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Contact Information

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Current Position

Position: Assistant Professor

Current Academic Rank: Assistant Professor

Scholarly Contributions and Creative Productions

Journal Article

Completed/Published

- Preston, A. J., Rew, L., Young, C. C., Lowe, J., & Song, H. (2026). The Utility of Psychological Capital Theory in Rural Adolescent Mental Health Research. *Clinical Child Psychology & Psychiatry*. [Attachment]
- Sinay, K., Preston, A. J., & Johnson, K. (2025). Nurses' involvement with child and adolescent menstruation: An integrative review. *Nursing for Women's Health*. [Attachment]
- Preston, A. J., Bullard, J. S., Smith, R., & Pepler, A. (2025). Gender differences in psychological strengths among rural adolescents. *Journal of Children and Adolescent Psychiatric Nursing* [Attachment] [Intellectual Contributions: Review Type: Blind Peer Reviewed]
- Bullard, J. S., Preston, A. J., & Chilton, J. M. (2025). Development of a School Nurse Simulation Bootcamp. *NASN School Nurse*. [Attachment]
- Preston, A., Kuo, Z., Rew, L., & Cara, Y. (2025). English Transadaptation and Content Validity Testing of the Positive Psychological Capital Questionnaire in English (PPQ-E) among Rural Youth. *Issues in Mental Health Nursing*. [Attachment] [Intellectual Contributions: Review Type: Blind Peer Reviewed]
- Johnson, K., Thurman, W., Hoskote, A., Preston, A., Rew, L., & Maughan, E. (2024). School nurse staffing in Texas alternative high schools: a mixed methods exploration. *Journal of School Nursing*. [Attachment] [Intellectual Contributions: Review Type: Blind Peer Reviewed]
Role as co-author: 50% background, 5% other sections
- Rew, L., Kelley, M., & Preston, A. (2024). Indicators of Psychological Capital and Social Connectedness Among Self-Identified Indigenous Youth Experiencing Homelessness. *Archives of Psychiatric Nursing*. [Attachment] [Intellectual Contributions: Review Type: Blind Peer Reviewed]
- Preston, A., Rew, L., & Spees, J. (2024). Social determinants of health and psychological capital among youth experiencing homelessness. *Western Journal of Nursing Research* [Attachment] [Intellectual Contributions: Review Type: Blind Peer Reviewed]
- Preston, A. J. (2024). The importance of nurse-patient relationships in the midst of substance misuse: Support for rural youth wellbeing. *Journal of Psychosocial Nursing and Mental Health Services* [Attachment] [Intellectual Contributions: Review Type: Editorially Reviewed]
- Preston, A. (2023). The Art and Science of Nursing are Not Mutually Exclusive. *Nursing Science Quarterly*, 34, 336-337. [Attachment] [Intellectual Contributions: Review Type: Editorially Reviewed]
- Preston, A., & Rew, L. (2023). Connectedness, self-esteem, and prosocial behaviors protect adolescent mental health following social isolation: A systematic review. *Issues in Mental Health Nursing*. [Attachment] [Intellectual Contributions: Review Type: Blind Peer Reviewed]
- Preston, A. J., Rew, L., & Young, C. C. (2023). A systematic scoping review of psychological capital and mental health in relation to adolescents and young adults. *Journal of School Nursing*. [Attachment] [Intellectual Contributions: Review Type: Blind Peer Reviewed]
- Thurman, W., Heitkemper, E., Hutson, T., Hecht, J., & Preston, A. (2023). "The System Tends to Scoop You Up and Spit You Out and They're Done With You": The Intersection of Intellectual/ Developmental Disability and Homelessness From the Perspectives of Service Providers . *Qualitative Health Research*. [Attachment] [Intellectual Contributions: Review Type: Blind Peer Reviewed]

Revise & Resubmit

Preston, A. J., Sinay, K. L., Bullard, J. S., Molina, C., & Chilton, J. M. (2026). Mental Health Infrastructure in

rural Northeast Texas schools: An exploratory pilot study. *Journal of Rural Mental Health* [Attachment] [Intellectual Contributions: Review Type: Blind Peer Reviewed]

