



Pediatric Grand Rounds

Teams Broadcast

Sponsored and Coordinated by The
Department of Continuing Medical
Education

Thursday, January 22, 2026

12:00-1:00pm



Join the meeting now Or call in (audio only)

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Breathing Easy: Guideline Updates and Practical Pearls in Pediatric Asthma Diagnosis and Care

Speaker:

Christina Barreda, MD

Associate Professor

Department of Pediatric Pulmonology

The University of Texas at Tyler Health Science Center

Tyler, TX

Objectives:

At the end of this presentation, participants should have increased information to discuss the diagnostic criteria to clinically diagnose asthma in children aged 5 years and younger according to the GINA 2025 guidelines, explain the use of ICS/formoterol in single maintenance-and-reliever therapy (SMART/MART) and describe the role of Type 2 inflammatory biomarkers in asthma evaluation and management.

Pediatric Grand Rounds is an educational forum on pediatric issues for physicians, residents and allied health professionals.

The University of Texas at Tyler Health Science Center is accredited by the Texas Medical Association to provide continuing medical education for physicians.

The University of Texas at Tyler Health Science Center designates this live educational activity for a maximum of **1.0 AMA PRA Category 1 credit**[™]. Participants should only claim credit commensurate with the extent of their participation in the activity.

ABP MOC Credit

Successful completion of this CME activity, which includes participation in the activity, with individual assessments of the participant and feedback to the participant, enables the participant to earn **1.0 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program**. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABP MOC credit.