

Belinda J. Deal, PhD, RN, CNE

Current Position

Position Title: Professor

Start Date: 2020-09-01

Degrees

Degree: Ph.D.

Year Conferred: 2008

Discipline: Nursing

Granting Institution: Texas Woman's University

Level of Degree: Doctoral

Highest Degree Earned: Yes

Terminal Degree: No

City: Denton

Title of Dissertation or Thesis: The Lived Experience of Giving Spiritual Care

State or Province: TX

Degree: MSN

Year Conferred: 1990

Discipline: Nursing

Granting Institution: The University of Texas Health Science Center at Houston

Level of Degree: Masters

Highest Degree Earned: No

Terminal Degree: No

City: Houston

Title of Dissertation or Thesis: Host, Agent, and Environmental Factors that Influence Injury Severity Scores in Seat Belted Persons

State or Province: TX

Degree: B.S.N.

Year Conferred: 1987

Discipline: Nursing

Granting Institution: The University of Texas at Arlington

Level of Degree: Bachelors

Highest Degree Earned: No

Terminal Degree: No

City: Arlington

State or Province: Texas

Nation: United States

Professional Licensures & Certifications

Title: Certified Nurse Educator

Organization: National League for Nursing

Further Details: Nurse educator certification Will renew September 2019

Type: Certification

Year Conferred: 2014

Title: Registered Nurse

Organization: Texas State Board of Nurse Examiners

Further Details: Expires 2021 and odd years after that

Type: Certification

Year Conferred: 1978

Work Experience

Reassigned Duties

Start Term: Summer 2023

End Term: Ongoing

Description: The Honors in the Major-Nursing Coordinator will be the main point of contact between the School of Nursing and the Honors College. The person in this position will advise nursing honors students, assist them with curricular issues as they arise, and help students develop a connection with a faculty research mentor. The coordinator will also help support students in completing presentation requirements like the Lyceum. The Honors College faculty and staff will continue their role in advising nursing honors students on good standing in the Honors College (e.g., attendance at honors colloquia) and helping students with any other honors-related issues that arise (e.g., scholarships, transcript notations, etc.)

Reassigned Load Hours: 3

Level: 3

Level Name: School/Department

Teaching

Scholarly Contributions and Creative Productions

1. Gosselin, K., Oliver, H., George, J. M., Rose, D. R., Deal, B. J., Strout, Phd, Rn, K. R., Crabtree, D., & Hanson, A. (2025). A Randomized Controlled Study to Evaluate the Efficacy of a 15-Minute Music Listening Intervention on Anxiety, Self-Efficacy, and Performance for Nursing Students undergoing Simulation Testing.

Presentation Type: Presentation

Synergistic Activity: Yes

Intellectual Contributions: Review Type: Blind Peer Reviewed

2. Melamed, T. C., Deal, B. J., & Myers, S. (2025).

Making honors relevant to your resumé: Microcredentials for undergraduate healthcare students

Honors in Practice.

Presentation Type: Non-blind Peer Reviewed

Synergistic Activity: No

Intellectual Contributions: Review Type: Non-blind, Peer Reviewed

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Grants

Title: The Impact of Professional Nurse Coaching on Well-being of Undergraduate Nursing Students: A Mixed Methods Study.

Sponsor: The American Holistic Nursing Association

Award Date: 2023-06-10

Start Date: 2023-09-01

End Date: 2024-08-31

Period Length: 1

Period Unit: Year

Indirect Funding: 0

Total Funding: 5000

Currency Type: USD

Description: The Research Grant is available to current AHNA members who are conducting holistic nursing research and have been members of AHNA for at least one year. Eligibility includes doctoral students who wish to apply for funds to support their research. Those receiving the AHNA research grant funds are required to submit a progress report on an annual basis with a final report at the conclusion of the study and maintain a current membership with AHNA. Recipients are encouraged to attend the annual national AHNA conference to receive their awards. Winners are also encouraged to attend a subsequent conference to present their research findings, and are encouraged to publish the results of their work. This award is supported by individual and group donations through AHNA's Research Fund. Selection Process Grants are competitive and awarded through the AHNA Special Recognition and Grant Awards Committee which includes at least one member of the Research Committee. All applications and proposals are reviewed by the Committee members and the AHNA Board of Directors.

