#### **EXPERIENCE**

# **Bachelor's Degree Nursing Lecturer (Full-time)**

August 2025- Present

South Texas College

- Teaching in on-line courses for the RN-BSN nursing program
- Mentor students
- Participation in program meetings as required.
- Attened college wide functions as scheduled
- Work collaboratively with other faculty

### **Family Nurse Practitioner (Part-time)**

April 2025-Present

Brownsville Infectious Disease, PA

- Conduct thorough patient assessments, including psychosocial and history.
- Order labs such as blood and urine tests, stool samples, and nasal swabs.
- Give patient education and counseling on infectious disease precautions and care plans.
- Order antibiotics, immunosuppressive medications, and patient services.
- Provide follow-up exams and care after treatment.
- Collaborate with other team members, such as physicians, case managers, home health nurses, public health nurses, and others.
- Implement precautions, such as contact, droplet, and airborne, to prevent the spread of disease.

#### **Clinical Assistant Professor (Full-time)**

September 2016-Present

University of Texas Rio Grande Valley

- Responsible for teaching in the clinical, lab and classroom settings including simulation approaches to teaching in the pre-licensure nursing program, accelerated nursing program
- Work and collaborate with graduate faculty in the graduate level PMHNP program
- Maintain participation in various college and University committees
- Maintain current clinical competency and knowledge of current evidence in the literature required to teach in the clinical, lab, and classroom settings assigned.
- Work under the direction of the Clinical Course Coordinator or Lab Course Coordinator when leading a clinical or laboratory group

- Attend course planning meetings as directed by the Clinical Course Coordinator or Course Coordinator.
- Complete all training as directed by the Clinical Course Coordinator, Course Coordinator or Program Director.
- Work collaboratively with nurse managers, clinical staff, staff nurses of assigned clinical sites

### **Graduate PMHNP Faculty (Part-time)**

January 2025-Present

## **UT** Arlington

- Teaching in on-line courses for the Psychiatric Mental Health Nurse Practitioner (PMHNP) Program
- Mentor students
- Participation in program meetings as required.

## **Graduate PMHNP Faculty (Part-time)**

June 2024-Present

# UT Tyler

- Teaching in on-line courses for the Psychiatric Mental Health Nurse Practitioner (PMHNP) Program
- Mentor students
- Participation in program meetings as required.

## **Family Nurse Practitioner (Full-time)**

May 2023- March 2025

### Loyal Source

- Provides direct care to patients.
- Performs medical histories on patients and completes necessary paperwork on them.
- Provides emergency and First Aid treatment within Scope of Work until care is transferred to a local healthcare system as appropriate.
- Performs limited, minor surgical procedures that do not require extensive care, labs, or radiographic studies.
- Reviews/reevaluates daily or as necessary, those cases requiring ongoing medical/pharmaceutical attention.
- Carries out orders authorized by the physician supervisor.
- Maintains patient confidentiality and privacy of medical records.

• Applies knowledge of drugs and therapeutics when prescribing and dispensing medication.

### **Family Nurse Practitioner (Full-time)**

March 2023- January 2024

### Tropical Healthcare

- Perform age-appropriate history and physical for complex acute and chronically ill patients
- Diagnose and treat acute and chronic conditions according to latest evidence-based practice and diagnostic results
- Orders and interprets diagnostic and therapeutic tests relative to patient's age-specific needs
- Review medication regime for simplification and possible drug to drug interactions
- Prescribes appropriate pharmacologic and non-pharmacologic treatment modalities
- Monitors the effectiveness of interventions and documentation of patient outcomes in electronic medical record
- Perform telehealth, phone and home visits to facilitate patient needs
- Perform minor surgical procedure in clinic

### **Family Nurse Practitioner (Part-time)**

10/2021-01/2023

#### Inovalon

- Performed health risk assessments within the patient's home; on occasions some of these
  assessments were done through a telehealth visit using simultaneous video and audio
  communication.
- Clinical documentation of acute, chronic, and long-term healthcare issues through patient encounter in EMR system
- Educated patients and/or patient's family on chronic medical conditions, preventative care, and medication adherence compliance
- Completed referrals to case management, nursing, pharmacy, etc. as needed
- Participated in clinical meetings and compliance trainings through web-based modality
- Review patient records for past and present health issues
- Interpret laboratory data and diagnostic testing when available to assist in diagnosis of medical conditions
- Made recommendations to patient's primary care provider for continuation of care based upon patient's needs

