

Psychiatric-Mental Health Nurse Practitioner Practicum II NURS 5370 Summer 2025 Scheduled Class Days and Times: Online

Lead Instructor's Name: Dr. William Hill DNP, APRN, PMHNP-BC Section(s): all Additional Faculty will be listed in course Office: Virtual Phone: (903) 566-7320 Email: whill@uttyler.edu*

Do not send messages in Canvas, faculty may not receive these messages so they may not be responded to. Please utilize email.

Office Hours: Virtual Office Hours: By appointment for phone call or video conference. Additional days and times may be arranged upon request by instructor. Please email faculty to make arrangements/obtain Zoom link.

Dr. Hill Office Hours Thursday's 1500-1800 by appointment.

*Best way to contact staff.

Course Description:

This course provides clinical training in the full role of the psychiatric mental health nurse practitioner. Emphasis is placed on the integration of two content areas: the knowledge and skills for Psychiatric Mental Health Nurse Practitioner (PMHNP) practice; and the specific mental health needs of children and families. Clinical experiences, lectures, case discussions, and projects allow students the opportunity to develop competencies in the ethical, safe, collaborative, and evidence-based provision of mental health care to children, adolescents, and families in the context of a changing health care system. (125 clinical hours).

Prerequisite: Successful completion of, or concurrent enrollment in, NURS 5373.

Student Learning Outcomes:

1. Integrate ethical, legal, and evidence-informed principles to manage complex acute and chronic mental health conditions.

2. Design and deliver individualized and group psychotherapeutic interventions that promote mental health and address psychiatric disorders across the lifespan

3. Synthesize comprehensive assessment data and diagnostic reasoning to develop and modify care plans that optimize function, reduce complications, and enhance quality of life.

4. Develop a plan of care that minimizes the development of complications, promotes function, addresses social determinants, and quality of life.5. Demonstrate the provision of culturally informed mental health care in populations across the lifespan with complex acute and chronic psychiatric disorders.

6. Critically reflect on clinical experiences to foster professional growth, therapeutic use of self, boundary setting, patient empowerment, and advanced practice role development.

Required Textbooks and Readings:

1. American Nurses Association (2010). Nursing: Scope and standards of practice, 2nd Ed. Silver Springs, MD: Nursingbooks.org. ISBN: 9781558102828

2. American Psychiatric Association (2013). Diagnostic and Statistical Manual of Mental Disorders Fifth Edition Paperback (DSM-5). American Psychiatric Association. ISBN 978-0-89042-555-8

3. Johnson, K. & Vanderhoef, D. (2016). Psychiatric-mental health nurse practitioner, 4th Edition, Maryland, Silver Spring. ISBN: 9781935213826

4. Stahl, S. (2021). The Prescriber's guide, 7th Edition. New York, Cambridge University Press. ISBN: 9781108926010

Recommended Textbooks and Readings:

1. Boland, B. J., & Sadock, V. A. (2022). Kaplan & Sadock's Synopsis of psychiatry: Behavioral sciences/Clinical psychiatry, 12th Ed. Philadelphia: Lippincott Williams & Wilkins. ISBN: 97819751455697.

 Wheeler, K. (2013). Psychotherapy for the advanced practice psychiatric nurse: A how to guide for evidence-based practice 2nd Edition Springer Publishing. ISBN: 9780826110008 3. Zimmerman, Mark (2013). Interview guide for evaluating DSM-5 psychiatric disorders and the mental status examination. East Greenwich, RI: Psych Products Press. ISBN 9780963382115

Reference (optional):

1. Jameson, J. L., Fauci, A. S., Kasper, D. L., Hauser, S. L., Longo, D. L., Loscalzo, J. (2018). Harrison's principles of internal medicine (20th). New York, NY: McGraw-Hill

Required Course Equipment:

- Lab coat
- UT Tyler student name badge (\$15.00)
- UT Tyler patch purchased locally at CR Scrubs
- Cell phone with internet access
- · Web Cam for your computer
- · Zoom

Special Course Notes:

This course provides clinical training in the full role of the psychiatric mental health nurse practitioner. Emphasis is placed on the integration of two content areas: the knowledge and skills for PMHNP practice; and the specific mental health needs across the lifespan. Clinical experiences, lectures, case discussions, and projects allow students the opportunity to develop competencies in the ethical, safe, collaborative, and evidence-based provision of mental health care to adults and older adults in the context of a changing health care system.