Abstract: Nursing is known to be a stressful discipline of academic study. Adverse outcomes on student learning and health are known to exist as a result of student stress. The recent American Association of Colleges of Nursing Essentials emphasizes the importance of developing nurses who practice healthy, self-care behaviors and are resilient. Resiliency is noted in the literature as a protective factor of stress. Professional nurse coaching is a holistic intervention with several known benefits for health and well-being. However, there is limited information on the impact of nurse coaching on undergraduate nursing students. In this study, a convergent mixed methods design will be used to examine the feasibility of a future larger scale randomized control trial and to explore the impact of a Professional Nurse Coaching intervention on well-being, resilience, and perceived stress in undergraduate nursing students at a university in the southwestern US. Methods include reliable instruments to measure well-being, resilience, and perceived stress. Reliable quantitative surveys and photovoice methods will be used for data collection and analysis. Implications of this study relate to the awareness of behaviors learned in nursing school that build resilience to stress which may carry over to post-graduation workplaces where stress and burnout are prevalent. Lessons learned from this study will help guide future larger-scale studies and how Professional nurse coaching can play a significant role in promoting well-being in nursing students and other populations.

Number of Periods: 1

URL: <https://www.ahna.org/Get-Involved/AHNA-Nationally/Committees/Research-Committee>

Collaborators: Christine (Christy) S Gipson (40%) CoInvestigator with Belinda J. Deal (15%) PI, Gloria Duke (15%) CoInvestigator, Meg Little (15%) CoInvestigator, Jutara Teal (15%) CoInvestigator

Status: Funded - In Progress

Approval for Pre-award Spending: No

Type of Grant: Research

Type of Funding: Foundation

Synergistic Activity: Yes

Internal/External: External

Title: Bring Back the Monarchs to Texas garden grant

Sponsor: Native Plant Society of Texas

Grant ID / Contract ID: N/A

Award Date: 2021-03-05

Start Date: 2021-03-05

End Date: 2021-11-30

Period Length: 1

Period Unit: Year

Indirect Funding: 0

Total Funding: 309

Currency Type: USD

Description:

This is an application for funds up to \$400 to be used to purchase only Texas native plants for the purpose of installing or refreshing a Monarch Butterfly garden in a public place. Our goals are to further both Monarch Butterfly conservation and education and to promote and showcase the use of Texas native plants.

Funds are awarded at the discretion of the Bring Back the Monarchs to Texas Committee of the Native Plant Society of Texas, and plants bought using those funds must be installed by October 31st of the grant year. The installation deadline represents a change in our previous policies.

Abstract: Tell us about any additional information that you find important to your specific project, or anything else that can help us reach a decision.

The garden was dedicated in 2005 but no improvements or planting have taken place since then, and it was maintained by a local landscaping company. Once the revitalization started, we stopped the maintenance with the landscaping company except for providing mulch and took over future planting and maintenance. We also adopted a pesticide-free practice.

In the summer of 2020, the School of Nursing faculty, staff, and students volunteered for a workday in the garden. Volunteers weeded beds and planted flowers and plants that attract pollinators. An area of turfgrass was also removed which opened space for more plants and created a natural habitat.

