# Tanya Schlemmer, DNP, MHA, MSN-Ed, RN, APRN, AG-ACNP-BC, CCRN-CMC, RN-BC

#### **Current Position**

Position Title: Clinical Associate Professor

Start Date: 2022-04-01

Position Title: Clinical Assistant Professor

Start Date: 2016-09-01

#### **Degrees**

Degree: M.Ed.

Year Conferred: 2015 Discipline: Nursing

Granting Institution: The University of Texas at Tyler

Level of Degree: Masters Highest Degree Earned: No Terminal Degree: No

City: Tyler

State or Province: Texas Nation: United States

Degree: AGACNP--Post Master's Adult Gerontologic Acute Care Nurse Practitioner

Certification Program Year Conferred: 2014 Discipline: Nursing

Granting Institution: Texas Tech University Health Science Center

Highest Degree Earned: No

Terminal Degree: No City: Lubbock

State or Province: Texas Nation: United States

Degree: DNP

Year Conferred: 2009 Discipline: Nursing

Granting Institution: Texas Christian University

Highest Degree Earned: Yes

Terminal Degree: Yes

City: Fort Worth

Title of Dissertation or Thesis: Evaluation of Anticoagulation Therapy Safety after Formal Clinician (Nurses and Physical Therapists) Education in Home Healthcare

State or Province: Texas Nation: United States

Degree: M.S.N. Year Conferred: 2004 Discipline: Nursing

Granting Institution: Texas Woman's University

Level of Degree: Masters Highest Degree Earned: No

Terminal Degree: No

City: Denton

Title of Dissertation or Thesis: Strategic Plan for a CD-ROM Health Education

Program for Adolescents State or Province: Texas Nation: United States

Degree: MHA

Year Conferred: 1990

Discipline: Healthcare Administration

Granting Institution: Des Moines University [The University of Osteopathic Medicine

and Health Sciences]
Level of Degree: Masters
Highest Degree Earned: No

Terminal Degree: No City: Des Moines

Title of Dissertation or Thesis: Guidelines for organizing stroke clubs & cardiac support groups Support Group Newsletter development for the American Heart

Association.

State or Province: Iowa Nation: United States

Degree: B.S.N.

Year Conferred: 1988 Discipline: Nursing

Granting Institution: Grand View University [Grand View College]

Level of Degree: Bachelors Highest Degree Earned: No

Terminal Degree: No City: Des Moines

Title of Dissertation or Thesis: Job satisfaction in relation to nurses' perception of their manager's leadership ability Job satisfaction in relation to salaries and fringe

benefits

State or Province: Iowa Nation: United States

Degree: ADN

Year Conferred: 1985 Discipline: Nursing

Granting Institution: Western Iowa Tech Community College

Highest Degree Earned: No

Terminal Degree: No City: Sioux City

State or Province: Iowa Nation: United States

#### Professional Licensures & Certifications

Title: Integrative Medicine Organization: Goldings Institute

Type: Certification Year Conferred: 2023

Title: AGACNP Organization: ANCC

Further Details: Adult Gerontology Acute Care Nurse Practitioner certification -

Renewal

Type: Certification Year Conferred: 2014 Title: ENPC-P Organization: AHA

Further Details: Emergency Nurse Pediatric Core Course Provider (2006-2010)

Type: Certification Year Conferred: 2006

Title: TNCC-P Organization: AHA

Further Details: Trauma Nurse Core Course Provider (2006-2010)

Type: Certification Year Conferred: 2006

Title: APRN

Organization: Texas Board of Nursing Further Details: Renewal 2024-2026

Type: Certification Year Conferred: 2005

Title: CMC

Organization: AACN

Further Details: Cardiac Medicine Certification - Renewal

Type: Certification Year Conferred: 2005

Title: FNP

Organization: AANP

Further Details: Family Nurse Practitioner certification - Renewal: 2010, 2015, 2020,

2025

Type: Certification Year Conferred: 2005

Title: RN-BC

Organization: ANCC

Further Details: Home Health Nurse Certification - Renewal

Type: Certification Year Conferred: 2005

Title: CCRN

Organization: AACN

Further Details: Adult Critical Care Nursing Certification - Renewal

Type: Certification Year Conferred: 1992

Title: RN

Organization: Texas Board of Nursing

Further Details: Transferred 1986 license from Iowa, Renewal 2024-2026

Type: Certification Year Conferred: 1990

Title: ACLS

Organization: AHA

Further Details: Advanced Cardiac Life Support certification - Renewal

Type: Certification Year Conferred: 1987

Title: RN

Organization: Iowa Board of Nursing; Texas Board of Nursing Further Details: Iowa license transferred to Texas in 1990.