The content of this course is web-based and may be subject to change at the discretion of the faculty according to current learning needs. Therefore, it is wise to review assigned readings and assignments on Canvas at the beginning of each week for possible updates. Notify the faculty immediately if there are issues that would delay submission of assignments.

Please refer to the online Course Calendar and online Course Schedule for weekly assignments and Due Dates.

You are expected to be self-directed in your learning and to approach every learning opportunity with a clear understanding of the learning objectives.

INSTRUCTIONAL METHODS

This course is taught in a web-enhanced format with online readings as well as scheduled oncampus labs throughout the semester. The following learning venues are included:

• Online learning activities and website media will be used. Students will access posted online coursework related to the required course textbook. Pertinent YouTube videos lectures will enhance the modules.

• There will be several required assignments to be turned in under the Assignments tab on Canvas. • Optional readings and videos may be offered to enhance your learning.

Should you miss an exam for an excusable reason, the make-up exam may consist of an essay and fill-in-the-blank type questions or a clinical challenge assignment. Be aware that an excuse for make-up exams primarily consists of emergency situations only and not requests for personal vacations or scheduling conveniences.

Work excuses or failure to adequately connect to the internet during exams are not necessarily considered reason enough to permit scheduling a make-up exam and may be evaluated on a case-by-case basis.

If you have difficulties with internet connection, contact *Proctor U*, the online proctored testing platform, and then contact your faculty right away, to limit the delay time in starting an exam. Students should always notify the instructor prior to a foreseeable absence.

Locations of Class: Online, check course calendar there is a midweek class meeting in the evenings. This is subject to change, check the calendar published in the course when the semester begins.

This course requires you to use the Canvas learning management system to complete course work. Some assignments are timed and once logged on will need to be completed at that time in the time allotted; ensure you have reliable internet access for this online course.

Some semesters there may be quizzes or an exam through APEA. This is accomplished in their online secure website. A link will be provided in the course if this assessment method is in use. The exams in this course will be proctored using ProctorU, Zoom or APEA proctoring when in use.

You will need to have a webcam and microphone. If you are not able to provide these items, you must contact your professor by the end of the first week of the semester so we can arrange for you to take your exam on campus.

Clinical Course Requirements Information:

Clinical Hours Required

NURS 5370 is a 125 clinical hour, 15-week course. Students can expect a minimum of 10 hours of clinical per week, no clinical time may be scheduled over University Holidays or Breaks nor during Finals Week. A minimum of 125 clinical hours is required for satisfactory completion of this course and a total of 500 (Certification Track) or 675 (MSN Track) clinical hours is required for the entire program. Each student must log 125 hours of precepted clinical time in this class. Observation is NOTACCEPTABLE in the clinical setting. You must be actively assessing patients and planning care for them. The breakdown of clinical hours for the entire NP program is as follows:

- NURS 5367 Adults and Older Adults: 125 hours total
- NURS 5368 Adult/Gerontology 125 hours total
- NURS 5370 Children/Families 125 hours total
- NURS 5373 Capstone Lifespan 125 hours total

All hours for the entire program are recommended to be completed with an Advanced Practiced Registered Nurse (APRN) who is credentialled as a Psychiatric Mental Health Nurse Practitioner (PMHNP-BC). It is permissible to accomplish clinical hours with a Licensed Psychiatrist (MD or DO) or a Physician's Assistant (PA) who has a Certificate of Added Qualifications (CAQ) in Psychiatry.

To meet the course learning objectives, a student may choose to work with the professionals at a setting that meets the educational needs for the semester.

Please remember that students are not allowed to do clinicals where they are employed nor with a relative. Each course has a specific population focus for clinicals, and clinical sites/preceptors must be approved by the clinical instructor.

Student Clinical Guidelines

1) Appropriate Clinical Attire

Students should ask their preceptor how they should dress prior to arrival at the clinical site. Regardless of attire the UT Tyler ID badge must be always worn while in the clinical area. Remember, UT Tyler NP students are representing themselves and the university as future NP's and need to look the part. If appropriate for the setting, students may wear a lab coat. The Lab coat must have the UT Tyler School of Nursing patch on the left chest. All clothing should be clean, pressed, with no frayed hems showing. Should a preceptor advise the student to wear scrubs then this is permitted only in that preceptor's setting.

