## Compensation Chart

Baseline: **$100**
Month 1: **$50**
Month 6: **$50**
Year 1: **$100**
Month 18: **$50**
Year 2: **$50**

Participating in this registry can last up to two years. You could receive up to $400 for participating in this study.

**Scan the QR code to sign up.**

## Contact Us


**The University of Texas at Tyler School of Medicine**
**Robert M. Rogers Department of Psychiatry**

Pamela Thurman-Ford, BS, CHW
Program Coordinator

11937 U.S. Hwy. 271
Tyler, TX 75708

903-877-7060

ChildhoodTraumaResearch@uttyler.edu


UTTyler SCHOOL OF MEDICINE
Robert M. Rogers Department of Psychiatry

### Partnering Texas Institutions:

Texas Tech Health El Paso

The University of Texas Health Science Center at Houston

The University of Texas Health Science Center at San Antonio

The University of Texas Southwestern Medical Center

The University of Texas Dell Medical School Department of Psychiatry

The University of North Texas Health Science Center at Fort Worth

The University of Texas Medical Branch at Galveston

Baylor College of Medicine

The University of Texas Rio Grande Valley

Texas Tech University Health Sciences Center

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tcmhcc
Texas Child Mental Health Care Consortium

ctrn
Childhood Trauma Research Network

# Childhood Trauma Research Network

# What is the Texas Child Mental Health Care Consortium?

Created by the 86th Texas Legislature, the Texas Child Mental Health Care Consortium (TCMHCC) leverages the expertise and capacity of the health-related institutions (HRIs) of higher education to address urgent mental health challenges and improve the mental health care system for children and adolescents in this state.

TCMHCC was provided $90 million for the FY 2019-2021 biennium in support of four initiatives, one of which is research. The goal of this component is to examine highly impactful research areas in child mental health, where great need exists, and where health services research can make a significant contribution to child mental health care when aligned with the statewide behavioral health strategic plan.

## Childhood Trauma Research Network (CTRN)

Children and adolescents who have been exposed to one or more traumatic events over the course of their lifetime can develop reactions that persist and affect their daily lives after the events have ended. Traumatic reactions can include a variety of responses, such as intense and ongoing emotional upset, depressive symptoms or anxiety, behavioral changes, difficulties with self-regulation, problems relating to others or forming attachments, regression or loss of previously acquired skills, attention and academic difficulties, nightmares, difficulty sleeping and eating, and physical symptoms (such as aches and pains). Older children may use drugs or alcohol, behave in risky ways, or engage in unhealthy sexual activity.

## Study Goals

The purpose of this research repository is to develop a system, the Childhood Trauma Research Network (CTRN), to gather information from youth and their caregivers to better understand how to measure, treat, and prevent the after-effects of trauma exposure in youth. Through the CTRN, we will develop a network participant registry to collect information from youth and parents about behaviors and other mental health symptoms that relate to health outcomes. This information will help clinicians, educators, and other youth-related stakeholders to provide more informed education and treatment recommendations to youth, parents, and families. We hope the questions asked in this research will advance care for children and adolescents in Texas.

# Inclusion Criteria

Children, adolescents, and young adults between the ages of 8-20 years old who:

- Have a history of trauma exposure.
- Are willing to provide consent and assent.
- Are English and/or Spanish speakers.
- Are willing to dedicate appropriate time to complete scheduled study assessments and measures for children and parents.

## Study Visits

- Informed Consent Baseline
- Month 1 Follow-up
- Month 6 Follow-up
- Month 12 Follow-up
- Month 18 Follow-up
- Month 24 Follow-up