

Curriculum Vitae

NAME: Rebecca J. Carrasco, MSN, RN, PMH-BC

CURRENT EMPLOYMENT: UT Tyler School of Nursing

POSITION: Clinical Instructor

PROFESSIONAL EDUCATION

<u>Date/s</u>	<u>Institution</u>	<u>Degree</u>
1987-1989	West-Ark Community College, AR	ADN
2007-2010	Texas Tech University Health Sciences Center, TX (RN-MSN)	MSN

LICENSURE, CREDENTIALING OR CERTIFICATION

- Texas RN License – compact – active
- ANCC Psychiatric/Mental Health RN-BC – active
- Satori Alternatives to Managing Aggression – expires 5/2026
- BLS (American Heart Association), expires 11/2027
- Completion of Human Subjects Training – April 21, 2014

COURSES TAUGHT

- Summer 2026 - Psychiatric/Mental Health Nursing - University of Texas at Tyler
- Summer 2026 – Fundamentals of Nursing (Lab and Clinical) University of Texas at Tyler
- Spring 2026 - Psychiatric/Mental Health Nursing - University of Texas at Tyler
- Spring 2026 – Fundamentals of Nursing (Lab and Clinical) University of Texas at Tyler
- Fall 2025 – Fundamentals of Nursing (Lab and Clinical) - University of Texas at Tyler
- Summer 2025 - Psychiatric/Mental Health Nursing - University of Texas at Tyler
- Jan. 2024 – Oct. 2024 - Motivation Interviewing for Direct Care Psychiatric Nursing Staff - UT Health Science Center
- Aug. 2012 – Dec. 2017 - Psychiatric/Mental Health Nursing (Didactic and Clinical Instructor) – University of Texas at Tyler
- Summer 2017 – Leadership and Management in Nursing (Didactic and Clinical Instructor) – University of Texas at Tyler
- Summer 2017 - Medical Terminology – Full Online – University of Texas at Tyler
- Summer 2016 – Medical Terminology – Full Online – University of Texas at Tyler
- Aug 2011 – May 2012 - Medical Terminology – Full Online – University of Arkansas Fort Smith
- Aug. 2011-Aug. 2012 – Didactic/Clinical Instructor and Co-Coordinator of Licensed Practical Nurse Program – University of

Arkansas Fort Smith

HONORS, SCHOLARSHIPS AND SPECIAL RECOGNITION

- Certificate of Achievement – University of Texas at Tyler - Faculty and Staff Publications and Presentations Reception (February 2016)
- Children's Medical Center Dallas – Research Day Postal Presentation Award (May 2011)
- Active Member - Phi Kappa Phi

PROFESSIONAL EXPERIENCE

<u>Dates</u>	<u>Employer</u>	<u>Position</u>
9/2025 to present	UT Tyler School of Nursing	Clinical Instructor (Fulltime)
5/2025 – 8/2025	UT Tyler School of Nursing	Adjunct Instructor
6/2025 - Present	UT Health Science Center	Contracted RN ETQCN Agency
11/2024 – 5/2025	Terrell State Hospital	Assistant Manager; Child/Adolescent Unit
8/2022 - 11/2024	UTHealth - North Campus	Nurse Educator - Behavioral Health
12/2017 - 8/2022	UTHealth - North Campus	Nurse Manager - Behavioral Health
11/2015 - 12/2017	Excel Staffing	Psychiatric Nurse
6/2013 - 12/2017	Oceans Healthcare	Consultant
8/2012 - 12/2017	University of Texas at Tyler	Nursing Instructor
5/2015 - 11/2015	Integrated Psychiatric Solutions	Psychiatric Nurse
6/2014 - 1/2015	LHC (Louisiana Home Care), Marshall, TX	Psychiatric Nurse
8/2011 - 8/2012	University of Arkansas - Fort Smith	Nursing Instructor

