

Beth Mastel-Smith, PhD, MS, RN
Spring 2015 - Spring 2026
Professor
bmastelsmith@uttyler.edu

Current Position

Current Academic Rank: Professor

Degrees

2004 Ph.D., Nursing, Texas Woman's University
1987 MS, Health Education, Whitworth College
1981 B.S.N., Nursing, Eastern Washington University, Cheney, Washington

Work Experience

2025 - Ongoing

Assistant Dean for Graduate Programs and PhD Program Director, The University of Texas at Tyler, Tyler, Texas, United States

2015 - Ongoing

Professor, University of Texas at Tyler, Tyler, Texas, United States

2008 - 2015

Associate Professor, University of Texas at Tyler, Tyler, Texas

2005 - 2008

Assistant Professor, Texas Woman's University, Houston, Texas

2004 - 2005

Nursing Lab Coordinator, Texas Woman's University, Houston, Texas
Geriatric Nurse Consultant, Jackson Care Management, Houston, Texas

2003 - 2004

Graduate Teaching Assistant, Texas Woman's University, Houston, Texas

2001 - 2002

Research Associate, Center for Research on Women with Disabilities, Houston, Texas

1996 - 1999

Director, Hua Mei Training Center, TSAO Foundation, Singapore, Singapore

1990 - 1993

Study Coordinator, Kaiser Permanente Center for Health Research, Portland, Oregon

1986 - 1989

Director, Aquatic Center, Whitworth College, Spokane, Washington

Scholarly Contributions and Creative Productions

Chapter

Completed/Published

McWhorter, R. R., Delello, J. A., Gipson, C. S., Mastel-Smith, B., & Caruso, K. (2020). Do loneliness and social connectedness improve in older adults through mobile technology? In *Disruptive and emerging*

Journal Article

Completed/Published

- Kimzey, M., & Mastel-Smith, B. (2026). Expert by Experience with dementia co-teaching: "Having an expert in every class." *Teaching and Learning in Nursing*
- Mastel-Smith, B., Hermanns, M., Melendez, J., Bowlin, A., Fong, K., Rivera, D. C., ... Santos, Z. M. (2024). "I got laughed at for the shuffling noise I make": Parkinson's and Stigma. *Research and Theory in Nursing Practice, 38*, 321–338.
- Murley, B., Chen, K.-M., Gipson, C. (Christy) S., Gosselin, K., Thornhill, J., Ross, A., ... Mastel-Smith, B. (2024). Effects of the Vitality Acupunch exercise program on older adults with probable sarcopenia: A mixed methods pilot study. *Journal of Holistic Nursing*.
- Patterson, J., & Mastel-Smith, B. (2022). Person-Centered Care for Someone Living with Dementia: Lady Gaga and Tony Bennett. *International Journal for Human Caring*.
- Hermanns, M., Mastel-Smith, B., Stone, K., & Streufert, P. D. (2022). Engaging nursing honors students in research: A model program. *Journal of Professional Nursing*.
- Kimzey, M., & Mastel-Smith, B. (2022). Impact of dementia simulation on nursing students: When empathy breeds awareness. *Teaching and Learning in Nursing, 17*, 169–173.
Role as co-author: Methodology 50%; Data Analysis/findings 50%, final edits 100%
- Mastel-Smith, B., Kimzey, M., Patterson, J., & Garner, J. (2021). Online Dementia Bootcamp for High School Students. *Journal of Dementia Care*
- Kimzey, M., Patterson, J., & Mastel-Smith, B. (2021). Nursing Students Visiting People with Dementia Online during COVID-19: A Qualitative Study. *Journal of Intergenerational Relationships, 20*, 1–17.
- Hermanns, M., & Mastel-Smith, B. (2021). A whole day, I might not say a word": Responses to the Pandemic by People with Parkinson's. *Journal of the American Nurses Association of New York*
- Parkmann, S., Mastel-Smith, B., Duke, G., & McGuire, A. (2019). Insights to Identifying and Managing Pain in Persons with Dementia: A Mixed Methods Study. *Journal of Gerontological Nursing*.
Contribution: Methodology 50%; Findings 50%, final edits 100%
- Hermanns, M., Mastel-Smith, B., Donnell, R., Quarles, A., Wang, T., & Rodriguez Douglass, M. (2020). Counterpunching to reduce Parkinson's symptoms. *Nurse Practitioner, 33*, 1230–1239.
- Kimzey, M., Patterson, J., & Mastel-Smith, B. (2020). Effects of simulation on nursing students' dementia knowledge and empathy: A mixed methods study. *Issues in Mental Health Nursing, 42*.
- Mastel-Smith, B., Kimzey, M., Jennifer, G., Shoair, O., Stocks, E. L., & Wallace, T. (2018). Dementia care bootcamp: Interprofessional education for healthcare students. *Journal of Interprofessional Care, 34*, 799–811.
Methodology 100%; Data Collection 80%; Data Analysis/findings 100%, final edits 100%
- Mastel-Smith, B., Duke, G., & He, Z. (2018). A Randomized Controlled Trial Examining the Effects of Tai Chi and Electronic Tablet Use on Older Adults' Cognition and Health. *Journal of Holistic Nursing*.
Role as co-author: Methodology 100%; Data Collection 50%; Data Analysis/findings 50%, final edits 100%
- Kimzey, M., Mastel-Smith, B., & Seale, A. (2018). Effects of Dementia Specific Education on nursing students. *Nurse Educator*.
Role as co-author: Methodology 50%; Data Analysis/findings 50%, final edits 100%
- Mastel-Smith, B., Kimzey, M., & He, Z. (2018). Dementia care education for nursing students. *Nurse Educator*.
Role as co-author: Methodology 100%; Data Collection 75%; Data Analysis/findings 50%, final edits 100%
- Marzilli, C., & Mastel-Smith, B. (2017). Cultural Competence among Pre-Licensure Nursing Faculty. *Journal of Nursing Education and Practice*.
Role as co-author: 5% entire manuscript, final edits 100%
- Post, J., Mastel-Smith, B., & Lake, P. K. (2017). Online Teaching: How Students Perceive Faculty Caring. *International Journal for Human Caring*.
Role as co-author: Methodology 50%; Data Collection 50%; Data Analysis/findings 50%, final edits 100%
- Lin, C. N., & Mastel-Smith, B. (2016). Cultural competence in Taiwan health care and society: Rationale for and state of the science. *Online Journal of Cultural Competence in Nursing and Healthcare, 6*, Retrieved from <http://www.ojccnh.org/pdf/v6n1a9.pdf> doi: 10.9730/ojccnh.org/v6n1a9.
Role as co-author: 5% entire manuscript, final edits 100%