On Saturday, November 21, 2020, approximately 20 nursing students, 1 student from Arts & Sciences, and School of Nursing Faculty/ Staff joined the facilities management volunteers to plant 1,750 daffodil bulbs in and around the Braithwaite nursing garden. Student leaders developed the "Daffodils and Donuts" theme, and the Student Nurses Association provided funds for the donuts, water, and bulb fertilizer. The university provided the bulbs; gloves were provided by Enviro Care landscaping, and the City of Tyler Trees Committee lent 20 shovels. This event was

an extension of a revitalization of the garden outside of the Braithwaite Nursing building that began summer of 2020. We should have a fabulous daffodil show in February and March of 2021!!

We look forward to continuing the revitalization of the garden in 2021 with additional plantings to enhance the pollinator habitat.

Number of Periods: 1

URL: <https://npsot.org/wp/monarchs/>

Collaborators: Belinda J. Deal (100%) Program Coordinator

Status: Funded - In Progress

Approval for Pre-award Spending: Yes

Type of Grant: Program

Type of Funding: State

Synergistic Activity: Yes

Internal/External: External

Teaching Enhancement Activities

Professional Enhancement Activities

Start Term: 2021/02

Title: Center for Excellence in Teaching and Learning Professional Development

Hours: 13.75

Description: attended 14 professional development offerings from fall 2022 until spring 2023

Synergistic Activity: Yes

Internal/External: Internal

Advising Activities

Start Term: 2020/03

Name of Attached Document: Student Advising Activities

of Doctoral: 4

Student Mentoring

Start Term: 2024/01

Student Name: Juanita Nickols

Title of Thesis / Dissertation: Comparisons of Financial Stress and Family Role Performance Across Veteran and Non-Veteran Nursing Students

Start Term: 2022/02

Student Name: Annissa Jackson

Title of Thesis / Dissertation: Critical Thinking in Clinical

Start Term: 2021/02

Student Name: Jennifer Timmerman

Title of Thesis / Dissertation: "It's Just Not the Same": Development and Testing of the Nursing Disillusionment Scale.

Professional Service

Start Term: Fall 2022
 End Term: Ongoing
 Title: Mentoring Honor students in research activities
 Organization: School of Nursing
 Description: Works with honor students in current research projects with Dr. Christy Gipson
 Responsibility: Chair
 Synergistic Activity: Yes
 Scope: Local
 Type of Professional Service: Other Contribution

Start Term: Fall 2017
 End Term: Ongoing
 Title: Nurses Christian Fellowship Annual Retreats
 Organization: Nurses Christian Fellowship (student organization and national organization)
 Description: Faculty (Belinda Deal, Vicki Jowell, Linda Raymond) volunteered time to serve on the advisory and planning committee for the retreat for local and statewide nurses and student nurses. <https://www.eventbrite.com/e/east-texas-nurses-christian-fellowship-spring-retreat-tickets-36700184239>
 Responsibility: Chair
 Synergistic Activity: No
 Scope: Regional
 Type of Professional Service: Other Contribution

Start Term: Fall 2008
 End Term: Ongoing
 Title: Reviewer for peer reviewed Journal of Christian Nursing
 Scope: National

Community Engagement / Civic Service Activities

Start Term: Fall 2022
 End Term: Ongoing
 Title: Advisor Nurses Christian Fellowship at UT Tyler student group
 Organization: NCF
 Description: Returned as an advisor for the student NCF group.
 Responsibility: Other
 Scope: Local
 Location: on campus
 Number of People Impacted: 30
 Student Participation: Yes

Start Term: Spring 2019
 End Term: Ongoing
 Title: Nurses Christian Fellowship Texas
 Organization: Nurses Christian Fellowship
 Description: Leader in the group, develop and implement ongoing virtual and face-to-face retreats for Texas and others who attend nationally.
 Responsibility: Chair
 Scope: Regional
 Location: East Texas
 Number of People Impacted: 150
 Student Participation: Yes

Honors and Awards

Title: Member of the Inaugural Class of the UT Tyler Executive Leadership Fellows

Organization: The University of Texas at Tyler

Year Conferred: 2018

Type of Honor / Award: University

Award Type: Research or Other Creative Endeavors

Title: College of Nursing and Health Sciences Excellence in teaching award, 2014-2015

