Marketable Skills: Kinesiology MS

Skill	General and Kinesiology-Specific Applications	How the Skill is Delivered
Verbal Communication	Learn to communicate with patients, clients, students, athletes, or the	Presentation assignments in
	general public about health, wellness, and performance goals.	multiple courses.
Written Communication	Learn to write effectively to communicate information about health,	Written assignments in multiple
	wellness, and physical performance.	courses.
Human Relations	Learn to interact effectively with others to promote health, wellness,	Group assignments and
	and physical performance.	presentations in multiple
		courses. HECC 5395/5396
		(Thesis) or HECC 5397/5398
		(Internship).
Instructional Skills	Learn to effectively teach others regarding health, wellness, and	Group assignments and
	physical performance.	presentations in multiple
		courses.
Computer-Based Skills	Learn to use the computer to access information, analyze data, and	HECC 5317 and other courses.
	write reports related to health, wellness, and physical performance.	
Critical Analysis of the Literature	Learn to critically analyze the literature related to health, wellness,	HECC 5303, HECC 5395/5396
	and physical performance.	(Thesis) or HECC 5397/5398
		(Internship).
Data Analysis and Interpretation	Learn to statistically analyze and interpret data, and to critically	HECC 5317, HECC 5395/5396
	evaluate published data.	(Thesis) or HECC 5397/5398
		(Internship).
Knowledge of Exercise Science	Learn advanced principles related to exercise physiology, adaptations	KINE 5313, 5315, 5335
	to exercise training, and biomechanics of human movement.	
Knowledge of Motor Skills	Learn advanced principles related to the execution and acquisition of	KINE 5307
Learning	motor skills in individuals.	