Kimzey, M., Mastel-Smith, B., & Alfred, D. (2016). The impact of educational experiences on nursing students' knowledge and attitudes toward people with Alzheimer's disease: A mixed method study. *Nurse Education Today*, *46*, 57-63.

Role as co-author: 5% entire manuscript, final edits 100%

Mastel-Smith, B., & Yarbrough, S. P. (2016). A Reflexive Exercise to Promote Cultural Humility Among Doctoral Nursing Students. *Journal of Nursing Education and Practice*, *7*, Retrieved from <http://www.sciedupress.com/journal/index.php/jnep/article/view/10321/6587>.

Role as co-author: Methodology 100%; Data Collection 50%; Data Analysis/findings 50%, final edits 100%

Mastel-Smith, B., Tracy, N., & Caruso, K. C. (2016). Addressing future demands: Development of an online gerontological nursing course. *Geriatric Nursing*, *37*, 404-407.

Role as co-author: 90% original draft, final edits 100%

Vardaman, S., & Mastel-Smith, B. (2016). The transitions in international nursing students. *Teaching and Learning in Nursing*, *11*, 34-43.

Role as co-author: 5% entire manuscript, final edits 100%

McNeill, C. C., Alfred, D., Mastel-Smith, B., Fountain, R., & MacClements, J. (2016). Changes in self-reported household preparedness levels among a rural population after exposure to emergency preparedness campaign materials. *Homeland Security & Emergency Management*, *13*, 113-135.

Role as co-author: 5% entire manuscript, final edits 100%

Mastel-Smith, B. (2016). Transcultural Health & Humanities: Taiwan Immersion. *Tzu Chi Medical & Nursing Care*, *20*, 95-97.

Lin, C. N., & Mastel-Smith, B. (2015). Cultural competence and related factors among Taiwanese nurses. *Journal of Nursing Research*.

Role as co-author: 5% entire manuscript, final edits 100%

Mastel-Smith, B., Post, J., & Lake, P. K. (2015). Online teaching: Are you there and do you care? *Journal of Nursing Education*.

Role as co-author: Methodology 100%; Data Collection 50%; Data Analysis/findings 75%, final edits 100%

Other

Completed/Published

Mastel-Smith, B., Kimzey, M., & Garner, J. (2024). Factors that affect community engagement for community-dwelling people with a dementia, a scoping review. *JBI Institute*.

Poster Presentation

Completed/Published

Greene, R., Mastel-Smith, B., & McAlister, B. S. (2025, Summer). *Survivorship by Setting: Mental Health-Related Phenomena in Critical Illness Survivors*. 36th International Nursing Research Congress. Seattle, WA: Sigma Theta Tau.

Murley, B., Chen, K. -m., Gipson, C. (Christy) S., Mastel-Smith, B., & Gosselin, K. (2025, Spring). *A Mixed Methods Pilot Study Evaluating the Effects of the Vitality Acupunch Exercise Program on Older Adults*. Southern Nursing Research Society 39th Annual Conference Southern Nursing Research Society.

