

**Sandra Kolapo**  
**Clinical Assistant Professor**  
skolapo@uttyler.edu

**Current Position:** PMHNP Program Director

**Current Academic Rank:** Clinical Assistant Professor

## **Degrees**

- **2023: D.N.P., Psychiatric Mental Health- Across the Lifespan**, University of South Alabama, Mobile, Alabama, United States

**Dissertation: A Quality Improvement Project to Screen for and Decrease Social Anxiety in Adult Patients Using Progressive Muscle Relaxation and Liebowitz Social Anxiety Scale**

- **2015: M.S.N., Psychiatric Mental Health Nursing- Across the Lifespan**, University of South Alabama, Mobile, Alabama, United States
- **2013: M.S.N., Master's of Science in Women's Health Nursing**, Florida Agricultural and Mechanical University, Tallahassee , Florida, United States

**Dissertation: MSN Scholarly Project Defense- Increasing Awareness of Postpartum Depression in Women**

- **2010: B.S.N., Nursing**, Florida State University, Tallahassee, Florida, United States

## **Professional Licensures & Certifications**

- **2025: Basic Life Support (BLS) American Heart Association, Multi-State**
- **2016: Psychiatric Mental Health Nurse Practitioner Board Certified, ANCC**
- **2010: Registered Nurse (RN) Licensure, Compact Multi-State License – Texas**

## **Work Experience**

### **2024 - Ongoing**

- Clinical Assistant Professor- PMHNP Program Director, University of Texas at Tyler, Texas

## **2021 – Ongoing**

- Psychiatric Nurse Practitioner, Texas Nurse Practitioner Association, Texas, United States

## **2020 – Ongoing**

- Psychiatric Mental Health Nurse Practitioner, University of Texas at Tyler, Texas, United States

## **2017 - 2020**

- Psychiatric Mental Health Nurse Practitioner, Southwest Correctional Medical Group, Conroe, Texas, United States

## **2016 - 2017**

- Psychiatric Mental Health Nurse Practitioner, Progressive Behavioral Health, PLLC Inpatient/ Outpatient- Part-Time, Bayton, Texas, United States

## **2016 – Ongoing**

- Psychiatric Mental Health Nurse Practitioner, Barton And Associates/ Locum Tenens- Agency, HOUSTON, Texas, United States

## **2014 - 2016**

- Registered Nurse, American Mobile/Aureus Travel Nurse - Agency, HOUSTON, Texas, United States

## **2010– 2014**

- Registered Nurse, Tallahassee Memorial Healthcare Rehab Center, Tallahassee, FL

# **Honors**

## **2015**

- Cum Laude Honors Graduate, American Psychiatric Nurses Association

# **Community Service / Civic Service Activities**

## **Fall 2024 - Ongoing**

- Delta Sigma Theta

## **Spring 2024**

- Delta Sigma Theta School Drive