



Pediatric Grand Rounds

Teams Broadcast

Sponsored and Coordinated by The
Department of Continuing Medical
Education

Thursday, March 26, 2026

12:00-1:00pm



Join the meeting now Or call in (audio only)

+1 430-205-1142,,135327597# , Tyler Phone Conf ID: 135 327 597

Rooted in Nature: Decreased Screen Time and Increased Green Time for Child Health and Wellness

Speaker:

Rene Bartos, MD, MPH
*Texas Children in Nature Network
Austin, Texas*

Objectives:

At the end of this presentation, participants should have increased information to discuss the health benefits of nature for relational health and children's physical, emotional, and cognitive development, and recognize fostering nature time as a strategy to decrease screen time, identify resources available in the AAP's Early Childhood Development and Screen Time Toolkit to build knowledge and communicate effectively with families about healthy media use and review practical strategies for reducing barriers to nature access and integrating nature-based experiences into daily routines at home, in schools, and in communities.

Pediatric Grand Rounds is an educational forum on pediatric issues for physicians, residents and allied health professionals.

The University of Texas at Tyler Health Science Center is accredited by the Texas Medical Association to provide continuing medical education for physicians.

The University of Texas at Tyler Health Science Center designates this live educational activity for a maximum of **1.0 AMA PRA Category 1 credit**[™]. Participants should only claim credit commensurate with the extent of their participation in the activity.

ABP MOC Credit

Successful completion of this CME activity, which includes participation in the activity, with individual assessments of the participant and feedback to the participant, enables the participant to earn **1.0 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program**. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABP MOC credit.