2) Preceptor Handbooks

Students are required to give each preceptor a UT Tyler Preceptor Handbook and review the contents of the handbook with them. The Preceptor Handbook is available on Mission Possible in Canvas. In addition, students are expected to develop specific clinical objectives and provide them to each of their preceptors at the beginning of their clinical rotations.

3) Clinical Hours Documented within Inplace/Exxat

Clinical hours data should be entered into Inplace/Exxat each night within 72 hours of the clinical date. Clinical time should not be used to enter data into Inplace/Exxat. The Inplace/Exxat hours and preceptor signature sheet hours must match. Students are to use the clinical time to see patients as quickly and efficiently as possible. Students are **REQUIRED** to take a 30- minute lunch break with or without the preceptor after a 6-hour period of patient visits. Do not count lunch into the hours entered into Inplace/Exxat or on your Clinical Schedule or it will not be approved. For example, an 8-hour day of clinical with a 30-minute lunch break should be listed as "7.5 hours (30-minute lunch break)" and the total number of hours should not include the lunch breaks.

Confidentiality - maintain patient confidentiality by not taking any patient identifiers from clinics other than patient initials for the Inplace/Exxat log as this would be considered a HIPPA violation. Students may not take a printed patient schedule, lab, or any other printed information from the clinic setting. No screenshots or copies of any patient records are allowed.

4) Preceptor Signature Sheets

Preceptor signatures should be obtained each day the student is in clinical. Please use the preceptor signature sheet located in Canvas. Students will need to verify their Inplace/Exxat submissions by showing they correlate with their preceptor signature sheets. The student must add up the time on their preceptor signature sheet and the time on their Inplace/Exxat entries (excluding lunch) and these hours must correlate. A lunch break must be taken for all students of at least 30 minutes after a 6-hour period. This must be reflected in the Clinical Schedule or the Schedule will not be approved.

5) Clinical Performance Evaluations (CPEs)

Students must obtain a passing clinical performance evaluation by the student's faculty member before a grade in the course will be determined. For this course, the student is expected to make an appropriate plan of care for every patient seen in clinical. Students must also meet the satisfactory level of 80% on CPE and/or OSCES.

Please see the Clinical Performance Evaluation (CPE) for specific areas evaluated. Students will be evaluated by their clinical faculty member using several means including, but not necessarily limited to, the following: observation, chart review, speed of patients seen, discussions with the

student's preceptor(s), and review of feedback provided by the preceptor CPEs. Clinical performance requires application of key concepts in providing care to individuals and families as evidenced by documentation in the CPE.

TWO CPE's are required for this course – **one midterm** and **one final evaluation**. Students must satisfactorily complete the clinical performance component of the course to be eligible to pass the course. A review will be required if three or more C's or lower are received on the midterm evaluation. If 3 or more C's or lower are received on midterm and final evaluation, the student is subject to failing the course.

A minimum of 80% on OSCE performance from faculty and a minimum of two satisfactory CPE's from the preceptor must be completed to provide evidence of satisfactory performance. Failure to complete the clinical component satisfactorily will result in a course failure.

Students must submit a Preceptor Signature Document in the assignment link along with CPE's (Clinical Performance Evaluations) and Summary of Clinical hours. **CPE's ARE A CLINCAL COURSE REQUIREMENT! YOU WILL BE GIVIEN AN INCOMPLETE IF NOT TURNED IN WHEN DUE.

Note: At the discretion of the faculty additional site visits and/or clinical hours (in 40-hour segments) may be added to the student's overall course requirement if the student does not perform satisfactorily during evaluation by either faculty or preceptor. In addition, faculty may make unannounced visits to the clinical site or call the preceptor at any time to evaluate a student's progress. Please be sure to keep faculty informed of any changes in clinical schedule/times. Should an unsatisfactory CPE/OSCES be documented, a subsequent CPE/OSCE may be needed. The subsequent CPE/OSCES must demonstrate satisfactory performance for the student to pass the clinical portion of the course. Please note that there is a course requirement that ALL site visits (and all clinical hours) must be completed by the date on the course calendar. If the student fails their OCSEs or CPE, this may result in course failure.