Organization: College of Nursing and Health Science

Description: First annual award

Year Conferred: 2015

Type of Honor / Award: University

Award Type: Teaching

Title: Outstanding Distance Learning Faculty by the Northeast Texas Consortium of Colleges and Universities

Organization: Northeast Texas Consortium of Colleges and Universities

Year Conferred: 2015

Type of Honor / Award: University

Award Type: Teaching

Title: Alpha Chi Outstanding Faculty Member from the College of Nursing by the top ten percent of nursing majors,

Organization: Alpha Chi

Description: November 2013

Year Conferred: 2013

Type of Honor / Award: University

Title: J. Burns Brown Fellowship of Excellence

Organization: J. Burns Brown Fellowship of Excellence

Description: Teaching related fellowship awarded for 2 years

Year Conferred: 2013

Type of Honor / Award: University

Title: Alpha Chi Outstanding Faculty Member from the College of Nursing by the top ten percent of nursing majors, Spring 2000.

Organization: Alpha chi

Year Conferred: 2012

Title: Faculty Senate Distinguished Faculty Award

Organization: Faculty Senate

Year Conferred: 2012

Title: Medical Special Needs Shelter Orientation: Just in Time online training website

Organization: Journal of Nursing Education's Top Teaching Tools

Year Conferred: 2010

Title: Alpha Chi Outstanding Faculty Member from the College of Nursing by the top ten percent of nursing majors, Spring 2000.

Organization: Alpha Chi

Year Conferred: 2000

Membership

Year Started: 2014

Year Ended: Ongoing

Organization Name: National League for Nursing
Year Started: 2000
Year Ended: Ongoing
Organization Name: American Nurses Association
Year Started: 1996
Year Ended: Ongoing
Organization Name: Nurses Christian Fellowship
Year Started: 1990
Year Ended: Ongoing
Organization Name: Sigma Theta Tau International

Consulting

Institutional Committees

Committee Name: Campus-Wide Wellness Committee
Start Term: Fall 2022
End Term: Ongoing
Unit Name: The University of Texas at Tyler
Responsibility: Chair
Curriculum Development: Not Applicable

Other Institutional Service

Start Term: Spring 2025
End Term: Ongoing
Title: Faculty Emeritus Committee
Organization: The University of Texas at Tyler
Description: SON
Curriculum Development: Not Applicable
Start Term: Fall 2024
End Term: Ongoing
Title: Tenure and Promotion Committee
Organization: The University of Texas at Tyler
Description: Act as chair and member of this committee as needed
Curriculum Development: Not Applicable

Start Term: Summer 2024
End Term: Ongoing
Title: Develop and Revise Honors in Nursing Program Guidelines
Organization: The University of Texas at Tyler
Description: Developed guidelines for the nursing honors program.
Curriculum Development: Not Applicable

Start Term: Spring 2024
End Term: Ongoing
Title: Develop and Maintain Three Digital Badge courses for the honors in nursing program
Organization: The University of Texas at Tyler
Description: Developed Three digital badges housed in Canvas Badge 1 Research Fundamentals Badge 2 Research Process: Tools, Tactics, and Outcomes Badge 3 Scholarly Development: Mentor/Faculty Collaboration and Presentation

Curriculum Development: Other

Start Term: Spring 2022

End Term: Ongoing

Title: Hearing Officer

Organization: The University of Texas at Tyler

Description: Began training for the role of the hearing officer. Attended system trainings also in Fall 2022.

Curriculum Development: Not Applicable

Start Term: Fall 2019

End Term: Ongoing

Title: Stop the Bleed instructor

Organization: The University of Texas at Tyler

Description: Volunteering for Stop the Bleed courses

Curriculum Development: Not Applicable

K-12 Service Activities

Professional Appointments

Faculty Classifications

Classification	Value	Date Range
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