

# 3rd Annual Interprofessional Evidence-Based Practice Conference

# Embracing the Heart: Promoting Evidence-Based Outcomes



# Register Today!

2/14/2017

**[www.uttyler.edu/nursing/EBP](http://www.uttyler.edu/nursing/EBP)**

Location: CrossWalk Conference Center  
1607 Troup Hwy, Tyler, TX



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CHRISTUS Trinity Mother Frances Health System

in conjunction with

The University of Texas at Tyler

proudly presents:

***The 3rd Annual Interprofessional Evidence-Based Conference:  
Embracing the Heart: Promoting Evidence-Based Outcomes***

Evidence-Based practice is essential in today's healthcare arena, and guides practice to achieve optimal health outcomes. We are excited to focus this year's conference on a broad range on EBP guidelines that focus on the health of hearts for patients, providers, and the community as a whole.

Our stellar program will address evidence-based best practices that guide holistic aspects of care for the heart of the entire community, including the elements of civility in the workplace, self-health, and having a culture of support.

The endnote speaker will expound on the topic of embracing the heart through a discussion of health outcomes, medical errors, and the impact to the community as a whole. This is a wonderful preview for the 2018 Evidence-Based Conference.

**Notable Sponsors:**



Sigma Theta Tau International  
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## Keynote Speakers:



**Cindy Clark, RN, PhD, ANEF, FAAN**

is an award-winning professor, researcher, consultant, and Founder of Civility Matters™. Her ground-breaking work on fostering civility and healthy work environments has brought national and international attention to the controversial issues of incivility in academic and practice environments. Dr. Clark serves as a fellow in the American Academy of Nursing and the National League for Nursing Academy of Nursing

Education. She is the recipient of numerous teaching, research, and service awards. Her book, *Creating and Sustaining Civility in Nursing Education*, received 1st place honors as the 2013 AJN Book of the Year.



**Sohail Rao, MD, MA, DPhil**

currently serves as the System Vice-President for Research and Academics and Chief Academic Officer for CHRISTUS Health. He also serves as Executive Director, CHRISTUS Institute for Innovation & Advanced Clinical Care. Prior to joining CHRISTUS Health, Dr. Rao served as the

System Vice President for Research, Ochsner Health System. He also served as the Vice Dean for Research, Ochsner Clinical School, University of Queensland, and Professor of Clinical Sciences, School of Medicine, Univ. of Queensland. He received his MD from Dow Medical Univ. and did further training at Boston University, Harvard Medical School and Oxford Univ., receiving a PhD in Immunology/Pathology from the latter. Dr. Rao brings extensive experience as an academician and as a principal investigator in medical research, which resulted in over 250 publications in peer-reviewed journals.

**For more information please contact:**

[evidencebasedpractice@uttyler.edu](mailto:evidencebasedpractice@uttyler.edu)

	<div> TUESDAY, FEBRUARY 14 AT-A-GLANCE: CONFERENCE SCHEDULE </div>	
8:00 am	Registration & Continental Breakfast	
8:30 am	Introductory Remarks	
8:45 am	Keynote: The Not-so-Civil War in Healthcare	Cindy Clark, RN, PhD, ANEF, FAAN
10:15 am	Poster Session/Vendor Health Stations/Break	
10:30am	<b>Evidence-Based Practice Breakout Sessions for Health Professionals - Matters of the Heart (Select 2):</b> <ul style="list-style-type: none"> <li>• Nutrition - Pleasing the Palette with the Heart in Mind Jimi Franis, PhD, IBCLC, RLC, LD, RDN</li> <li>• Exercise- Get up and Move...Towards Heart Health Benjamin Tseng, PhD, MS, MA</li> <li>• Stress Reduction- Love Yourself: Reducing Heart Stress Connie Wyszynski, DNP, RN, IAC</li> </ul> <b>Downstairs Conference Rooms</b>	<b>Student Session</b> <b>Main Conference Room</b> Civility in Healthcare- Dr. Cindy Clark
11:45 am	Poster Session/Vendor Health Stations/Break	
12:00 pm	Lunch	
1:00 pm	<b>Healthcare Professionals Breakout Session</b> <b>Downstairs Large Conference Room</b> Civility in Healthcare- Dr. Cindy Clark	<b>Student Sessions: Evidence-Based Practice Matters of the Heart:</b> <ul style="list-style-type: none"> <li>• Nutrition - Pleasing the Palette with the Heart in Mind Jimi Franis, PhD, IBCLC, RLC, LD, RDN</li> <li>• Exercise- Get up and Move...Towards Heart Health Benjamin Tseng, PhD, MS, MA</li> <li>• Stress Reduction- Love Yourself: Reducing Heart Stress Connie Wyszynski, DNP, RN, IAC</li> </ul> <b>Main Conference Room</b>
2:15 pm	Poster Session/Vendor Health Stations/Break	
2:30 pm	Research and Academics: An Overview	Sohail Rao, MD, MA, DPhil
3:30 pm	Closing Comments	