Kobina, A., & Preston, A. J. (2026). Impacts of trauma-informed approaches on healthcare workers: A scoping review. *Workplace Health & Safety*. [Attachment] [Intellectual Contributions: Review Type: Blind Peer Reviewed]

Submitted

Kobina, A., Preston, A. J., McAlister, B., & Gilroy, H. (2025). Emergency nurses' perceptions of a trauma-informed organizational climate: A cross-sectional study. *Journal of Emergency Nursing*. [Attachment] [Intellectual Contributions: Review Type: Blind Peer Reviewed]

In Progress

Bullard, J. S., Rose, D. R., Preston, A. J., & Chilton, J. M. (2025). Development of a School Nurse Data Science Boot Camp. *NASN School Nurse Effort* - 40%

Other

Completed/Published

McCullumsmith, C., McBride, S. G., Alvarado, C., Nichols, B., Preston, A. J., & Baham, A. (2026). The Status of Mental Health in Northeast Texas. *The University of Texas at Tyler School of Medicine* [Attachment] [Intellectual Contributions: Review Type: Invited]

Poster Presentation

Completed/Published

Preston, A. J., Young, C. C., Molina, C., Byrd, T., Bullard, J. S., & Sinay, K. L. (2025, Autumn). *A Theoretically Grounded Exploration of Psychological Capital Among Rural Adolescents*. *Annual Health Policy Conference*. Washington, D.C.: American Academy of Nursing. [Attachment] [Intellectual Contributions: Review Type: Blind Peer Reviewed]

Young, C. C., Hotchkiss, E., Phillips, C., & Preston, A. J. (2025, Autumn). *Examining the Well-Being of Undergraduate Nursing Students: The Impact of Emotional Labor and Psychological Capital*. *Council for the Advancement of Nursing Science*. [Attachment]

Smith, R., Peppler, A., & Preston, A. J. (2025, Spring). *A secondary analysis of the psychological capital and gratitude of high school students in Northeast Texas*. *Great Plains Honors Council*. [Attachment]

Heitkemper, E., Thurman, W., Hutson, T., Hecht, J., & Preston, A. (2025, April). *System and policy challenges for adults with intellectual disability disorder who are experiencing homelessness*. *Health Services Research*. [Attachment] [Intellectual Contributions: Review Type: Blind Peer Reviewed]

Okafor, J., Preston, A. J., Serrano, N. J., Chapman, B., Guidry, R. L., & Bowen, J. (2024, Spring). *Analyzing curriculum: The social determinants of health and cultural competency in nursing education*. *2nd Annual School of Nursing and School of Health Professions Research Showcase*. [Attachment] [Intellectual Contributions: Review Type: Non-blind, Peer Reviewed]

Bullard, J. S., Preston, A. J., & Chilton, J. M. (2024, Spring). *An innovative school nurse simulation bootcamp*. *2nd Annual School of Nursing and School of Health Professions Research Showcase* [Attachment] [Intellectual Contributions: Review Type: Non-blind, Peer Reviewed]

Sinay, K., Johnson, K., & Preston, A. J. (2024, Spring). *Nurse involvement with child and adolescent menstruation: An integrative review of the literature*. *5th Annual Interprofessional Health Showcase*. University of Texas at Austin. [Attachment] [Intellectual Contributions: Review Type: Non-blind, Peer Reviewed]

Bullard, J. S., Preston, A. J., & Chilton, J. M. (2024, Spring). *An Innovative School Nurse Simulation Bootcamp*. *2nd Annual School of Nursing and School of Health Professions Research Showcase* [Attachment] [Intellectual Contributions: Review Type: Non-blind, Peer Reviewed]

Preston, A. J., Rew, L., & Young, C. C. (2023, Spring). *Psychological capital associated with wellbeing among rural, underserved US youth: Health policy implications*. *American Academy of Nursing Health Policy Conference*. [Attachment]