6) Clinical Logs- Students must submit a summary of clinical hours showing the number of time spent with each patient, along with the exact details of the patient encounter ALONG with the Midterm CPE and Final CPE.

Graded Course Requirements Information:

Clinical Challenges are an opportunity to synthesize materials learned in previous didactic courses and demonstrate clinical competency in the evaluation, diagnosis, and treatment of a patient presented in a time limited unfolding case study. Additional information will be provided in the course. (4 challenges, each worth 15% of the grade (60% in total)

Clinical Challenges 1 to 4: May be written or in the form of a live oral examination with faculty or a video recording of an assessment with a peer. Format chosen is at the discretion of faculty. Refer to Canvas assignments for specific instructions.

Clinical Challenges in the course will be given ONLINE, in a monitored environment. Clinical Challenges, like exams, must be taken during the time specifically designated unless extenuating circumstances arise. Special arrangements must be made prior to the date and time of the challenge. Approval of such requests is at the discretion of faculty.

Students must achieve an AVERAGE of 80 on all four Clinical Challenges to pass the course. Even though you may have enough percentage in other areas to raise your overall

grade, you still will not pass the course without an 80 overall AVERAGE on all Clinical Challenges.

Each Clinical Challenge may be opened during the designated hours listed within Canvas. Once opened, the student will have 300 minutes to complete the challenge, after the allotted time has expired the challenge will shut off. These are individual assignments, and no group work is allowed.

SOAP notes:

Weekly required submissions of documentation of the behavior, background, interventions, responses, and plan for future care of a patient seen that week at clinical. SOAP notes are ineligible for grading if a student misses the mandatory weekly debriefings. Ideally the student will write the SOAP note for one of the patients that was seen in clinical that week. Additional information and a detailed rubric are found in the Canvas course. SOAP notes are 15% of the total course grade.

*SOAP notes are ineligible for grading/points award if the student does not attend 5 of the mandatory clinical debriefings.

Similarity Score:

All typed work must be the original work of the student's, all work turned in that requires a similarity score should have a score less than 35% for all assignments. Student's will receive a reduced grade or be referred to the Academic dishonesty team for high similarity scores.

Clinical Documents:

Includes the preceptor contact meeting, updated student information in UT Tyler, clinical schedule, mid-term and final CPE, summary of clinical hours, clinical hour documentation with preceptor signature, and other documentation concerning clinical attendance. Additional information will be provided in the course.

Weekly Debriefings:

Debriefings are held on a weekly basis in the evening on the day of the week as arranged by course faculty. A debriefing is an opportunity for the student to do a case presentation, participate in professional discussion and collegial discourse on the diagnosis and treatment of psychiatric patients seen by the students that week.

Students must attend and participate in the weekly debriefings as listed in the course calendar. Students are required to arrive on time, be in a quiet private setting, and have their camera on the entire time, driving is not permitted as this is a safety hazard. (Debriefing is required attendance is 5 sessions or the student is ineligible to pass the course, and the SOAP notes are ineligible for grading). Cameras must always be on, and the student must participate, or credit will not be given. If a student is driving or otherwise distracted the instructor reserves the right to remove that student from the session. Students must be on time, if a student is more than 10 minutes later the faculty reserves the right to not admit the student into the session.

Mandatory OSCEs

• Objective Structured Clinical Examinations (OSCEs) test your clinical skills in an environment modeled after the patient population you have seen in the clinicals. The OSCE is in lieu of the Faculty CPE. This is a skills check-off utilizing a standardized patient scenario

or modified simulation/ pseudo clinic evaluation for Faculty CPE and may be conducted in lieu of the Faculty CPE.

• The OSCEs will occur on the UT Tyler campus and last most of the day. There are lab quizzes that accompany the OSCEs. OSCEs are MANDATORY to attend in person. • The only exception to attending OSCEs is an emergency, and you must notify your faculty immediately before OSCEs.

• All lab quizzes and OSCEs must be passed with a grade of 80% or above to pass the course.

• The schedule will be posted for attendance of the clinical skills check-off as an individual or within groups during the semester.