Type: Certification Year Conferred: 1986

Title: LPN

Organization: Iowa Board of Nursing

Further Details: license not maintained after obtaining RN license.

Type: Certification Year Conferred: 1984

Title: BLS

Organization: AHA

Further Details: certification for Basic Life Support - Renewal

Type: Certification Year Conferred: 1983

## Work Experience

Start Year: 2025 End Year: Ongoing

Position: Nurse Practitioner

Organization: Primary Care Clinic of Texas

Description:

Volunteer Nurse Practitioner for 8-12 hrs per week at Primary Care Clinic of Texas in Lewisville, TX.

City: Lewisville

State or Province: Texas Country: United States

Type of Work Experience: Clinical Practice Settings

## **Reassigned Duties**

## **Teaching**

## Scholarly Contributions and Creative Productions

1. Schlemmer, T. (2025b).

Impact of Strokes: The Burden of Care & Caregiver Strain, Podium Presentation

Presentation Type: Presentation

Synergistic Activity: Yes

Intellectual Contributions: Review Type: Invited

attach fileattachment(s)

2. Schlemmer, T. (2025c). NP Occupational Burnout: Variables and Themes.

Presentation Type: Presentation

Synergistic Activity: Yes

Intellectual Contributions: Review Type: Invited

attach fileattachment(s)

3. Schlemmer, T. (2025a). Impact of Strokes: The Burden of Care & Caregiver Strain.

Webinar on the topic will be generated and presented for one calendar year via Texas Nurse Practitioner's website as a CE offering.

Presentation Type: Presentation

Synergistic Activity: Yes

Intellectual Contributions: Review Type: Invited

attach\_fileattachment(s)

4. Schlemmer, T. (2025d). Skill check-off rubric and quiz for Neuropathic conditions using monofilament or tunning fork.

Presentation Type: Other

Synergistic Activity: Yes

Intellectual Contributions: Review Type: Not Reviewed

attach fileattachment(s)

5. Schlemmer, T. (2024c). *Nurse Practitioner Occupational Burnout: Themes and Variables.* 

Poster Presentation on Nurse Practitioner Occupation Burnout: Themes and Variables.

Presentation Type: Invited

Synergistic Activity: Yes

Intellectual Contributions: Review Type: Editorially Reviewed

attach fileattachment(s)

6. Schlemmer, T. (2024d). The Evaluation of Oxygen Need.

Poster

Presentation Type: Presentation

Synergistic Activity: Yes

Intellectual Contributions: Review Type: Editorially Reviewed

attach fileattachment(s)

7. Schlemmer, T. (2024a). Impact of Social Isolation on Dementia.

Poster

Presentation Type: Presentation

Synergistic Activity: Yes

Intellectual Contributions: Review Type: Editorially Reviewed

attach fileattachment(s)

8. Schlemmer, T. (2024b). *Impact of Strokes: The Burden of Care, Post-CVA Fatigue & Caregiver Role Strain*.

Poster

Presentation Type: Presentation

Synergistic Activity: Yes

Intellectual Contributions: Review Type: Editorially Reviewed

attach fileattachment(s)

#### Grants

## **Teaching Enhancement Activities**

Start Term: 2022/02

Title: Physiologic Responses to Pain

Hours: 40

Description: Lecture video and Poster presentation for N5111-Roles course

presentation included as an APRN Discussion Board topics to augment prescriptive

authority for APRNs. Synergistic Activity: Yes Nurse Tim CE Offering: No

Start Term: 2021/01

Title: Acute on Chronic Kidney Disease

Hours: 16

Description: Lecture materials and PowerPoint presentation were developed for the N5455, Primary Care II course. These materials are utilized in the lecture for chronic kidney disease, Acute Kidney injury and various forms of development.

