

**Date of Pollen and Mold Count:**

Weather Conditions:	L Temp / H Temp:
	Max Humidity:

Pollen & Mold Count Summary – Grains per Cubic Meter of Air

Allergen	G/CM	Result	Primary Pollen / Mold
Trees			
Weeds			
Grasses			
Molds			

**Note: Pollen & Mold Count Summary should not be totaled.
Trees, weeds, grasses, and molds all have different G/CM ranges.**

Reading the Summary

Allergen	G/CM	Result	Level of Symptoms
Trees	0 - 15	Low	Absent - <u>No</u> symptoms
	16 - 90	Moderate	
	91 - 1,500	High	
	Greater than 1,500	Very High	Low - <u>Only</u> individuals extremely sensitive to these pollens and molds will experience symptoms
Weeds	0 - 10	Low	Moderate - <u>Many</u> individuals sensitive to these pollens and molds will experience symptoms.
	11 - 50	Moderate	
	51 - 500	High	
	Greater than 500	Very High	
Grasses	0 - 5	Low	High - <u>Most</u> individuals with any sensitivity to these pollens and molds will experience symptoms.
	6 - 20	Moderate	
	21 - 200	High	
	Greater than 200	Very High	
Molds	0 - 900	Low	Very High - <u>Almost all</u> individuals with any sensitivity to these pollens and molds will experience symptoms. Extremely sensitive people could have severe symptoms.
	901 - 2500	Moderate	
	2501 - 25000	High	
	Greater than 25000	Very High	

**Your personal Pollen and Mold Spore count is provided as a service by
The University of Texas at Tyler Health Science Center.**

Should you have concerns or questions, please contact (903) 877-5735.