

Melissa Marie Gabel-Alvarado MSN, FNP-BC

Education

- University of Texas Health Science Center at San Antonio Graduate Studies – Family Nurse Practitioner Program Master of Science in Nursing obtained May 2009. **January 2006 – May 2009**
- University of Texas Health Science Center at San Antonio Undergraduate Studies – Registered Nurse Program Baccalaureate Degree obtained May 2000. **August 1997 - May 2000**

Experience

- CareNow Urgent Care Clinic- Provider Service Group
○ Nurse Practitioner
○ Urgent and Acute Care- 3 months and up **October 2019 – Current**
- HEB Wellness and Primary Care
○ Nurse Practitioner
○ Total Healthcare along the life span **November 2022 – Nov 2023**
- FastTex Urgent Care - Nurse Practitioner
○ Urgent Care needs of all ages **December 2019 - January 2021**
- University of Texas Health Science Center San Antonio- Nurse Practitioner
Department of Anesthesia- Pain Management Clinic **June 2018 – August 2019**
- University of Texas Health Science Center Northeast Texas- Family Medicine Department. Contracted to provide primary Care medical services at an outpatient psychiatric facility. **September 2016- January 2018**
- Tyler Family Circle of Care- Family Medicine
Family Nurse Practitioner – General Family Medicine, Obstetrics, Gynecology and Pediatrics **November 2014 – August 2016**
- University Health System- Eastside Clinic/South Flores Clinic
Family Nurse Practitioner – General Family Medicine, Obstetrics, Gynecology and Pediatrics **August 2009 – September 2014**

Grants and Organizations

- FIPSE grant awarded December 1998
- National Health Service Corp- 2009-2013

Presentations

- Poster presentation at University of Texas Health Science Center at San Antonio School of Nursing – Complementary and Alternative Medicine. “Red Clover for the Relief of Menopausal Symptoms” March 2009.
- Semester presentations for current physician fellowship candidates in pain management, as well as other medical and non-medical audience member.

- Currently working on a cohort presentation with American Academy of Physical Medicine and Rehabilitation in a dyad model to develop an interdisciplinary model of practice for midlevel/physician collaboration. Focusing on team building skills, creative problem-solving skills; to include policy development, implementation and data interpretation.

Awards and Honors

- National Certification achieved August 2009 by American Nurses Credentialing Center.
- Sigma Theta Tau National Honor Society Induction April 2007.
- Nominated Nurse of the Year for the Gallup Indian Medical Center in 2003 (Cultural awareness and sensitivity award among Native American Indians).
- Awarded participation in international exchange program in Savonlinna, Finland from January 1999 – April 1999 with concentration in community health nursing and midwifery.

Skills, Qualifications and Training

- Microsoft Office, Internet, E-MD's (e-mar), Meditech, Quantitative Sentinel, Sunrise (Eclipsis) and Epic.
- Proficient in basic computer skills, typing, word processing, presentation, and spreadsheet applications skills
- Highly proficient internet researching skills
- Certified in X-waiver buprenorphine prescribing
- Moderate proficiency in Spanish reading, writing and speaking.
- Currently CPR, ACLS, and ANCC certified.