• DO NOT plan on or anticipate scheduling a usual Clinical Day for any dates you have set for either the OSCE or Faculty CPE.

• OSCE's and Clinical challenges will not count towards clinical hours, students must schedule 125 clinical hours with a preceptor.

Peer Video Recording OSCE will be completed with a fellow classmate of yours. One student will act as the patient and one student will complete the assessment as the nurse practitioner. A DSM -V Diagnosis will be given to each group for preparation one week prior to the due to date of the video recording. The Rubric will be attached in the Canvas Course.

Assignments and Weights/Percentage/Point Values

Unit Exam Clinical Challenge 1	15%
Unit Exam Clinical Challenge 2	15%
Unit Exam Clinical Challenge 3 (Peer Video OSCE Template)	15%
Unit Exam Clinical Challenge 4 (Peer Video OSCE Template)	15%
TWO detailed SOAP Notes	20%
APEA Predictor Exam	10%
Clinical Documents (Preceptor Contact, Clinical Schedule, Midterm Clinical Log and CPE, Final Clinical Log and CPE)	5%
Debriefing/ Case Presentations	5%
Total	100%

Required Debriefing/ Case Presentations:

1. Five debriefings are required per clinical course you are enrolled in.

- a. <u>For example, if you are enrolled in NURS 5370 and NURS 5373, you must</u> <u>complete 10 debriefings.</u>
- 2. Debriefings will be scheduled weekly at a schedule designated by your course instructor.
- 3. This will consist of each student presenting a patient case that has been reviewed and assessed during clinical hours with your preceptor.
- 4. The case presentation will include a brief background, Patient history, Family history, Diagnosis, ICD 10 Code, and any treatment recommendations. To allow all students to present, the case presentations will be limited to 5-7 minutes per student.
- 5. Debriefings are a requirement to pass the course, as SOAP notes <u>will not</u> be graded if debriefing sessions are not completed.
- 6. Students will only be allowed to attend <u>the schedule assigned to you by your course</u> <u>faculty.</u>
- 7. Moving to any other scheduled debriefing time is **<u>not allowed</u>**.
- 8. If a debrief session is missed due to an emergency, please contact your instructor immediately via email and discuss any alternatives. Your instructor may approve or deny alternatives, and the decision is based on faculty discretion.
- 9. Faculty discretion determines the options for debriefing session makeup-ups, which may include CEUs, separate presentation times, or video recordings of the student case.

Grading Scale:

Specific guidelines and grading criteria for all assignments are in the Modules. Final grades for the course will be determined based upon the following point assignments:

A - 90-100 B - 80-89 C - 70-79 D - 60-69 F - Below 60

Grades will not be rounded when calculating the average (79.5 is not rounded to 80, and 89.5 is not rounded to 90). The simple average of all unit exam grades, including a final, must be at or above 80% to pass the course. Once the student has achieved a simple unit exam average of 80% or higher, course grades will be determined based on the weighted calculation of exams and other required course work. Students are required to achieve an average of 80% (B) to complete the course successfully.

Although the university policy allows 60 days for grade appeals, the School of Nursing follows a stricter timeline of 10 days to facilitate students' timely progression through the curriculum.

In the case of extenuating circumstances, please consult the Associate Dean of Academic Affairs for guidance.

Please Note: Detailed information along with grading rubrics for course assignments will be provided in Canvas.

Academic Integrity: Cheating of any kind, as defined in Section 8 of the UT Tyler Manual of Policies and Procedures (MOPP) for Student Affairs (https://www.uttyler.edu/mopp/), will not be tolerated. Consequences may include: • reprimand • exam failure • course failure • expulsion from the Nursing program • expulsion from the University • other consequences as assigned.

Exams including Clinical Challenges, homework materials, questions, and problems are the intellectual property of faculty, UT Tyler, or publishers.

- These materials are the legal property of UT Tyler and may not be distributed without permission.
- Distributing or uploading them to online resources destroys the integrity of the assignment and the course, allowing others an unfair advantage by letting them view the materials. Uploading these materials to online resources is a violation of UT Tyler's academic misconduct policies and may result in formal conduct charges or criminal copyright infringement charges.
- Sanctions for uploading or otherwise divulging the contents of these materials can include:
- a reduced or failing grade on an assignment.
- a reduced or failing grade for the course.
- removal from the Nursing program.
- expulsion/removal from UT Tyler.

