

# Beth Mastel-Smith, PhD, MS, RN

## Current Position

Position Title: Professor of Nursing

Start Date: 2008-08-16

Position Title: Assistant Dean for Professional Development

Start Date: 2023-09-01

## Degrees

Degree: Ph.D.

Year Conferred: 2004

Discipline: Nursing

Granting Institution: Texas Woman's University

Level of Degree: Doctoral

Highest Degree Earned: Yes

Terminal Degree: No

Degree: MS

Year Conferred: 1987

Discipline: Health Education

Granting Institution: Whitworth College

Level of Degree: Masters

Highest Degree Earned: No

Terminal Degree: No

Degree: B.S.N.

Year Conferred: 1981

Discipline: Nursing

Granting Institution: Eastern Washington University

Level of Degree: Bachelors

Highest Degree Earned: No

Terminal Degree: No

City: Cheney

State or Province: Washington

## Professional Licensures & Certifications

Title: Registered Nurse

Organization: State of Texas

Type: Certification

Year Conferred: 2007

## Work Experience

## Reassigned Duties

Start Term: Fall 2023

End Term: Ongoing

Description: Assistant Dean Professional Development

Reassigned Load Hours: 3

Level: 3

Level Name: School/Department

## Teaching

### Scholarly Contributions and Creative Productions

1. Mastel Smith, B., Kimzey, M., Garner, J., & Rodgers, E. (2025).

Factors that affect community engagement for community-dwelling people with dementia, a scoping review

*Dementia.*

Presentation Type: Other

Synergistic Activity: No

Intellectual Contributions: Review Type: Blind Peer Reviewed

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2. Kimzey, M., & Mastel Smith, B. (2025).

Expert by Experience with dementia co-teaching: "Having an expert in every class"

*Teaching and Learning in Nursing.*

Presentation Type: Other

Synergistic Activity: No

Intellectual Contributions: Review Type: Blind Peer Reviewed

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3. Murley, B., Chen, K. M., Gipson, C. (Christy) S., Mastel Smith, B., & Gosselin, K. (2025).

A Mixed Methods Pilot Study Evaluating the Effects of the Vitality Acupunch Exercise Program on Older Adults

Presentation Type: Presentation

Synergistic Activity: No

Intellectual Contributions: Review Type: Blind Peer Reviewed

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4. Greene, R., Mastel Smith, B., & Mcalister, B. S. (2024). *Survivorship by Setting: Mental Health-Related Phenomena in Critical Illness Survivors*.

Presentation Type: Other

Synergistic Activity: No

Intellectual Contributions: Review Type: Blind Peer Reviewed

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## Grants

Title: Dementia Friendly Baker County: Outreach and Education  
Sponsor: Carl and Virginia Kostol Fund of Oregon Community Foundation  
Award Date: 2025-05-16  
Start Date: 2025-05-16  
End Date: 2026-05-31  
Period Length: 1  
Period Unit: Year  
Indirect Funding: 0  
Total Funding: 4000  
Currency Type: USD  
Description:

Funds will be used for general operating support.

Number of Periods: 1  
Collaborators: Beth Mastel-Smith PI  
Status: Funded - In Progress  
Approval for Pre-award Spending: No  
Type of Grant: Service  
Type of Funding: Foundation  
Synergistic Activity: No  
Internal/External: External

Title: Dementia: A Media Campaign  
Sponsor: Braemar Charitable Trust  
Award Date: 2025-11-01  
Start Date: 2026-01-06  
End Date: 2026-11-01  
Period Length: 1  
Period Unit: Year  
Indirect Funding: 0  
Total Funding: 12000  
Currency Type: USD  
Number of Periods: 1  
Collaborators: Beth Mastel-Smith Program Coordinator  
Status: Submitted for Review  
Approval for Pre-award Spending: No  
Type of Grant: Program  
Type of Funding: Foundation  
Synergistic Activity: No  
Internal/External: External

Title: Dementia Friendly Baker County Education & Outreach  
Sponsor: Oregon Community Foundation - Kostol Fund  
Award Date: 2025-05-15  
Start Date: 2025-06-01  
End Date: 2025-12-31  
Period Length: 6  
Period Unit: Month  
Indirect Funding: 0  
Total Funding: 4000  
Currency Type: USD  
Number of Periods: 1  
Collaborators: Beth Mastel-Smith Program Coordinator  
Status: Funded - In Progress  
Approval for Pre-award Spending: No  
Type of Grant: Service  
Type of Funding: Foundation  
Synergistic Activity: No  
Internal/External: External

