

LOGGING/FORESTRY SAFETY SERIES

FIRST AID KIT CONTENTS

Photo credit: Cornelis F. de Hoop, PhD

Incident Summary:

Will had been working with A&W Logging for six weeks as a skid steer operator. Will started to climb into his skid steer after lunch and slipped on a broken step. The sharp edge of the broken step caused a three inch cut across Will's shin. He yelled to the guys who were finishing up their lunch. The crew leader grabbed the first aid kit, put on gloves and applied pressure to the cut with a clean gauze pad until the bleeding stopped. He added another clean gauze pad over the blood-soaked one and taped it in place. Will was taken to the hospital and got four stitches.

Discussion Questions:

1. Have you ever used items from a first aid kit at a logging site?
2. Do you know where your first aid kit is located?
3. Is your first aid kit fully stocked?

Take Home Message:

Carry a stocked first aid kit to every site. Restock items as used and check expiration dates annually.

First Aid Kit-MANDATORY CONTENTS

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| 2 Gauze pads (at least 4 x 4 inches) | Tweezers |
| 2 large gauze pads (at least 8 x 10 inches) | Adhesive tape |
| Box adhesive bandages (band-aids). | Latex gloves |
| One package gauze roller bandage at least 2 inches wide | Resuscitation equipment such as resuscitation bag, airway, or pocket mask |
| 2 triangular bandages | Two elastic wraps |
| Wound cleaning agent such as sealed moistened towelettes | Splint |
| Scissors | Directions for requesting emergency assistance |
| At least one blanket | |