Preston, A., Vega, J. A., Wallace-Gay, T. D., Mettlen, J., Wade, M., Green, B. A., ... Parti, A. (2023, Spring). *The influence of poverty and race in acute care management and discharge planning: An interprofessional simulation activity*. *The 2023 Innovations in Health Science Education Annual Conference Diversity, Collaboration, And Opportunities In Current Health Science Education*. [Attachment] [Intellectual Contributions: Review Type: Non-blind, Peer Reviewed]

- Gipson, C. (Christy) S., Guidry, R. L., Preston, A., & Deal, B. J. (2023, March). *Reimagining nursing education: The integration of quality improvement and self-care among undergraduate nursing students. The 2023 Innovations in Health Science Education Annual Conference Diversity, Collaboration, And Opportunities In Current Health Science Education*. Virtual: The University of Texas Kenneth I. Shine, M.D., Academy of Health Science Education. [Attachment] [Intellectual Contributions: Review Type: Blind Peer Reviewed]
- Rew, L., Kelley, M., Preston, A., & Spees, J. (2022, Autumn). *Indicators of psychological capital among self-identified indigenous youth experiencing homelessness.. 3rd Annual Indigenous Summit*. University of Texas at Austin. [Attachment] [Intellectual Contributions: Review Type: Non-blind, Peer Reviewed]
- Preston, A., Faghihifar, J. A., & Wallace-Gay, T. D. (2022, February). *An interdisciplinary approach to reducing health disparities among people experiencing poverty: The future of nursing in practice. NCLEX NexGen Conference (NurseTim)*. UT Tyler. [Attachment]
- Preston, A., Rew, L., & Young, C. C. (2022, March). *The relationship between psychological capital and mental health among diverse adolescents and emerging young adults: A scoping review. St. David's Annual CHPR Conference*. UT Austin. [Attachment]
- Preston, A. (2021, February). *The association of protective factors and social isolation among youth. St. David's Annual CHPR Conference*. University of Texas at Austin: St. David's Hospital System & CHPR. [Attachment] [Intellectual Contributions: Review Type: Non-blind, Peer Reviewed]
Poster presentation of literature review
- Preston, A. (2021, June). *HoMETx: A population health focused clinical experience. Annual Institute: Advocacy in Community/Public Health Nursing, Policy, Education, and Research Virtual Conference*. Virtual: Association of Community Health Nurse Educators (ACHNE). [Attachment] [Intellectual Contributions: Review Type: Non-blind, Peer Reviewed]
Poster presentation of community health clinical learning experience
- Preston, A. (2021, April). *Rural Community Engagement Project in Healthcare Education. 3rd Annual Interprofessional Health Showcase*. University of Texas at Austin: UT Austin IPE Center. [Attachment] [Intellectual Contributions: Review Type: Non-blind, Peer Reviewed]
Poster Presentation with live Q&A over interprofessional community-based clinical learning experience
- Preston, A., & Vega, J. A. (2021, May). *Rural community engagement project in healthcare education: a pilot. The University of Texas at Austin Center for Health Interprofessional Practice and Education 3rd Annual Interprofessional Health Showcase*. Virtual: The University of Texas at Austin Center for Health Interprofessional Practice and Education. [Attachment] [Intellectual Contributions: Review Type: Editorially Reviewed]

