

Sandra Kolapo

Current Position

Position Title: PMHNP Program Director

Degrees

Degree: D.N.P.

Year Conferred: 2023

Discipline: Psychiatric Mental Health- Across the Lifespan

Granting Institution: University of South Alabama

Level of Degree: Doctoral

Highest Degree Earned: Yes

Terminal Degree: No

City: Mobile

Title of Dissertation or Thesis: A Quality Improvement Project to Screen for and Decrease Social Anxiety in Adult Patients Using Progressive Muscle Relaxation and Liebowitz Social Anxiety Scale

State or Province: Alabama

Nation: United States

Degree: M.S.N.

Year Conferred: 2015

Discipline: Psychiatric Mental Health Nursing- Across the Lifespan

Granting Institution: University of South Alabama

Level of Degree: Masters

Highest Degree Earned: No

Terminal Degree: No

City: Mobile

State or Province: Alabama

Nation: United States

Degree: M.S.N.

Year Conferred: 2013

Discipline: Master's of Science in Women's Health Nursing

Granting Institution: Florida Agricultural and Mechanical University

Level of Degree: Masters

Highest Degree Earned: No

Terminal Degree: No

City: Tallahassee

Title of Dissertation or Thesis: MSN Scholarly Project Defense- Increasing Awareness of Postpartum Depression in Women

State or Province: Florida

Nation: United States

Degree: B.S.N.

Year Conferred: 2010

Discipline: Nursing

Granting Institution: Florida State University

Level of Degree: Bachelors

Highest Degree Earned: No

Terminal Degree: No

City: Tallahassee

State or Province: Florida

Nation: United States

Professional Licensures & Certifications

Title: Basic Life Support (BLS) American Heart Association

Organization: Multi -State- 2025

Type: Certification

Year Conferred: 2025

Title: Psychiatric Mental Health Nurse Practitioner Board Certified

Organization: ANCC

Type: Certification

Year Conferred: 2016

Title: Registered Nurse (RN) Licensure

Organization: Compact Multi-State License – Texas

Type: Certification

Year Conferred: 2010

Work Experience

Reassigned Duties

Teaching

Scholarly Contributions and Creative Productions

Grants

Teaching Enhancement Activities

Professional Enhancement Activities

Advising Activities

Student Mentoring

Professional Service

Start Term: Summer 2025

End Term: Ongoing

Title: S22 + On Demand Updated Guidelines on Undiagnosed Maternal Mental Health Conditions Across Primary Care Settings

Organization: Texas Nurse Practitioners

Responsibility: Member

Scope: National

Type of Professional Service: Other Contribution

Community Engagement / Civic Service Activities

Start Term: Fall 2024
End Term: Ongoing
Title: Delta Sigma Theta
Responsibility: Member
Scope: Local
Location: Houston ,TX
Number of People Impacted: 50
Student Participation: Yes

Start Term: Spring 2024
End Term: Ongoing
Title: Delta Sigma Theta School Drive
Responsibility: Member
Scope: Local
Location: Houston, TX
Number of People Impacted: 50
Student Participation: No

Honors and Awards

Title: Cum Laude Honors Graduate
Organization: American Psychiatric Nurses Association
Year Conferred: 2015
Type of Honor / Award: University
Award Type: Research or Other Creative Endeavors

Membership

Year Started: 2022
Year Ended: Ongoing
Organization Name: Delta Sigma Theta Sorority Incorporated

Year Started: 2019
Year Ended: Ongoing
Organization Name: National Black Nurse Practitioner Association

Year Started: 2016
Year Ended: Ongoing
Organization Name: American Psychiatric Nurse Practitioner

Year Started: 2016
Year Ended: Ongoing
Organization Name: Texas Nurse Practitioners

Consulting

Institutional Committees

Committee Name: Institutional Research Integrity Committee
Start Term: Fall 2024

End Term: Ongoing
Unit Name: The University of Texas at Tyler
Responsibility: Member
Curriculum Development: Not Applicable
Committee Name: Institutional Research Integrity Committee
Start Term: Summer 2024
End Term: Ongoing
Unit Name: The University of Texas at Tyler
Responsibility: Member
Curriculum Development: Other

Other Institutional Service

K-12 Service Activities

Professional Appointments

Faculty Classifications

Classification	Value	Date Range
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