1/2011 - 7/2011	University of Texas at Arlington	Adjunct Nursing Instructor-Pediatrics
12/2002 - 8/2011	Children's Medical Center Dallas	Charge Nurse/Clinical Educator
7/2001 - 9/2004	Osteopathic Medical Center Fort Worth	RN Psychiatric Unit/ECT Recovery
5/1995 - 7/2001	Harris Methodist HEB Springwood	Charge Nurse
7/1992 - 5/1995	Dallas County MHMR	Charge Nurse Adult Unit
9/1991 - 1/1992	Baylor Medical Center – Grapevine	RN – Med/Surg Unit
3/1990 - 7/1992	Psychiatric Institutes of America	Charge Nurse/House Supervisor
7/1989 - 3/1990	High Plains Baptist Hospital	RN - Med/Surg Unit

PROFESSIONAL MEMBERSHIPS

2011 - present - American Nurses Association/Texas Nurses Association

2018 - present - American Psychiatric Nurses Association

RESEARCH/GRANTS

- University of Texas at Tyler - IRB accepted nursing research proposal: *Nursing Student Engagement within Mental Health Course Work*, IRB #Sp2014-100.
- Tidwell, D.J., Le Vieux, J., Maurice, C. & Carrasco, R. (2011). *Developing High Risk Behavior Standards of Care for Pediatric Patients* (poster presentation for Children's Medical Center Dallas, Research Day, April 2011 and The Advanced Practice Convention for Nurses, Austin-May 2011).

PUBLICATIONS

- Hudson, K., Carrasco, R. (2015). Researching nursing Students' engagement: Successful findings for nursing. *International Journal of Nursing & Clinical Practices*, 2:15.
- Hudson, K., Carrasco, R. (2015). Nursing student engagement: Student, classroom, and clinical engagement. *International Journal of Nursing*, 4: 44-52.
- Tidwell, D. J., Carrasco, R., Le Vieux, J., & Maurice, C. (2012). Developing High Risk Behavior Standards of Care for Pediatric Patients, *Clinical Nurse Specialist*, 26. E16-

PROFESSIONAL PRESENTATIONS

- Aug. 2017 - Symptoms of Schizophrenia: Useful Interventions for Mental Health Technicians and Certified Nursing Assistants. Provider: Oceans Behavioral Hospital, Longview, TX.
- 2010-2011 Clinical Educator Presentations (Children's Medical Center Dallas, TX): Service Excellence Presentation for Clinical Orientation
 - Overview of Pediatric Psychiatry Services
 - Allied Health Competencies
 - Health Literacy
 - The Joint Commission Requirements for Language and Cultural Assessment
 - Psychiatric Emergencies
 - High Risk Behavior Guidelines
 - Safety Device Policy
 - Pediatric Prevention and Management of Aggressive Behavior

PROFESSIONAL AND COMMUNITY ACTIVITIES

Summer 2026	Undergraduate Mental Health Nursing Course Transition Development	Coordinator
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04/02/2026	Nursing Pathways to Wellness & Success Summit	Volunteer
10/04/2025	Paint Palestine Pink Run and Walk– Breast Cancer Awareness and Fund Raiser	Volunteer and Participant
9/2025 - present	Shared Governance School of Nursing, UT Tyler	Member of the Governance Council
9/2016 - 8/2018	Texas Nurses Association – District 19	Treasurer
1/2016 - 8/2017	Shared Governance School of Nursing Task Force, UT Tyler	Chair of the Governance Council
9/2015 - 12/2016	Shared Governance School of Nursing Task Force, UT Tyler	Member
9/2014 - 8/2015	Evaluation Committee	Chair
9/2013 - 8/2014	Undergraduate Academic Affairs Committee- UT Tyler	Member
11/2013	NLN Unfolding Case Study Research Site	Instructor/facilitator Chair
9/2012 - 8/2013	Undergraduate Student Progression Committee- UT Tyler	Member
9/2011 - 8/2012	Self-study preparation for initial NLNAC accreditation visit for UAFS PN program	Member of Development Committee/Writer