Synergistic Activity: Yes Nurse Tim CE Offering: No

Start Term: 2019/02

Title: Anemia: Chronic versus Iron Deficiency Anemia

Hours: 20

Description: A PowerPoint presentation and lecture items and quizzes were developed for the N5455, Primary Care III course on the topic of Iron Deficiency

Anemia, and Acute on Chronic versus anemia of chronic diseases.

Synergistic Activity: Yes Nurse Tim CE Offering: No

Start Term: 2019/02 Title: Liver Diseases

Hours: 12

Description: Discussion and PowerPoint presentation was developed for the

N5455, Primary Care III course.

Synergistic Activity: Yes Nurse Tim CE Offering: No

Start Term: 2019/02

Title: Mental Status Changes

Hours: 16

Description: Mental Status Change PowerPoint, Podcast Lecture, with algorithm and decision-tree handouts included as course topic content for N5455, Primary

Care III.

Synergistic Activity: Yes Nurse Tim CE Offering: No

Start Term: 2019/01 Title: Dysphagia

Hours: 16

Description: Dysphagia lecture video presentation is available as N5455, Primary Care III course content. This material is the precursor for understanding change in the oropharngeal structure and risk for aspiration pneumonia in the geriatric population and in particular for those who have neuromuscular disorders or dementia. The PowerPoint presentation and handouts were also included as materials inside the Canvas course.

Synergistic Activity: Yes Nurse Tim CE Offering: No

Start Term: 2019/01 Title: Epistaxis Hours: 16

Description: Epistaxis lecture video presentation is available as N5455, Primary Care III course content. The PowerPoint presentation and handouts were also included as materials inside the Canvas course.

Synergistic Activity: Yes Nurse Tim CE Offering: No

Start Term: 2019/01 Title: Skin Conditions

Hours: 16

Description: Skin Conditions and Differential Diagnosis Decision Tree and Algorithm were developed and presented within the N5455, Primary Care III course content as part of the Dermatology materials. Lecture and materials were also provided during a Zoom Session during the course.

Synergistic Activity: Yes Nurse Tim CE Offering: No

Start Term: 2024/03 End Term: 2025/01

Title: OSCE Prep Case Quizzes

Hours: 12

Description: Multiple Case Quiz restructuring for OSCE Preparation. Two quizzes merged into one quiz for each of the cases: RA, HLD, Burn, Epistaxis, Psoriasis,

PAD, DM w/PVD & wound, and Cluster HA.

Synergistic Activity: Yes Nurse Tim CE Offering: No

Start Term: 2024/02 End Term: 2025/01

Title: OSCE Skills Day Quiz

Hours: 2

Description: Quiz focus is on Monofilament testing rationale for PC3.

Synergistic Activity: Yes Nurse Tim CE Offering: No

Start Term: 2024/02 End Term: 2025/01

Title: PC3 Course Materials

Hours: 12

Description: Multiple Diabetic PowerPoints were updated for 2025. Additional

Lecture video prepared for T2DM (Diabetes).

Synergistic Activity: Yes Nurse Tim CE Offering: No

Start Term: 2024/02 End Term: 2025/01

Title: PC3 Course Materials

Hours: 12

Description: Modification and Additions of Cardiovascular topics

Synergistic Activity: Yes Nurse Tim CE Offering: No

#### **Professional Enhancement Activities**

Start Term: 2023/02 End Term: 2026/02

Title: Online Certified Instructor

Hours: 4

Description: UT Tyler Office of Digital Learning

Synergistic Activity: Yes Internal/External: Internal Start Term: 2024/02

End Term: 2025/01

Title: Professional Development CE activities

Hours: 7

Description: Grand Rounds topics Innovative Virtual Care Educator Approach to Prepare Practice Ready Professionals CETL - Impact & Innovation from Across UT

Systems AACN Essentials - Informatics & Communication Competence

Synergistic Activity: Yes Internal/External: External

## **Advising Activities**

## Student Mentoring

#### **Professional Service**

Start Term: Fall 2025 End Term: Ongoing Title: Nurse Practitioner

Organization: Primary Care Clinic of Texas

Description: Volunteer Nurse Practitioner for a not-for profit clinic serving the

community of Lewisville, TX Responsibility: Member Synergistic Activity: Yes

Scope: Local

Type of Professional Service: Other Contribution

Start Term: Summer 2024 End Term: Ongoing

Title: NP Exam test item writer

Organization: ANCC - AGACNP certification

Description: Adult Geriatric Acute Care Nurse Practitioner Exam - certification Exam

test item writer.

