



**Weekly Grand Rounds – Teams
Broadcast - Sponsored and Coordinated
by The Department of Continuing Medical
Education**

Friday, January 30, 2026
12:00-1:00 pm

[Join the meeting now](#) Or Call in (audio only)
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Mental Health Status Report

Speakers:

Susan McBride, PhD, RN-BC, CPHIMS, FAAN

Professor, Associate Dean of Research

Christian Alvarado, PhD, MPH

Assistant Professor, Epidemiology and Biostatistics

Alex Baham, Data Analyst

Institute for Health Innovations, Data Science, and Research

University of Texas at Tyler School of Medicine

Tyler, Texas

Objectives:

At the end of this presentation, attendees should have increased information to describe the purpose of the Institute and its focus on addressing the health needs of East Texas, explain how the report is used to examine mental health conditions and trends in East Texas, summarize the key findings of the report across 35 counties in Northeast Texas and identify and describe publicly available data sources used to analyze mental health outcomes.

Grand Rounds are designed for physicians, residents, and medical students and are available to other healthcare professionals with an interest in the program being presented.

The University of Texas at Tyler Health Science Center is accredited by the Texas Medical Association to provide continuing medical education for physicians.

The University of Texas at Tyler Health Science Center designates this live educational activity for a maximum of **1.0 AMA PRA Category 1 credit™**. Participants should only claim credit commensurate with the extent of their participation in the activity.



ABIM MOC Credit

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to one (1) MOC point in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.