Late Policy: 5% will be deducted each day an assignment is past due unless prior arrangements have been made with your course faculty. Extenuating circumstances may apply.

Repeating a Course: Students repeating this course may not use previously submitted assignments nor utilize the same patients for an assignment. Submitting the same or slightly modified assignments from previous semesters is considered self-plagiarism and is subject to academic discipline, including failing the assignment or the course.

Attendance and Make-up Policy: Attendance/participation is expected. Make-up for exams, quizzes, assignments, and missed clinical time is at the instructor's discretion.

Important Course Dates

Payment deadline: May 2 at 5:00 pm.
Classes Begin: May 5, 2025.
Census Date (withdraw without penalty): May 19, 2025.
Memorial Day Holiday: May 26, 2025 (all offices closed; no classes held).
Juneteenth/Emancipation Holiday: June 19, 2025 (all offices closed; no classes held).
Independence Day Holiday: July 4, 2025 (all offices closed; no classes held).
Last day to withdraw: July 8, 2025.
Final Exams: August 4 – 8, 2025.

Summer Commencement: August 9, 2025.

Week	Dates	Assignment	Details
1	5/5 – 5/11	First Zoom Meeting Course Orientation	5/8/25 Zoom attendance is required Course expectations, syllabus and assignment review
2	5/12 - 5/18	SOAP Note # 1 Full clinical schedule due Clinical rotations & LOG Zoom debrief	SOAP Note due 5/16/25 by 1159 pm Required clinical documents/preceptor contact meeting Required to start clinical rotations 5 total debriefing sessions required – offered weekly
3	5/19 - 5/25	Clinical challenge 1 Clinical rotations & LOG Zoom debrief	Course Exam 1 = Clinical challenge 5/22/25 Exam opens 8:00 am CST/Exam closes 1159 pm CST 5 total debriefing sessions required – offered weekly
4	5/26 - 6/1	SOAP Note # 2 Clinical rotations & LOG Zoom debrief	SOAP Note due 5/30/25 by 1159 pm 5 total debriefing sessions required – offered weekly
5	6/2 - 6/8	Clinical rotations & LOG Zoom debrief	5 total debriefing sessions required – offered weekly
6	6/9 – 6/15	Clinical Challenge 2 Clinical Rotations & LOG Zoom debrief	Course Exam 2 Clinical Challenge 6/12/25 Exam opens 8:00 am CST/Exam closes 1159 pm CST 5 total debriefing sessions required – offered weekly
7	6/16 - 6/22	Mid-Term CPE by Preceptor Clinical rotations & LOG Zoom debrief	CPE due by 6/22 Remind preceptor to do this 5 total debriefing sessions required – offered weekly
8	6/23 - 6/29	Clinical Challenge 3 Clinical rotations & LOG Zoom debrief	Course Exam 3 Clinical Challenge 6/26/25 Exam opens 8:00 am CST/Exam closes 1159 pm CST 5 total debriefing sessions required – offered weekly
9	6/30 – 7/6	Clinical rotations & LOG Zoom debrief	5 total debriefing sessions required – offered weekly
10	7/7 – 7/13	Clinical Challenge 4 Clinical rotations & LOG Zoom debrief	Course exam 4 Clinical Challenge 7/10/25 Exam opens 8:00 am CST/Exam closes 1159 pm CST 5 total debriefing sessions required – offered weekly
11	7/14 - 7/20	Summer Break mini break	5 total debriefing sessions required – offered weekly
12	7/21 – 7/27	Clinical hours documentation	Required clinical document due 7/27/25 by 1159 pm

13	7/28 - 8/3	Final Preceptor CPE	Required clinical document due 8/1/25 by 1159 pm
14	8/4 - 8/10	APEA Predictor Exam # 2	8/6/25 (Do not work, take off) Upload Results Same Day Final Exam Week
15			End of Term / Final grades due 8/08/25 by 1200

School of Nursing Policies and Additional Information:

https://www.uttyler.edu/nursing/college/student_guide_and_policies.php Student Resources and University Policies are provided in Canvas. *AI Statement

Artificial Intelligence (uttyler.edu)