Responsibility: Member Synergistic Activity: Yes

Scope: National

Type of Professional Service: Other Contribution

Start Term: Fall 2016 End Term: Ongoing

Title: Professional Organizations

Organization: AACN, AANP, TNP, NONPF, STTI, PKP, NLN

Description: Ongoing Membership

Responsibility: Member Synergistic Activity: Yes

Scope: National

Type of Professional Service: Other Contribution

Start Term: Spring 2022 End Term: Fall 2025 Title: Nurse Practitioner

Organization: Gary Goff, MD, Internal Medicine

Description: Part-time Nurse Practitioner within an Internal Medicine Practice stie. Opportunities for Preceptorship are available for students in an NP program.

Responsibility: Member Synergistic Activity: Yes

Scope: Local

Type of Professional Service: Other Contribution

## Community Engagement / Civic Service Activities

Start Term: Fall 2025 End Term: Ongoing

Title: Nurse Practitioner Volunteer Organization: TruCare Clinic

Description: monthly Volunteer as a Nurse Practitioner provider in the TruCare

Clinic as a not-for-profit community health care clinic.

Responsibility: Member

Scope: Local

Location: Lewisville, TX

Number of People Impacted: 15 Student Participation: Yes

Start Term: Fall 2023 End Term: Ongoing Title: Community Educator

Organization: Alzheimer's Association

Description: Dallas & Northeast Texas Volunteer Community Educator for monthly

educational topics about and pertaining to Alzheimer's disease.

Responsibility: Member

Scope: Local

Location: Dallas & NE Texas Number of People Impacted: 25 Student Participation: Yes

#### Honors and Awards

Title: 50 Most Outstanding Alumni

Organization: Western Iowa Tech Community College

Description: Recognized as one of the 50 most outstanding Alumni.

Year Conferred: 2017

Type of Honor / Award: Professional

Award Type: Service

Title: National Engaged Leader Award

Organization: National Society of Leadership and Success (NSLS)

Description: Recipient of the National Society of Leadership and Success (NSLS)

National Engaged Leadership Award (NELA) Award.

Year Conferred: 2017

Type of Honor / Award: Professional

Award Type: Service

Title: Phi Kappa Phi induction

Organization: Phi Kappa Phi - Texas Tech University Health Science Center

Description: All Discipline Adacemic National Honor Society for Top 10% of College

Year Conferred: 2014

Type of Honor / Award: University

Award Type: Research or Other Creative Endeavors

Title: Clinical Level VI - NCAP

Organization: Texas Health Presbyterian Hospital of Dallas

Description: Nursing Career Advancement Program Clinical Level VI. Level VI of VI

maintained since 2008. Year Conferred: 2011

Type of Honor / Award: Professional

Award Type: Service
Title: Member of the Year

Organization: Sigma Theta Tau- Beta Beta Chapter Description: Member of the Year recipient for the Chapter.

Year Conferred: 2011

Type of Honor / Award: Professional

Award Type: Service

Title: Clinical Level VI - NCAP

Organization: Texas Health Presbyterian Hospital of Dallas

Year Conferred: 2010

Type of Honor / Award: Professional

Award Type: Research or Other Creative Endeavors

Title: Clinical Level VI - NCAP

Organization: Texas Health Presbyterian Hospital of Dallas

Description: Nursing Career Advancement Program.

Year Conferred: 2009

Type of Honor / Award: Professional

Award Type: Research or Other Creative Endeavors

Title: Member of the Year

Organization: Sigma Theta Tau- Beta Beta Chapter

Description: Member of the Year recipient.

Year Conferred: 2009

Type of Honor / Award: Professional

Award Type: Service

Title: Clinical Level VI - NCAP

Organization: Texas Health Presbyterian Hospital of Dallas

Year Conferred: 2008

Type of Honor / Award: Professional

Award Type: Research or Other Creative Endeavors

Title: Nursing Excellence Scholarship Award

Organization: Texas Health Presbyterian Hospital of Dallas

Description: 2006 Katherine G. Jackson Nursing Excellence Award recipient for

Post-Acute & Specialty Services.

