



**Bachelor of Science in Health Studies  
Community and Health Education**  
Recommended 4-Year Course Sequence  
2018-2019 Catalog



**FRESHMAN YEAR**

Fall				Spring			
TJC	UT Tyler	Title	Hours	TJC	UT Tyler	Title	Hours
MATH 1342		Elementary Statistical Methods	3	ENGL 1302/2311		Composition II OR Technical & Business Writing	3
ENGL 1301		Composition I	3	HIST 1302		United States History I	3
HIST 1301		United States History I	3			Creative Arts Course	3
PHED 1306		First Aid	3	EDUC 1300		Learning Framework	3
HITT 1305 OR		Medical Terminology I OR	3	KINE 1101		Physical Fitness and Health Concepts	1
BIOL 1322 OR		Nutrition and Diet Therapy OR					
PYSC 2314		Lifespan Growth & Development OR					
			15				13

**SOPHOMORE YEAR**

Fall				Spring			
TJC	UT Tyler	Title	Hours	TJC	UT Tyler	Title	Hours
BIOL 1406		Biology for Science Majors I	4	BIOL 1407		Biology for Science Majors II	4
GOVT 2305		Federal Government	3	GOVT 2306		Texas Government	3
PHED 1304		Personal/Community Health I	3			Language, Philosophy, and Culture Course	3
SOCI 1301		Introduction to Sociology	3	SPCH 1315		Public Speaking	3
KINE 1301		Introduction to Physical Fitness and Sport	3	MATH		Mathematics Course	3
			16				16

**SUMMER**

Summer I				Summer II			
BIOL 2401		Anatomy & Physiology I	4	BIOL 2402		Anatomy & Physiology II	4

**JUNIOR YEAR**

Fall				Spring			
TJC	UT Tyler	Title	Hours	TJC	UT Tyler	Title	Hours
	ALHS 3315	Nutrition Through the Life-Cycle	3		ALHS 3302	Human Diseases	3
	ALHS 4335	Global Health	3		ALHS 3362	Behavioral Health	3
	MCOM 2311	Writing for the Mass Media	3		ALHS 4326	Health and Human Sexuality	3
	ALHS 3301	Environmental Health	3		KINE	<sup>2</sup> Kinesiology Requirement	4
			12				13

**SENIOR YEAR**

Fall				Spring			
TJC	UT Tyler	Title	Hours	TJC	UT Tyler	Title	Hours

	HECC 4333	Test and Measurement	3		ALHS 4304	Program Design and Evaluation	3
	HECC 4308	Ethics	3		HECC 4370	Internship	3
	ALHS 4320	Principles of Epidemiology	3		SPCH	<sup>3</sup> Upper-Division Speech Requirement*	3
	ALHS 4306	The Health Care Delivery System	3			<sup>1</sup> Prescribed Elective with Advisor Approval	3
	ALHS 3360	Principles of Community and Public Health	3				
			15				12
<b>Total Credit Hours at Tyler Junior College</b>							<b>68</b>
<b>Total Credit Hours at UT Tyler</b>							<b>52</b>
<b>Total Credit Hours</b>							<b>120</b>

<sup>1</sup>Upper-Division Prescribed Electives: Include ALHS, HECC, and KINE courses as well as ALHS 4317, ALHS 4333, ANTH 3330, BIOL 4300/4101, BIOL 4350, COSC 3385, ECON 4340, EPSY 3340, MCOM 3350, PSYC 4311, PSYC 4315, PSYC 4319, SOCI 3302, SOCI 3315, SOCI 3321. This list is not comprehensive. Any additional "for majors" sciences may also fit this category. Additional options may be approved by advisor and chair when relevant to the health major.

<sup>2</sup>Kinesiology Requirement: Choose from KINE 3311/3112, KINE 3331/3132, or KINE 3334/3135

<sup>3</sup>Upper-Division Speech Requirement: Choose from SPCM 3322, SPCM 3325, SPCM 4326, or SPCM 4331