Presentation

Completed/Published

- Preston, A. J., Young, C. C., Molina, C., Byrd, T. L., Bullard, J. S., & Sinay, K. L. (2026, February). *"That's me being motivated": Adolescent perspectives of their strengths. SNRS 40th Annual Conference*. Austin, TX: Southern Nursing Research Society. [Attachment] [Intellectual Contributions: Review Type: Blind Peer Reviewed]
- Sinay, K., Preston, A. J., & Summers, M. (2026, Spring). *Using the Menstrual Cycle as a Vital Sign: NP's Understanding. Southern Nursing Research Society 40th Annual Conference* [Attachment] [Intellectual Contributions: Review Type: Blind Peer Reviewed]
- Preston, A. J. (2026, Spring). *Communicating Effectively to Decision-Makers. Data Science Bootcamp for School Nurses*. [Attachment] [Intellectual Contributions: Review Type: Invited]
- Preston, A. J. (2025, Autumn). *Launching with Purpose: How to Get Your First Grant Beyond the PhD. PhD Workshop*. [Attachment]
- Preston, A. J. (2024, Summer). *Psychological Capital and School Nursing Practice Region VII Annual School Nurse Conference*. [Attachment]
- Preston, A. J. (2024, Spring). *Measuring Psychological Capital (HERO Strengths) and Other Considerations for Rural Youth Mental Health. Invited Speaker: Grand Rounds*. University of Alabama Center for Substance Use and Related Conditions. [Attachment] [Intellectual Contributions: Review Type: Invited]
- Preston, A. J., Rew, L., & Young, C. C. (2023, Autumn). *Exploring stigma and mental health: Patient-reported outcomes among rural, underserved youth. PROMIS Health Organization 9th Annual International Conference*. Banff, Canada: PROMIS Health Organization (PHO). [Attachment] [Intellectual Contributions: Review Type: Non-blind, Peer Reviewed]
- Preston, A., Rew, L., & Spees, J. (2023, Spring). *The social determinants of health and inner strengths of youth experiencing homelessness. Southern Nursing Research Society "Building Partnerships Through Research, Education, and Practice"* Orlando, Florida: Southern Nursing Research Society (SNRS).

[Attachment] [Intellectual Contributions: Review Type: Non-blind, Peer Reviewed]

Accepted

Bullard, J. S., Preston, A. J., & Chilton, J. M. (2026, June). *The School Nurse Boot Camp Model: Local Nursing Continuing Professional Development Opportunities for School Nurses. National Association of School Nurses Annual Conference*. Las Vegas, Nevada: NASN. [Attachment] [Intellectual Contributions: Review Type: Blind Peer Reviewed]

Grants

Completed

Foundation

PROMIS Trainee Scholarship, Funded by PROMIS Health Organization (October 21, 2023) **(\$1,000.00)**, Completed, Fall 2023, PI Angela Preston [Type of Grant: Training]

Jonas Scholar, Funded by JONAS Philanthropies and UT Austin (September 1, 2021), awarded April 30, 2021 **(\$30,000.00)**, Completed, Spring 2023, Other Angela Preston (100%) [Type of Grant: Training]

Psychological capital and stigma in relation to mental health among youth, Funded by Sigma Theta Tau International- Epsilon Theta (August 1, 2022) **(\$750.00)**, Completed, Spring 2023, PI Angela Preston (100%) [Type of Grant: Research]

Psychometric Testing of the Positive Psychological Capital Questionnaire to explore Stigma and Mental Health among Rural Youth, Funded by Sigma Theta Tau International- Iota Nu (August 1, 2022) **(\$1,000.00)**, Completed, Spring 2023, PI Angela Preston (100%) [Type of Grant: Research]

Institutional

Open Educational Resources for Healthcare Policy Development N6352, Funded by University of Texas at Tyler Muntz Library (September 1, 2025) **(\$1,000.00)**, Completed, Fall 2026, PI Angela Preston [Type of Grant: Service]

Not for Profit

Charlotte McGuire Education Scholarship- Graduate Award , Funded by American Holistic Nurses Association (May 1, 2023) **(\$1,250.00)**, Completed, Spring 2023, PI Angela Preston (100%) [Type of Grant: Training]

Funded - In Progress

State

Early and Emerging Children's Mental Health Research Career Development Grant, Funded by Texas Children's Mental Health Care Consortium (September 1, 2024 - August 31, 2026), awarded September 1, 2024 **(\$284,136.25)**, Funded - In Progress, Fall 2024, PI Angela Preston [Type of Grant: Research]

Submitted for Review

Not for Profit

Child and adolescent health care in rural school nurse clinics: A journey to a nurse-led model of care. , Funded by National Association of School Nurses (January 31, 2024) **(\$10,860.00)**, Submitted - Not Funded, Spring 2024, PI Angela Preston with CoPI Citlali Estela Molina, CoPI Cara Young, CoPI Kristen Williams [Type of Grant: Research]

Two life giving water wells: An environmental health project, Funded by St. Margaret's Endowment (June 1, 2024) **(\$9,000.00)**, Submitted - Not Funded, Spring 2024, PI Angela Preston [Type of Grant: Service]