Murley, B., Chen, K.-M., Gipson, C. (Christy) S., Gosselin, K., Ross, A., Gladding, K., & Mastel-Smith, B. (2024, Spring). *A Mixed Methods Pilot Study Evaluating the Effects of the Vitality Acupunch Exercise Program on Older Adults in East Texas Long-Term Care*. East Texas Research Conference Tyler, TX: The University of Texas at Tyler.

Thornhill, J., Murley, B., Gipson, C., & Mastel-Smith, B. (2023, April). *Effects of the Vitality Acupunch Exercise on Older Adults with Sarcopenia, A Pilot Study*. University of Texas at Tyler Lyceum The University of Texas at Tyler: University of Texas at Tyler Honors College.

Castaneda, K., Jones, J., & Mastel-Smith, B. (2023, April). *Women's experience of cancer treatment during COVID-19 on the Texas-Mexico border*. Southern Nursing Research Society Annual Conference Orlando, Florida: Southern Nursing Research Society.

Kimzey, M., & Mastel-Smith, B. (2022, October). *The Value of a Person with Dementia co-Teaching an Interprofessional Dementia Elective*. National Hartford Center of Gerontological Nursing Excellence Annual Conference. Virtual: National Hartford Center of Gerontological Nursing Excellence.

Mastel-Smith, B., & Hermanns, M. (2022, Autumn). *Parkinson's and Stigma: A multiple case study*. Gerontological Society of America Annual Scientific Meeting Indianapolis, Indiana: Gerontological Society of America.

- Ameringer, S., Mastel-Smith, B., & Boerner, A. (2022, February). *The Nursing Education Xchange (NEXus): A Successful Nursing Educational Partnership for Doctoral Education. The Southern Nursing Research Society Annual Conference*. New Orleans, LA: The Southern Nursing Research Society.
- Vaughn, T., Lee, S., & Mastel-Smith, B. (2022, Spring). *Veterans Experiencing Homelessness: Exploring Help-Seeking Intentions at a Stand Down Event. Partnerships in Veteran & Military Health: Inspiring a Community of Care and Connection*. Aurora, CO: University of Colorado Anschutz.
- Santos, Z., Preston, B., Melendez, J., Hermanns, M., & Mastel-Smith, B. (2021, April). *Understanding Stigma Encountered by People with Parkinson's Disease. National Collegiate Honors Council Conference*. Orlando, FL: National Collegiate Honors Council.
- Kimzey, M., Mastel-Smith, B., & Patterson, J. (2021, November). *Nursing Students Visiting People with Dementia Online during COVID-19: A Qualitative Study. GSA Annual Scientific Meeting*. Phoenix, AZ: GSA.
- Santos, Z., Beckett, P., Melendez, J., Hermanns, M., & Mastel-Smith, B. (2021, October). *"Stop shaking": Perceptions of stigma by people with Parkinson's Disease. National Collegiate Honors Council (NCHC)*. Orlando, FL; delivered at UT Tyler because of COVID: National Collegiate Honors Council / UT Tyler Honors program.
- Bowlin, A., Castillo, D., Hester, L., Melendez, J., Reyes, C., Santos, J., ... Mastel-Smith, B. (2021, October). *"Today I got laughed at": Identifying stigma experienced by people with Parkinson's Disease in social media. National Collegiate Honors Council (NCHC)*. Orlando, FL; delivered at UT Tyler due to COVID: National Collegiate Honors Council (NCHC).
- Fong, K., Mastel-Smith, B., & Hermanns, M. (2021, March). *"There's Nothing Wrong with You": Associated & Structural Stigma Related to Parkinson's Disease. Great Plains Honors Council Conference Online*: Great Plains Honors Council.
- Cottrell, D. B., Mastel-Smith, B., & Atchison, P. T. (2021, March). *Disclosure of Sexual and/or Gender Minority Status to Healthcare Providers: The Provider Perspectives. LGBTQ Healthcare Conference*. Virtual: Indiana University School of Medicine.
- Santos, Z., Bowlin, A., Rivera, D., Hester, L., Melendez, J., Preston, B., ... Hermanns, M. (2021, April). *Exploring Stigma Experienced by People with Parkinson's Disease in Literature and Social Media The University of Texas at Tyler Lyceum*. Online: UT Tyler.
- Quarles, A., Donnel, R., Wang, T., Rodriguez Douglass, M., Mastel-Smith, B., & Hermanns, M. (2020, April). *Counter-punching to Reduce Parkinson's Symptoms: Caregiver Perspectives The University of Texas at Tyler Lyceum*. The University of Texas at Tyler: The University of Texas at Tyler.
- Kimzey, M., & Mastel-Smith, B. (2019, April). *Impact of virtual experience on nursing students: when empathy breeds interest. 2019 Aging in America Conference*. New Orleans, Louisiana: American Society on Aging.