Title: Creative Horizons: Art Programs for People with Dementia and Intellectual Disabilities in a Rural Frontier Community  
Sponsor: The Association of Oregon Community Mental Health Programs (AOCMHP) & Oregon Health Authority (OHA)  
Award Date: 2024-10-22  
Start Date: 2025-01-21  
End Date: 2025-09-30  
Period Length: 9  
Period Unit: Month  
Indirect Funding: 0  
Total Funding: 9436  
Currency Type: USD  
Number of Periods: 1  
Collaborators: Beth Mastel-Smith Program Coordinator  
Status: Funded - In Progress  
Approval for Pre-award Spending: No  
Type of Grant: Service  
Type of Funding: Foundation  
Synergistic Activity: No  
Internal/External: External

Title: Dementia Friendly Baker County Education & Connection and Community Forum  
Sponsor: Buerkel-Zoellner Foundation  
Grant ID / Contract ID: NA  
Award Date: 2024-10-31  
Start Date: 2024-11-01  
End Date: 2025-10-31  
Period Length: 1  
Period Unit: Year  
Indirect Funding: 0  
Total Funding: 5500  
Currency Type: USD  
Number of Periods: 1  
Collaborators: Beth Mastel-Smith Program Coordinator with Mark Bogart Other  
Status: Funded - In Progress  
Approval for Pre-award Spending: No

Type of Grant: Service  
Type of Funding: Foundation  
Synergistic Activity: No  
Internal/External: External

Title: Empowering RuralFrontier Oregon Communities: Enhancing Dementia Awareness, Education, & Skills  
Sponsor: Roundhouse Foundation  
Award Date: 2024-04-30  
Start Date: 2024-05-01  
End Date: 2026-05-01  
Period Length: 1  
Period Unit: Year  
Indirect Funding: 0  
Total Funding: 11400  
Currency Type: USD  
Description:

Our proposal aims to bolster dementia awareness, education, and skill development within Baker and surrounding counties. With increasing dementia prevalence, it is imperative to equip caregivers with needed knowledge and skills and to reduce stress. Through workshops, seminars, and community events, we'll combat stigma, and promote understanding. By investing in education and skill development, we'll create a more compassionate and supportive environment for those affected by dementia, ensuring they receive the care and respect they deserve.

Number of Periods: 2  
Collaborators: Beth Mastel-Smith PI  
Status: Funded - In Progress  
Approval for Pre-award Spending: No  
Type of Grant: Service  
Type of Funding: Foundation  
Synergistic Activity: No  
Internal/External: External

Title: Supplement: Empowering RuralFrontier Oregon Communities: Enhancing Dementia Awareness, Education, & Skills  
Sponsor: Roundhouse Foundation  
Award Date: 2024-04-30  
Start Date: 2024-05-01  
End Date: 2026-05-01  
Period Length: 1  
Period Unit: Year  
Indirect Funding: 0  
Total Funding: 3500  
Currency Type: USD  
Description:

Our proposal aims to bolster dementia awareness, education, and skill development within Baker and surrounding counties. With increasing dementia prevalence, it is imperative to equip caregivers with needed knowledge and skills and to reduce stress. Through workshops, seminars, and community events, we'll combat stigma, and promote understanding. By investing in education and skill development, we'll create a more compassionate and supportive environment for

those affected by dementia, ensuring they receive the care and respect they deserve.

Number of Periods: 1  
Collaborators: Beth Mastel-Smith PI  
Status: Funded - In Progress  
Approval for Pre-award Spending: No  
Type of Grant: Service  
Type of Funding: Foundation  
Synergistic Activity: No  
Internal/External: External

## Teaching Enhancement Activities

## Professional Enhancement Activities

## Advising Activities

Start Term: 2024/01  
Name of Attached Document: Student Advising Activities  
# of Undergraduate: 0  
# of Masters: 1  
# of Doctoral: 3

## Student Mentoring

## Professional Service

Start Term: Spring 2025  
End Term: Ongoing  
Title: Conference Planning Committee  
Organization: Oregon Gerontological Association  
Responsibility: Chair  
Synergistic Activity: No  
Scope: Regional  
Type of Professional Service: Other Contribution

Start Term: Fall 2024  
End Term: Ongoing  
Title: Editorial Board  
Organization: Journal of Intergenerational Relationships  
Responsibility: Member  
Synergistic Activity: No  
Scope: International  
Type of Professional Service: Journal Editor

Start Term: Spring 2024  
End Term: Ongoing  
Title: Board of Directors  
Organization: Oregon Gerontological Association  
Responsibility: Member

Synergistic Activity: No  
Scope: State  
Type of Professional Service: Other Contribution  
Start Term: Spring 2024  
End Term: Ongoing  
Title: Board of Directors  
Organization: Crossroads Carnegie Art Center  
Responsibility: Member  
Synergistic Activity: No  
Scope: Local  
Type of Professional Service: Other Contribution  
Start Term: Spring 2021  
End Term: Ongoing  
Title: Advisory Board Member  
Organization: Rethinking Dementia  
Description: Harris College of Nursing and Health Sciences, Texas Christian University, Fort Worth, TX  
Responsibility: Member  
Synergistic Activity: No  
Scope: State  
Type of Professional Service: Other Contribution

