About TX-YDSRN -

Almost half a million Texas youth were affected by depression in 2024¹. The Texas Youth Depression & Suicide Research Network (TX-YDSRN) established a state-wide research network, to address youth depression and suicide.

1. Mental Health America (2024)



This study seeks to improve youth depression & suicide by:

Improving tools for early detection

Implementing evidence-based treatment

Examining factors that improve or worsen symptoms

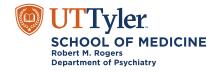


If you're interested in participating or want to learn more, contact:

Pamela-Thurman Ford, BS, CHW
Program Coordinator
903-877-7060
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Scan the QR code to enroll:







Helping Our Youth, Helping Our Future



Contribute to Research

The Texas Youth Depression & Suicide Research Network is seeking children and teens for a 10-year research study.

Who Can Participate?

Youth who meet the following requirements may be eligible:

- 8-20 years old
- Can dedicate time to in person and/or digital study assessments
- Can speak English and/or Spanish
- In treatment for depression
 or have symptoms of depression or suicidality



BENEFITS OF PARTICIPATION

Improve Research

Help improve youth mental health research in Texas

Symptom Assessment

Track your child's mood through survey's & learn more about their mental health

Share Data with Providers

Symptom scores can be shared with your child's provider

Participate in Activ8

Opportunity to participate in an additional 8-week behavioral activation telehealth program (Activ8)

Available at no cost to teens (ages 12 - 18) and their caregiver

Financial Compensation

Eligible participants may be financially compensated



TX-YDSRN Across Texas

Since 2020, TX-YSDRN has continued to expand its reach and impact across the state.

2,000+Youth Enrolled

12

18,000+
Study Visits Completed

100+
Participating Clinics

Study Sites Partnered
with TX Medical Schools