Presentation

Completed/Published

- Mastel-Smith, B., Kimzey, M., Hermanns, M., & Robinson, A. (2024, Autumn). *"Everybody has a soul": People with dementia and nursing students co-creating life stories. Gerontological Society of America Annual Scientific Meeting*. Seattle, WA: Gerontological Society of America.
- Mastel-Smith, B., & Kimzey, M. (2024, Autumn). *Expert by Experience with Dementia Co-Teaching: Having an Expert in Every Class. Gerontological Society of America 2024 Scientific Meeting*. Seattle, WA: Gerontological Society of America.
- Mastel-Smith, B., Kimzey, M., & Garner, J. (2023, Autumn). *Dementia Bootcamp for High School Students GSA 2023 Annual Scientific Meeting*. Tampa, Florida: Gerontological Society of America.
- Mastel-Smith, B. (2023, Summer). *Development of a Dementia Friendly Community. Forum on Aging in Rural Oregon*. Seaside, OR: Oregon Office of Rural Health.
- Mastel-Smith, B., Dawson, W., & Harwood, R. (2023, Summer). *Dementia in Rural Oregon: Envisioning Support Across the Care Continuum. 2023 Forum on Aging in Rural Oregon*. Seaside, OR: Oregon Office of Rural Health.
- Mastel-Smith, B. (2023, Spring). *Dementia Demystified. 22nd Annual Investment in Caregivers Conference*. Ontario, OR: Oregon Department of Health.
- Mastel-Smith, B. (2023, Spring). *Communicating with Older Adults. 22nd Annual Investment in Caregivers Conference*. Ontario, OR: Oregon Department of Health.
- Melendez, J., Bowlin, A., Castillo Rivera, D., Santos, J., Mastel-Smith, B., & Hermanns, M. (2022, April). *Parkinson's Disease and Stigma: A Multiple Case Study. The University of Texas at Tyler Lyceum*. The University of Texas at Tyler: The University of Texas at Tyler Honors Program.

- Mastel-Smith, B., & Kimzey, M. (2022, May). *Health Care for People with Dementia Post Pandemic International Nurses Day Conference*. Jinan, Shandong Province, China: Shandong University of Traditional Chinese Medicine.
- Mastel-Smith, B., Garner, J., & Kimzey, M. (2019, Spring). *Dementia care bootcamp: An interprofessional Education program for healthcare students. Aging in America Conference*. New Orleans, Louisiana: American Society on Aging.
- Mastel-Smith, B., Wallace, T., & Kimzey, M. (2018, Autumn). *Dementia Care Bootcamp. Annual REACH Conference*. Longview, TX: East Texas Council of Governments (ETCOGs) Area Agency of Aging.
- Mastel-Smith, B., & Kimzey, M. (2017, Autumn). *Dementia Education Boot Camp: An Interdisciplinary Education Program. Regional Education on Aging, Caregiving and Healthcare Conference*
- Mastel-Smith, B. (2017, Spring). *A reflexive exercise to promote cultural humility among doctoral students The Cultural Inclusion Institute*. The University of Texas at San Antonio: The University of Texas at San Antonio School of Nursing.
- Mastel-Smith, B. (2016, Autumn). *Culture's Influence on Health. Regional Education on Aging, Caregiving and Healthcare Conference*. Longview, TX: East Texas Council of Governments' Area Agency on Aging.
- Mastel-Smith, B., Wexler, S., Ennen, K., & Cathy, E. (2016, Autumn). *Re-visioning NGNA's Resarch & Education Committee. National Gerontological Association Annual Conference*. Indianapolis, Indiana: National Gerontological Association.
- Mastel-Smith, B. (2016, May). *Impact of Ethnic Minorities Culture on Health 2016 World Minority Ethnic Group "Cultural Heritage Education and Innovative Teaching."* Hualien, Taiwan: Tzu Chi University of Science and Technoloty.
- Mastel-Smith, B. (2015, October). *Falling Between the Cracks: Rural Uninsured Caregiver Perceptions National Gerontological Nurses Association Convention*. Indianapolis, Indiana: National Gerontological Nurses Association.
- Mastel-Smith, B., Drury, L., Gains, J., & Gray-Vickrey, P. (2015, October). *Designing, Implementing, and Reporting Research in Nursing, Health & Healthcare, A Three-Part Series. National Gerontological Nurses Association Convention*. Indianapolis, Indiana: National Gerontological Nurses Association.
- Mastel-Smith, B., Post, J., & Lake, P. K. (2015, Summer). *Online teaching: Are you there and do you care? International Association of Human Caring Conference*. New Orleans, LA: International Association of Human Caring.