



tcmhcc
Texas Child Mental
Health Care Consortium

PeriPAN
Perinatal Psychiatry
Access Network



UT Tyler
SCHOOL OF MEDICINE
Robert M. Rogers
Department of Psychiatry

Direct Patient-Psychiatrist Consultations

PeriPAN psychiatrists can recommend and provide free, one-time direct patient consultations when indicated.



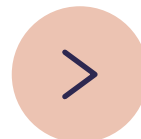
How it works:

Call PeriPAN at
888-901-2726
and dial 1, then 3, or text
903-502-1351 for a clinician-to-
clinician consultation
about your patient.



If...

during your call, the
psychiatrist recommends
a direct consultation
with your patient and the
PeriPAN psychiatrist to
clarify next steps in care,



Then...

they will discuss their
reasoning, how to prepare,
and put the PeriPAN team
in touch with your patient
to set up the one-time
consultation.

Requirements:

1

The treating clinician remains the primary health care provider.

2

The patient is not experiencing a mental health emergency (threatening harm to self or others).

3

The patient or their parent/guardian agrees to participate in the assessment and gives written consent to the PeriPAN team.

Direct Patient Consult FAQ



Can I request a direct patient consult?

During the initial phone consultation, you and the PeriPAN psychiatrist will determine if a direct assessment of the patient will better inform next steps in treatment.

How long does it take to set up a direct consult with a PeriPAN psychiatrist?

The PeriPAN team will coordinate a one-time assessment with your patient (and parent/guardian if the patient is a minor) within 10-14 days from the time your patient provides written consent. The assessment will occur in person or virtually.

What happens after a PeriPAN direct consultation?

You remain the primary health care clinician. The PeriPAN team will provide you with:

- » Clarification on the presenting mental health issue.
- » Diagnosis of a specific mental illness (if applicable).
- » Treatment options.
- » Applicable psychosocial and educational resources/recommendations.

Recommendations will be shared with you in writing and with a follow-up PeriPAN phone consultation. Once completed, you may share information with the patient or family and discuss next steps in care.

Can I request more than a one-time consult?

The PeriPAN team does not provide ongoing care. If your patient is determined to need specialty care that you are unable to safely manage, the PeriPAN team will work to locate appropriate resources or referrals and provide that information to you.

Does a direct consult cost anything for patients?

Your patient is not charged for the assessment. The service is provided at no cost.

To whom does the patient or family need to provide consent?

Your patient or their parent/guardian must provide consent to the PeriPAN team for this assessment.

What insurance is needed?

No insurance is needed from your patient. This is a no-cost, one-time assessment and then you will continue to provide care to your patient.