

INEMESIT SAMPSON DNP, MSN, , FNP-C, PMHNP-BC

Professional Summary

Dedicated and patient-focused Family and Psychiatric Family Nurse Practitioner with proven strengths in acute and primary patient care, staff development, and patient advocacy. Displays an exceptional aptitude to deliver positive patient outcomes in a fast-paced environment while simultaneously building productive relationships. Demonstrates the ability to lead and motivate outstanding healthcare teams. Known for exceptional interpersonal and communication skills, the ability to manage competing priorities, and maintaining accurate and efficient documentation.

Skills

- Advanced assessment skills and strong clinical judgment as a Family and Psychiatric Mental Health Nurse Practitioner
- Strong interviewing skills and clinical judgment to determine if the psychiatric disorder has a physiological or emotional basis
- Proficient in EKG interpretation, stapling, application of skin adhesive, I&D of abscesses, venipuncture, and splinting extremities
- Computer proficiencies in MS Word, MS Excel, Outlook, and EMR

Certifications

- American Nurses Credentialing Center, PMHNP-BC, issued 05/2022, current
- American Academy of Nurse Practitioners, FNP-C, issued 05/2015, current
- American Heart Association, BLS, and ACLS, both current

Education

Post Master's Certificate, 05/2021

University of Texas Rio Grand Valley - Rio Grand Valley, Texas

- Psychiatric Mental Health Nurse Practitioner Specialty

Doctor of Nursing Practice, 08/2017

Chamberlain College of Nursing - Addison, Illinois

Master of Science in Nursing, 05/2015

Walden University - Minneapolis Minnesota

- Family Nurse Practitioner Specialty

Bachelor of Science, 12/2010

University of Houston - Victoria - Sugarland, Texas

Professional Experience

Nurse Practitioner (Family and Psychiatric)

John Peter Smith Hospital (Acclaim physician Group) - Fort Worth, Texas, 01/2018 to present

- Perform patient assessment and physical examination.
- Coordinate, direct and implement patient's plan of care.
- Order, conduct and interpret pertinent laboratory and diagnostic studies and procedures.
- Make medical recommendation/referrals • Formulate, implement, and evaluate an outcome-based treatment plan.
- Maintain appropriate record detailing the patient treatment plan and outcome.
- Facilitate patient education relating to medical processes, medication, nutrition, and health promotion.
- Collaborate with patients and families, other clinicians, and referral services to assist in the patient's recovery.
- Provides health promotion and the assessment, diagnosis, and management of patient problems which includes the use and prescription of pharmacologic and non-pharmacologic intervention, assessment, triage, and therapeutic management of patient/family needs throughout the disease process and across the health wellness-illness continuum as an integral part of an interdisciplinary team, according to the age/needs of the patient population served.
- Work under the delegation of a supervising physician, maintaining an active Prescriptive Authority agreement in accordance with regulations and policy.
- Practice within approved protocols, guidelines, and clinical pathways and evidence based medicine • Uses interpersonal and verbal communication skills to educate patient/family on care resources; participates in process improvement and multidisciplinary clinical outcome improvement activities utilizing advanced nursing expertise.

Adjunct Clinical Instructor

Arizona College of Nursing - Phoenix, Arizona, 2022 to present

- Reporting directly to the Dean of Nursing, supports the University in fulfillment of its mission, purpose and goals
- Focuses extensively on facilitating student learning associated with prescribed course and program learning outcomes.
- Provides professional leadership and support, and serves as an educator, role model, mentor and facilitator.
- Creates an educational environment which fosters innovation, responsiveness, and accountability.
- Provide program-specific expertise and is actively engaged in relevant department initiatives.
- Supports University, Campus, and/or departmental goals to assure compliance with programmatic accreditation and/or licensure, internal consistency, and graduate outcomes that meet student learning, workplace, and placement expectations.

Psychiatric Nurse Practitioner

Citrus Medical Inc - Houston, Tx , July, 2022 -Present

- Conduct psychiatric evaluations and assessments
- Develop and implement treatment plans
- Prescribe medications and monitor their effectiveness
 - Collaborate with other healthcare professionals to provide holistic care

- Offer counseling and support to patients and their families
- Maintain accurate patient records and ensure compliance with regulations
- Functions independently to perform history and physical evaluations
- Orders and interprets diagnostic tests relative to patient's needs.
- Prescribes appropriate pharmacologic and non-pharmacologic treatment modalities
- Implements interventions to support the patient. Monitors the effectiveness of interventions.
- Facilitates the patient's transition within and between health care settings, e.g. admitting, transferring, and discharging patients.
- Collaborates with multidisciplinary team members by making appropriate referrals.
- Facilitates staff, patient and family decision making by providing educational tools.
- Maintains safety of the physical environment.
- Communicate effectively both orally and in writing.
- Independently solve problems and follow through.
- Organize and function independently in an office environment.
- Perform other tasks and duties as assigned.
- Maintain appropriate documentation.

Locum Nurse Practitioner / Outpatient

Vista Staffing - Houston/Dallas, Texas, 09/2017 to 01/2018

- Similar responsibilities as described in the aforementioned Nurse Partitioner Position at JPC

Family Nurse Practitioner / Outpatient

Clinical La Familia - Houston, Texas, 09/2015 to 04/2017

- Provide needed medical care for an underserved adult patient population, most of whom are non-English speaking; complete a comprehensive pediatric, adult, and women's health assessment to determine patient needs encompassing evaluation, diagnosis, and treatment plan

Nurse Practitioner / Neurology

Memorial Hermann Hospital - Houston, Texas, 04/2016 to 11/2016

- Responsible for evidence-based assessment to include complete health history and physical examination

Previous Professional Experience as a Registered Nurse

- **Critical Care:** Memorial Hermann Hospital - Houston, Texas, 04/2013 to 04/2016
- **Critical Care Float:** Bayshore Medical Center - Pasadena, Texas, 01/2012 to 04/2013

Licensure

- Advanced Practice Registered Nurse - PMHNP, State of Texas, issued 06/2022, current
- Advanced Practice Registered Nurse - FNP, State of Texas, issued 05/2015, current
- Registered Nurse - State of Texas, issued 02/2011, current

Affiliations

- American Nurses Association
- American Association of Nurse Practitioners
- Fort Worth Region Nurse Practitioners

QI Project : Predictors for Outpatient Parental Therapy Success (On-going via JPS Health Network)