

# AS in General Education to BS Health Sciences



## Recommended 4-Year Course Sequence 2025-2026 Catalog



### FRESHMAN YEAR

Fall				Spring			
Panola	UT Tyler	Title	Hours	Panola	UT Tyler	Title	Hours
ENGL 1301		English Composition I	3	ENGL 1302		Composition II	3
MATH 1342		Introductory Statistics	3	BIOL 1407		Biology for Science Majors II	4
BIOL 1406		Biology for Science Majors I	4	PHIL 1301		Introduction to Philosophy	3
		Creative Arts	3	HIST 1301		US History II	3
			13				13

### SOPHOMORE YEAR

Fall				Spring			
Panola	UT Tyler	Title	Hours	Panola	UT Tyler	Title	Hours
HIST 1302		US History II	3	GOVT 2306		Texas Government	3
GOVT 2305		Federal Government	3	PSYC 2301		General Psychology	3
SPCH 1315		Public Speaking	3	BIOL 2402		Anatomy & Physiology II	4
BIOL 2401		Anatomy & Physiology I	4	PSYC 2314		Lifespan Growth and Development	3
	HECC 4308	Ethics	3		ALHS 1315	Intro to Nutrition	3
			16				16

### JUNIOR YEAR

Fall				Spring			
Panola	UT Tyler	Title	Hours	Panola	UT Tyler	Title	Hours
	ALHS 3302	Human Diseases	3		HECC 4333	Introduction to Biostatistics	3
	ALHS 3301	Environmental Health	3		ALHS 3362	Behavioral Health	3
	ALHS 4335	Global Health	3		MCOM 2311	Writing for the Mass Media	3
	ALHS 1300	Personal & Community Wellness	3		KINE 3315	Nutrition	3
	ALHS 3360	Principles of Com/Pub Health	3			Community/Health CMST Option	3
						Prescribed Elective	3
			15				18

### SENIOR YEAR

Fall				Spring			
Panola	UT Tyler	Title	Hours	Panola	UT Tyler	Title	Hours
	ALHS 4306	Health Care Delivery Systems	3		HECC 4155	CHES Prep	1
	ALHS 4304	Needs, Processes, and Outcomes	3		ALHS 4320	Principles of Epidemiology	3
		Community/Health KINE Option	4		HECC 4370	Internship	3
		Prescribed Elective	3		ALHS 4326	Sexual Health	3
						Prescribed Elective	3
						Prescribed Elective	3
			13				16

Total Credit Hours at Panola College	52
Total Credit Hours at UT Tyler	68
Total Credit Hours	120

\*Courses highlighted in yellow are available for co-enrollment at UT Tyler.