## Community Engagement / Civic Service Activities

Start Term: Spring 2025  
End Term: Ongoing  
Title: Creative Connections Instructor Training  
Organization: Dementia Friendly Baker County & Crossroads Carnegie Art Center  
Description: Training for art instructors for Creative Connections, an art program for people with dementia, care partners, and the public.  
Responsibility: Chair  
Scope: Local  
Location: Crossroads Carnegie Art Center  
Number of People Impacted: 5  
Student Participation: No  
Start Term: Spring 2025  
End Term: Ongoing  
Title: Planning Committee - Annual Conference  
Organization: Oregon Gerontological Association  
Responsibility: Chair  
Scope: State  
Location: Oregon  
Number of People Impacted: 500  
Student Participation: No  
Start Term: Spring 2024  
End Term: Ongoing  
Title: Board of Directors  
Organization: Crossroads Carnegie Art Center  
Responsibility: Member  
Scope: Local  
Location: Baker City, OR  
Number of People Impacted: 1000  
Student Participation: No

Start Term: Spring 2024  
End Term: Ongoing  
Title: Steering Committee Chair and Secretary  
Organization: Dementia Friendly Baker County  
Responsibility: Chair  
Scope: Local  
Location: Baker County, OR  
Number of People Impacted: 250  
Student Participation: No

## Honors and Awards

Title: Research Award  
Organization: Sigma Theta Tau International Honor Society of Nursing Iota Nu Chapter  
Year Conferred: 2014  
Type of Honor / Award: Professional  
Award Type: Research or Other Creative Endeavors

Title: Online Poster Award  
Organization: Iota Nu Chapter of Sigma Theta Tau International Honor Society  
Year Conferred: 2013  
Type of Honor / Award: Professional  
Award Type: Research or Other Creative Endeavors

Title: People's Choice, Avance en el Manejo de la Demencia desde el Punto de Vista de la Enfermera (Caring for a Person with Dementia), 1st Encuentro Interacional de Enfermeria  
Organization: Universidad De Panama, Santiago  
Year Conferred: 2007

Title: Testing a six-week therapeutic life review intervention offered by homecare workers to promote mental health in home-dwelling older women', Scientific poster award  
Organization: TMC Women's Health Network Symposium: Advancing Women's Health through Advocacy in Houston  
Year Conferred: 2007

Title: Graduate Carter Scholar  
Organization: Texas Woman's University  
Year Conferred: 2004

Title: Graduate Parry Scholar  
Organization: Texas Woman's University  
Year Conferred: 2004

Title: Graduate Parry Scholar  
Organization: Texas Woman's University  
Year Conferred: 2003

Title: Sigma Theta Tau Research Award  
Organization: Texas Woman's University  
Year Conferred: 2003

Title: Graduate Carter Scholar  
Organization: Texas Woman's University  
Year Conferred: 2002

Title: Graduate Carter Scholar  
Organization: Texas Woman's University



Year Conferred: 2001

## Membership

Year Started: 2020

Year Ended: Ongoing

Organization Name: Gerontological Society of America

Year Started: 2002

Year Ended: Ongoing

Organization Name: American Nurses Association

Year Started: 2018

Year Ended: 2020

Organization Name: American Society on Aging

Year Started: 2009

Year Ended: 2017

Organization Name: Transcultural Nursing Society

Year Started: 2005

Year Ended: 2017

Organization Name: National Gerontological Nursing Association

Year Started: 2008

Year Ended: 2011

Organization Name: Southern Nursing Research Society

## Consulting

## Institutional Committees

## Other Institutional Service

Start Term: Spring 2024

End Term: Ongoing

Title: Search Committees

Organization: School of Nursing

Description: Doctoral Program Director and Doctoral Faculty

Curriculum Development: Not Applicable

Start Term: Fall 2023

End Term: Ongoing

Title: Leadership Liaison to Curriculum Council

Organization: School of Nursing

Curriculum Development: Not Applicable

Start Term: Spring 2021

End Term: Ongoing

Title: Dementia Friends

Organization: The University of Texas at Tyler

Description: NURS3605, Fundamentals of Nursing

Curriculum Development: Not Applicable

Start Term: Fall 2008

End Term: Ongoing

Title: Doctoral Oversight Committee

Organization: School of Nursing  
Curriculum Development: Not Applicable

## K-12 Service Activities

## Professional Appointments

## Faculty Classifications

Classification	Value	Date Range
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