Year Conferred: 2006

Type of Honor / Award: Professional

Award Type: Service

#### Membership

Year Started: 2020 Year Ended: Ongoing

Organization Name: National League of Nursing

Year Started: 2017 Year Ended: Ongoing

Organization Name: STTI - Iota Nu-at-Large Chapter

Year Started: 2016 Year Ended: Ongoing

Organization Name: National Organization of Nurse Practitioner Faculties

Year Started: 2015 Year Ended: Ongoing

Organization Name: Internatuional Academic Nursing Alliance (IANA)

Year Started: 2014 Year Ended: Ongoing

Organization Name: The Honor Society of Phi Kappa Phi

Year Started: 2009 Year Ended: Ongoing

Organization Name: STTI - Beta Alpha Chapter

Year Started: 2009 Year Ended: Ongoing

Organization Name: STTI - Phi Gamma Chapter (Virtual)

Year Started: 2005 Year Ended: Ongoing Organization Name: Sigma Theta Tau International

Year Started: 2005 Year Ended: Ongoing

Organization Name: STTI - Beta Beta Dallas Chapter

Year Started: 2005 Year Ended: Ongoing

Organization Name: Texas Nurse Practitioner's

Year Started: 2003 Year Ended: Ongoing

Organization Name: American Academy of Nurse Practitioner's

Year Started: 1987 Year Ended: Ongoing

Organization Name: American Association of Critical Care Nurses

## Consulting

#### **Institutional Committees**

Committee Name: FNP Program Applicants Review Committee

Start Term: Spring 2019 End Term: Ongoing

Unit Name: The University of Texas at Tyler

Responsibility: Member

Curriculum Development: Not Applicable

Committee Name: Review Promotion & Tenure Committee [non-tenure track

candidates]

Start Term: Fall 2023 End Term: Fall 2026

Unit Name: The University of Texas at Tyler

Responsibility: Member

Curriculum Development: Not Applicable

Committee Name: Curriculum Council - School of Nursing Shared Governance

Start Term: Fall 2022 End Term: Fall 2025

Unit Name: The University of Texas at Tyler

Responsibility: Member

Curriculum Development: Other

#### Other Institutional Service

Start Term: Fall 2023 End Term: Ongoing

Title: Review, Promotion, & Tenure Committee [Non-Tenure Track]

Organization: The University of Texas at Tyler

Description: Committee to review those who are going up for promotion in the non-

tenure track.

Curriculum Development: Not Applicable

Start Term: Fall 2024 End Term: Fall 2025

Title: Non-Tenure Track RPT Committee - Chair

Organization: The University of Texas at Tyler

Description: Chair of the Non-Tenure Track Review Promotion & Tenure Track

candidate applicants.

Curriculum Development: Not Applicable

#### K-12 Service Activities

## **Professional Appointments**

Start Term: 2023/02

Name of Organization / Association: American Nurses Credentialing Center [ANCC] Type of Appointment: Volunteer AGACNP Test Development Center item writier &

reviewer of test items Start Term: 2023/01

Name of Organization / Association: Alzheimer's Association - Dallas

Type of Appointment: Volunteer Educator

Start Term: 2019/03

Name of Organization / Association: National League of Nursing

Type of Appointment: Member

Start Term: 2017/01

Name of Organization / Association: National Society of Leadership and Success

Type of Appointment: Lifetime Member

Start Term: 2017/01

Name of Organization / Association: Texas Nurse Practitioners

Type of Appointment: member

Start Term: 2016/02

Name of Organization / Association: National Organization of Nurse Practitioner

Faculties

Type of Appointment: member

Start Term: 2016/01

Name of Organization / Association: American Academy of Nurse Practitioners

Type of Appointment: member

Start Term: 2015/02

Name of Organization / Association: STTI, lota Nu Chapter

Type of Appointment: Membership

Start Term: 2015/01

Name of Organization / Association: DNP Health Net, LLC

Type of Appointment: President, Owner

Start Term: 2013/02

Name of Organization / Association: Phi Kappa Phi

Type of Appointment: Lifetime member

Start Term: 2004/02

Name of Organization / Association: STTI, Beta Beta Chapter

Type of Appointment: membership

Start Term: 1994/03

Name of Organization / Association: American Academy of Critical-Care Nurses

Type of Appointment: member

## **Faculty Classifications**

Classification	Value	Date Range
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