## **Family Nurse Practitioner (Part-time)**

09/2020-3/2023

# Mercy Clinic

- Perform age-appropriate history and physical for complex acute and chronically ill
  patients
- Diagnose and treat acute and chronic medical and psychiatric conditions according to latest evidence-based practice and diagnostic results
- Orders and interprets diagnostic and therapeutic tests relative to patient's age-specific needs
- Review medication regime for simplification and possible drug to drug interactions
- Prescribes appropriate pharmacologic and non-pharmacologic treatment modalities
- Monitors the effectiveness of interventions and documentation of patient outcomes in electronic medical record
- Perform telehealth, phone and home visits to facilitate patient needs

## **Mother Baby Unit and Transition Nurse (Full-time)**

March 2016 June 2021

Valley Baptist Medical Center Brownsviile

- Provided neonatal nursing care to newborns
- Excelled working great customer service skills in a fast-paced environment
- Educated mothers and parents on newborn care and post-partum care
- Coordinated with admissions, transfers, and discharge of patients
- Assisted neonatal nurse practitioners and Neonatologists in providing appropriate treatment plan for newborns
- Carried out Charge Nurse duties including staffing, patient assignments, ordering, and supervised the care of patients performed by other staff nurses
- Floated to other departments including Neonatal Intensive Care Unit and Labor & Delivery

#### **Clinical Nursing Faculty**

August 2013-September 2016 (Full-time)

Texas Southmost College

- Responsible for teaching in the clinical, lab and classroom settings including simulation approaches to teaching in the pre-licensure nursing program
- Maintain current clinical competency and knowledge of current evidence in the literature required to teach in the clinical, lab, and classroom settings assigned.
- Work under the direction of the Clinical Course Coordinator or Lab Course Coordinator when leading a clinical or laboratory group

- Attend course planning meetings as directed by the Clinical Course Coordinator or Course Coordinator.
- Complete all training as directed by the Clinical Course Coordinator, Course Coordinator or Program Director.
- Work collaboratively with nurse managers, clinical staff, staff nurses of assigned clinical sites

# **Mother Baby Unit and Transition Nurse (Full-time)**

January 2014-August 2014

Valley Baptist Medical Center Harlingen

- Provided neonatal nursing care to newborns
- Excelled working great customer service skills in a fast-paced environment
- Educated mothers and parents on newborn care and post-partum care
- Coordinated with admissions, transfers, and discharge of patients
- Assisted neonatal nurse practitioners and Neonatologists in providing appropriate treatment plan for newborns
- Carried out Charge Nurse duties including staffing, patient assignments, ordering, and supervised the care of patients performed by other staff nurses
- Floated to other departments including Neonatal Intensive Care Unit and Labor & Delivery

### **Medical Surgical Registered Nurse**

May 2012- January 2014 Full-time

Valley Regional Medical Center

- Patient-focused health care services to all patients within the scope of practice through physician orders
- Served as point of contact for clinical staff in the location
- Monitored ancillary staff in carrying out physician delegated orders and tasks.
- Performed exceptional work in a fast-paced environment
- Coordinated with admissions, transfers, and discharge of patients

#### **EDUCATION**

- Masters in Higher Education Administration received December 2023 from The Unuversity of Texas Rio Grande Valley
- Doctor of Nursing Practice received June 2021 from Touro University-Nevada

- Post Master in Nursing Family Nurse Practitioner received December 2019 from University of Texas Arlington
- Post Master in Psychiatric Mental Health Nurse Practitioner August 2016 from The University of Texas Rio Grande Valley
- Master's of Science in Nursing Administration received December 2014 from The University of Texas Brownsville/Texas Southmost College
- Associate Degree in Applied Science Nursing received May 2012 The University of Texas Brownsville/Texas Southmost College
- Bachelor of Science Criminal Justice received May 2007 from The University of Texas Brownsville/Texas Southmost College
- Homer Hanna High School, Brownsville, TX 6/2001, H.S. Diploma

# Scholarship/Research

Poster Presentation July 18, 2024 at National PNAA Conference

#### LICENSURE:

Texas Board of Nursing: Registered Nurse License #821610

Texas Board of Nursing: Advance Practice Nurse AP145031

### **Additional Skills:**

Bilingual

#### **CERTIFICATIONS**

- Basic Life Support expires February 2027
- Family Nurse Practitioner expires 1/23/2030
- Psychiatric Mental Health Nurse Practitioner expires 12/11/2026
- DEA expires 2/28/2026
- Biote HRT certified
- Botulinum Neurotoxin certification