student Learning Objectives:

***Depending on other learning opportunities that might become available during the semester, the instructor may eliminate some of the learning objectives listed below and associated reading assignments to allow the opportunity for other learning activities that are deemed equally valuable and appropriate to the overall aims of the course .**

Students who successfully complete this course will be able to:

independent study required **

1. **identify anatomical structures related to sexual function
2. **describe and compare the sexual response cycle in women and men
3. define and/or explain basic terms and concepts related to the study of human sexuality, including the following: sex, sexuality, gender, gender identity, gender roles, sexual identity, and sexual orientation.
4. describe some of the contributions of early sex researchers (Kinsey;Masters Johnson)
5. discuss some contemporary sexuality research , and some emerging issues that are likely to direct future research.
6. explain the impact of the social and cultural influences on sexual attitudes and behaviors with respect to what is considered normal, natural and moral?
7. discuss some current theories about love and its relationship to sex and sexuality
8. describe how various surgical procedures, health conditions, medications, alcohol and other drugs may affect sexual performance
9. discuss the range of human sexual behaviors (including the paraphilias) and explain the health and legal implications related to various behaviors

10. describe the most common sexually transmitted infections and prevention methods
11. explain current methods of birth control (including abortion.)
12. define “sexual dysfunction,” and describe some of the more common sexual dysfunctions including causes and treatment
13. describe approaches to discussing sex and sexuality as a health professional with clients (Ex: taking a sexual history or addressing a risky sexual behavior).

LEARNING EXPERIENCES

- Reading (and sometimes critiquing), scholarly research articles).
- Reading and discussing selected novels, short stories, or poetry related to human sexuality
- Viewing paintings, photographs, videos, films depicting sex and sexuality
- Participating in group discussions of selected topics
- Presenting selected topics using **studio** (video)
- Preparing and submitting papers on selected topics (see list) , and writing responses to assigned learning activities.

EVALUATION

1. a final comprehensive (open notes) exam (40 pts) based on required course assignments.
2. Paper/Presentation: Each student will select a topic from two of the areas listed below. The submissions will be in the form of a paper and/or a recorded studio talk with PPT presentation. **Please discuss your selections with the instructor before beginning your research. *Previously submitted papers or presentations (other courses) that might have addressed the selected topic, should not be used for this course. If you wish to focus on the same topic but from a different perspective, this should be discussed with the instructor.***

Topic Areas Paper/Presentation (choose two)

Discuss selection with instructor !

- A. a historical issue or event related to human sexuality policies (paper 20 %) eg. Roe vs Wade ; the gay marriage laws ; Comstock Laws ;
- B. a legal /ethical issue relating to human sexuality: e.g. pornography, prostitution, sex trafficking, genital mutilation, rape, sexual harassment (20 %)
- C. another issue of particular interest to you - for e.g. specific cultural attitudes /beliefs r/t sexuality and reproduction
- D. depictions of sex and sexuality in art literature (film, book , short story, poetry, paintings, photographs) . (20%) eg. **Bad Blood** - research on Syphilis in Tuscaloosa Alabama

Class participation 20%

Grading Scheme

90-100%=	A
80-89%=	B
70-79%=	C

UNIVERSITY POLICIES FROM THE HANDBOOK OF OPERATING PROCEDURES

Class Attendance

Responsibility for class attendance rests with the student. A student shall make every attempt to notify each instructor in advance, or as soon as possible thereafter, when there is a legitimate (unforeseen or unavoidable) reason for being absent.

Student Code of Conduct

...Disciplinary proceedings may be initiated against any student for any of the following acts or omissions:

...Scholastic dishonesty, including, but not limited to, cheating, plagiarism, collusion, the submission for credit of any work or materials that are attributable in whole or in part to another person, taking an examination for another person, any act designed to give unfair advantage to a student or the attempt to commit such acts.

(i) "Cheating" includes, **but is not limited to**:

- copying from another student's test paper;

- using during a test, materials not authorized by the person giving the test;
- failure to comply with instructions given by the person administering the test;
- possession during a test of materials which are not authorized by the person giving the test, such as class notes or specifically prohibited by the person administering the test;
- using, buying, stealing, transporting, or soliciting in whole or part the contents of an unadministered test, test, key, homework solution, or computer program;
- collaborating with or seeking aid from another student during a test or other assignment without authority;
- discussing the contents of an examination with another student who will take the examination;
- divulging the contents of an examination, for the purpose of preserving questions for use by another, when the instructor has designated that the examination is not to be removed from the examination room or not to be returned or to be kept by the student;
- substituting for another person, or permitting another person to substitute for oneself to take a course, a test, or any course-related assignment;
- paying or offering money or other valuable thing to, or coercing another person to obtain an unadministered test, test key, homework solution, or computer program, or information about an unadministered test, test key, homework solution or computer program;
- falsifying research data, laboratory reports, and/or other academic work offered for credit;
- taking, keeping, misplacing, or damaging the property of U. T. Tyler, or of another, if the student knows or reasonably should know that an unfair academic advantage would be gained by such conduct; . . .

“Plagiarism” includes, but is not limited to, the appropriation, buying, receiving as a gift, or obtaining by any means another’s work and the submission of it as one’s own academic work offered for credit.

“Collusion” includes, but is not limited to, the unauthorized collaboration with another person in preparing academic assignments offered for credit or collaboration with another person to commit a violation of any section of the rules on scholastic dishonesty.

Food and Drink in Classrooms

Consumption of food and drink in university classrooms is prohibited.

Indoor Smoke-Free Campus

The University of Texas at Tyler is an indoor smoke-free campus. No smoking will be permitted in any building, hallway, classroom, laboratory, restroom, lounge, or other indoor location.

Religious Holy Days

In accordance with Texas Education Code, Section 51.911, a student may be excused from exams or assignments in observance of a religious holy day if at least 5 days before the date of absence the student delivers written notice of the absence to the instructor(s) of the class

(es) by either (1) personal hand-delivery, with acknowledgement of receipt by instructor(s) or (2) certified mail, return receipt requested.

"Religious holy day" means a holy day observed by a religion whose places of worship are exempt from property taxation under section.

A student shall be allowed to take an examination or complete an assignment scheduled for that day within a reasonable time after an absence due to observance of a religious holy day provided the student has met the conditions listed above.

Disability Support Services

If you have a disability, including a learning disability, for which you request disability support services/accommodation, please contact Ida MacDonald in the Disability Support Services office so that the appropriate arrangements may be made. In accordance with federal law, a student requesting disability support services/accommodation must provide documentation of his/her disability to the Disability Support Services counselor. For more information, call or visit the Student Services Office located in the University Center, Room 282. The telephone number is 566-7079 (TDD 565-5579).